

Ankush Bansal M.D.

Home Address

2121 Newcastle Ave
Apt 04
Cardiff, CA 92007

Office Address

6221 Metropolitan Street
Suite 100
Carlsbad, CA 92009

E-mail and Phone Number

akbansal487@gmail.com
(248) 346-5943

Current Employment

Coastal Pain and Spinal Diagnostics (2018-present)

American Board of Anesthesiology Certifications

Anesthesiology (2018-present)

Pain Medicine (2018-present)

Graduate Education

Internship (2013-2014)

- UCLA Anesthesiology: Internal Medicine-Clinical Based Year
- USMLE Step 3 Score: 242

Residency (2014-2017)

- UCLA Anesthesiology: Department of Anesthesiology & Perioperative Medicine
- ITE Scores: PGY-2: 37; PGY-3: 42; PGY-4: 44
- ABA Basic Exam Score: Pass
- ABA Advanced Exam Score: Pass

Fellowship (2017-2018)

- UCLA Pain Management: Department of Anesthesiology & Perioperative Medicine

Undergraduate Education

University of Michigan Medical School (2009-2013)

- USMLE Step 2CK/CS Score: 253/Pass
- USMLE Step 1 Score: 240

University of Michigan, Ann Arbor (2005-2009)

- Bachelor of Science with highest distinction in Movement Science (exercise physiology, motor control, biomechanics)
- Cumulative GPA: 3.99/4.00

Research Experience

UCLA Pain Management Clinical Research (2015-2017)

- Examined the utility of personal fitness activity tracking devices in measuring functional outcomes after lumbar epidural steroid injections

Medical Student Training in Aging Research (MSTAR) (2010)

- Worked at the University of Michigan Mobility Research Center and the VA Hospital to evaluate the effects of resistance exercise training in patients undergoing chemoradiation therapy for locally advanced head and neck cancer
- Awarded National Institute of Aging (NIA) Research Scholarship 2010
- Awarded UMMS Student Biomedical Research Program Certificate of Research Excellence 2010

Muscle Biology Laboratory Research (2008-2009)

- Investigated the effect of exercise and calorie restriction on GLUT4 vesicle signal transduction pathways using basic science research techniques such as gel electrophoresis and centrifugation

Extracorporeal Membrane Oxygenation (ECMO) Laboratory Research (2006-2007)

- Investigated the effects of cardiomy suction on blood activation and damage during cardiopulmonary bypass operations using a bench model

Publications and Presentations

Publications

- Ankush Bansal M.D., Sepher Rejai M.D., Andrew Park M.D., Sumit Singh M.D. Intraarticular Morphine Overdose: The Role of the Perioperative Physician. Letter to the Editor. Pain Medicine Journal; May 2016.

Ankush Bansal M.D.

- A. Bansal, C. Hampton, J.R. Pohlmann, K.E. Cook. The Effect of Time and pH on Hemolysis During Cardiopulmonary Bypass. Research Report. University of Michigan Undergraduate Research Forum (UMURF); Nov 2008.

Poster Presentations

- Ankush Bansal M.D., Kenji Ogura M.D., Timothy Walsh M.D., Jeffrey Jeng M.D., Eva Boyd M.D. “Anesthetic Management of Emergent Uterine Rupture in a 72 Year-old Parturient” presented at the Western Anesthesia Residents Conference, Oregon Health & Science University Department of Anesthesiology and Perioperative Medicine, Portland, OR, April 2017.
- Ankush Bansal M.D., Sepehr Rejai M.D., Sumit Singh M.D., Joe Hong M.D. “Perioperative Adverse Drug Event: A Report of Intraarticular Morphine Overdose” presented at the Western Anesthesia Residents Conference, University of California San Francisco Department of Anesthesia and Perioperative Care, San Francisco, CA, April 2016.
- Ankush Bansal, Neil Alexander M.D., Shruti Jolly M.D. “The Effect of Resistance Exercise Training in Locally Advanced Head and Neck Cancer Patients Undergoing Definitive Organ Preserving Therapy” presented at the Student Biomedical Research Forum, University of Michigan Medical School, Ann Arbor, MI, Nov 2010.
- A. Bansal, C. Hampton, J.R. Pohlmann, K.E. Cook. “The Effect of Time and pH on Hemolysis During Cardiopulmonary Bypass” presented at the Undergraduate Research Opportunity Program Symposium, Ann Arbor, MI, April 2007.
- G. Shah M.D., A. Park M.D., A. Bansal M.D., A. Poon M.D., I. Jenabi M.D., FM. Ferrante M.D. “Tracking Outcomes in Pain Patients using Personal Fitness Devices” presented at Department of Anesthesiology and Perioperative Medicine Scientific Evening, Los Angeles, CA, March 2017.

Leadership Experience

Resident Wellness Committee (2015-2017)

- Partnered with co-residents to help improve mental and physical health awareness, fundraise for charity organizations, organize resident social activities, and develop resident social support systems

House Staff Quality Improvement Committee (2015-2017)

- Worked with UCLA house staff to create various hospital wide quality improvement initiatives and worked towards a LEAN Gold Certification through the American Society for Quality (ASQ)

Volunteer Experience

Foundation for International Medical Relief of Children (FIMRC) (2005-Present)

- Raised medical supplies and fundraised for underserved children’s medical clinics around the world during my undergraduate education
- Served as the University of Michigan Chapter President (2009)
- Continue to assist with fundraising activities for the national organization

Weekly Correspondence Assisting Recovery (WeCARE) (2007-2013)

- Developed relationships between local community members in Ann Arbor, MI (foster children, ESL residents, children with autism, and elderly residents in hospices and nursing homes) and University of Michigan graduate and undergraduate students through weekly visits and correspondence
- Served as the University of Michigan Chapter President (2007-2009)

Professional Memberships

- American Medical Association (2009-Present)
- American Society of Anesthesiologists (2013-Present)
- California Society of Anesthesiologists (2013-Present)
- International Anesthesia Research Society (2013-Present)
- American Society of Regional Anesthesia and Pain Medicine (2013- Present)
- California Society of Interventional Pain Physicians (2017-Present)
- North American Neuromodulation Society (2015-Present)

Personal Interests

- Backpacking, golfing, hockey, basketball, aerial photography, personal fitness, travel, time with friends and family