
Education

Doctorate in Clinical Psychology, PsyD (Integral Psychology) , Alliant International University	01/2019
Master of Arts in Clinical Psychology , Alliant International University, San Diego, CA	08/2010
Bachelor of Arts in Psychology , Alliant International University, San Diego, CA	05/2007

Professional Experience

Post-Doctoral, Psychological Assistant

The Green Room Psychological Services Inc.

Registration #: PSB94025490

July 2020 - Present

Supervisor: Neda Khodaparast, PsyD, QME

Responsible for carrying a case load of 8-10 patients per week and rendering individual psychotherapy to mostly high functioning adults utilizing psychodynamic, integral, humanistic, existential, and CBT therapeutic approaches in an outpatient private practice. Conducting Medical-Legal psychological evaluation and psychological testing interpretation for personal injury cases to both adult and minor individuals.

Psychological Assistant

The San Diego Center for the Blind

August 2014 - August 2017

Supervisor: Robert Jackson, PhD

Responsible For: Individual, couples and group therapy for clientele struggling with recent and ongoing vision loss. Leadership role conducting preliminary assessment coordination, updated evidence-based assessment procedures, clinical paperwork, public presentations, and the training of interns. Ages of clientele ranged 16-93. Worked primarily with individuals coping with adjustment disorders, grief, end of life, co-occurring disorders, and co-occurring disabilities. Also worked with Arabic speaking refugees in a disabilities therapy group, and LGBTQIA+ individuals.

Psychological Assistant

Total Context Therapy Group

September 2013 - August 2016

Supervisor: Carla Payne, PsyD

Responsible For: Creating, scoring, and interpreting evidence-based test batteries, tailored to clients with neurological disorders and/or those having difficulty adjusting to current disability challenges. Assisted clients with disability management, resource referrals, and acquisition of skills for the Department of Rehabilitation.

Teaching Assistant

Alliant International University

August 2014 - June 2015

Supervisor: Michelle Dexter, PsyD

G2 Course: Introduction to Integrative Psychology.

Responsible For: Assisting with course design, providing office hours for students, grading papers, and was responsible for the "creativity and art" subset for four classes.

Clinical Intern

The San Diego Center for the Blind

July 2012 to August 2014

Supervisor: Robert Jackson, PhD, Carla Payne, PsyD

Responsible for: Conducting individual and group therapy with a focus on rehabilitation and adjustment. Gave public presentations at annual SDCB family conferences. Ages of clients treated ranged 16-93, primarily coping with adjustment disorders, grief, end-of-life, co-occurring disorders, and co-occurring disabilities. Also worked with Arabic-speaking refugees with disabilities, and members of the LGBTQIA+ community.

Clinical Intern

San Diego Lesbian, Gay, Bisexual, and Transgender Center

July 2011 – July 2012

Supervisors: Amanda B. Quayle, PsyD

Responsible For: Conducting individual outpatient counseling, intake assessments, crisis intervention, couples therapy, representing organization in local events. Providing diagnostic testing, and group therapy.

Practicum Student

Areta Crowell Bio-Psycho-Social Rehabilitation Center

August 2010 – August 2011

Supervisors: John Gillio, PhD

Responsible For: Individual outpatient counseling, Intake assessments, case management, transitional aged youth expressive arts group facilitator, substance abuse recovery maintenance group co-facilitator, healthy relationships group co-facilitator, illness management and recovery co-facilitator, emergency crisis counselor, clinical documentation, discharge planning, collateral contact, county and financial paperwork, and outreach and triage counseling at Rachael's Women's Domestic Violence Shelter.

Practicum Student

New Vistas Crisis Center

August 2009- June 2010

Supervisors: Mark Marvin, PhD

Responsible For: Individual inpatient counseling, daily group therapy, crisis intervention and assessment, intake assessments, collateral contact, discharge planning, documentation, rounds, and community meetings.

Skills

- Hard working and driven to succeed by providing clientele with high quality of care, while efficiently maintaining organizational procedures and goals
- Possesses strong relationship building interpersonal skill
- Has the ability to be fully present with clients, giving them the opportunity to feel heard and have their feelings and experiences validated

- Works efficiently independently or in groups
- Compassionate, caring, and empathetic nature that clients refer to as “safe,” “comforting,” and “trusting”
- Works exceptionally well with children
- Strong organizational skills with a keen ability to confidently multitask responsibilities and challenges
- Ability to remain calm, navigate and deescalate emotionally charged interactions
- Ability to write, organize and manage clinical records
- Proficient in Microsoft Word, Excel, PowerPoint and Outlook, SPSS, AMOS, CAMINAR, ANASAZI
- Ability to pass Livescan DOJ/FBI

Certificates, & Trainings

- Telehealth for Mental Health Professionals Certification: 2-day Distance Therapy Training, PESI eLearning, April 2020
 - Introduction to African American Populations, Services in San Diego County eLearning, March 2020
 - Cultural Competency: Introduction to Latino Populations, Services in San Diego County eLearning, March 2020
 - Overview of Self-Regulation in Children and Adolescents, Services in San Diego County eLearning, March 2020
 - Play Therapy, Services in San Diego County eLearning, March 2020
 - Cultural Competence as a Process, Services in San Diego County eLearning, March 2020
 - Pathways to Well-Being and Continuum of Care Reform, Services in San Diego County eLearning, February 2020
 - Overview of Children Youth and Families Behavioral Health Services, Services in San Diego County eLearning, February 2020
 - Overview of Children Youth and Families, Services in San Diego County eLearning, February 2020
 - BHS Children Youth and Families System of Care, Services in San Diego County eLearning, February 2020
 - Child Welfare Services 101: An Overview of Child Welfare, Services in San Diego County eLearning, February 2020
 - Behavioral Health Services Disaster Training, Services in San Diego County, February 2020
 - Suicide Assessment, Treatment, and Management Certificate, CE4less, June 2019
 - Motivational Interviewing Certificate, CE4less, June 2019
 - CPR/AED/FIRST AID Certificate, American Health Care Academy, June 2019/2021
 - The Red Book of C.J. Jung and Its Relevance in Our Time, Alliant International University, April 2011
 - War and Recovery, Alliant International University, April 2011
 - Developing Self-Efficacy Through Expressive Arts: A Group Curriculum, San Diego Psychological Association, September 2010
 - Integral Couples Counseling, San Diego Psychological Association, September 2010
 - Integrative Medicine: Healing the Mind, Body, and Spirit, Alliant International University, April 2010
 - Effective Treatment for Men, Alliant International University, March 2010
 - Welcoming Diversity, Alliant International University, March 2010
 - Motivational Interviewing skills Training, Community Research Foundation, January 2010
 - Motivational Interviewing Introduction, Community Research Foundation, January 2010
 - Assessing for Suicide and Crisis Intervention, Community Research Foundation, December 2009
 - Medication Education and Side Effects, Proactive Responses to Aggressive Behavior, February 2009
 - They Poured Fire On Us From The Sky: The True Story of Three Lost Boys From Sudan, February 2009
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