

David Chang

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Objective

Dedicated and determined licensed physical therapist assistant seeking opportunities to gain experience in the physical therapy realm where I can apply my skills and knowledge to help improve the lives of my patients.

Education

Concorde Career College, Garden Grove, CA — **AS in Physical Therapist Assistant** July 2020
California State University of Long Beach, Long Beach, CA — **B.S. in Healthcare Administration** May 2017

Certification/License

Licensed Physical Therapist Assistant, California State License #50951 November 2020
CPR Certified February 2021

Skills

- Skilled with therapy procedures
- Experienced in manual therapy techniques
- Excellent customer service and patient relations
- Time management proficiency
- Patient-focused therapy
- Empathetic and patient

Professional Experience

NewMed Health Center October 2021 – Current **Physical Therapist Assistant**

- Perform graded joint mobilizations to affected body parts to increase range of motion or decrease pain
- Work with PT aides to assist patients with therapeutic exercises and setting up modalities
- Perform soft tissue mobilization to muscles, ligaments, and fascia to help break adhesions and optimize muscle function

Vita Plus Health Center March 2021- Current **Physical Therapist Assistant**

- Instruct, motivate, safeguard, and assist patients through their therapeutic exercises to ensure safety and efficacy
- Conduct functional mobility tests to assess patients' balance, endurance, and gait as a measurement tool for progress
- Collaborate with multidisciplinary professions to guarantee excellent patient care and satisfaction

Heritage Manor June 2020- June 2020 **Student Physical Therapist Assistant/Clinical Rotation**

- Monitored patients' vitals before, during, and after therapy sessions to ensure patient safety
- Performed and assisted with patient transfers, bed mobility, and therapeutic activities to improve patients' independence
- Instructed patients during gait training with proper cues to improve ambulation and decrease risk of falls

Reliant Urgent Care May 2020- June 2020 **Student Physical Therapist Assistant/Clinical Rotation**

- Assisted patients in manual therapy through proprioceptive neuromuscular facilitation techniques
- Instructed patients on their therapeutic exercises and educated on proper techniques and body mechanics throughout the entire therapy session
- Performed various modalities with an emphasis on decreasing pain and muscle tension

Rehab Care Unlimited January 2020- February 2020 **Student Physical Therapist Assistant/Clinical Rotation**

- Performed therapeutic procedures by administering manual exercises and instructed, encouraged, and assisted patients in performing their therapeutic interventions, activities of daily-living, and stretches
- Performed therapeutic massage/myofascial release, cryotherapy, thermotherapy, ultrasound, and electrical stimulation modalities for the patients
- Educated patients and their family's on home exercise programs

Affiliated Physicians IPA January 2016- January 2018 **Claims Specialist**

- Inputted and processed medical claims, including payment and denial
- Communicated with each respective health plan and work with medical review team to adjudicate claims in a timely manner
- Provided excellent customer service for providers and health plans
- Handled and resolved provider resolution disputes and appeals to ensure accurate payment for providers