

# ***Eli Ahdoot, DO***

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## **EDUCATION/EMPLOYMENT**

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July 2021 - Future  
*Minimally Invasive Joint Replacement Institute*  
Burbank, CA  
Moorpark, CA  
Fellowship Trained Adult Reconstruction Orthopedic Surgeon

August 2020 - August 2021  
NanoKnee Institute - Thousand Oaks, CA  
NanoKnee Institute - Bakersfield, CA  
NanoKnee Institute - Torrance, CA  
*Bone and Joint Center - Arroyo Grande, CA*  
*Orthopedic Adult Reconstruction Fellowship*

July 2014 – July 2020  
Riverside University Health System  
Children’s Hospital Orange County (CHOC)  
Kaiser Permanente Riverside  
*Orthopaedic Surgery Residency Training*

June 2010 – June 2014  
Western University of Health Sciences, COMP  
*Doctor of Osteopathic Medicine, D.O.*

September 2004 - June 2008  
University of California, San Diego  
*Bachelor of Science: Human Biology Magna Cum Laude*  
*Minor: Psychology*

July 2007 - August 2008  
Universidad de Andres Bello, Chile  
*Chile Study Abroad Program: Biological Sciences*

## **LICENSURE/CERTIFICATION/AWARDS**

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American Osteopathic Orthopedic Surgeon Written Board Certification Step 1	7/2020
California Fluoroscopy License:	Exp: 6/30/22
Osteopathic Medical License:	Exp: 2/28/2022
ACLS/BLS:	Exp: 4/2022
Drug Enforcement Administration License:	Exp: 6/30/24
Patient Care Award:	2014
William F. Enneking Musculoskeletal Pathology Seminar Award:	2016
American Osteopathic Academy of Orthopedics Scientific Award Winner:	10/2020

## **RESEARCH**

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“The Factors Influencing the Refracture of Pediatric Tibia Fractures,” *Children’s Hospital Orange County, Riverside University Health System*: Schlechter et al.

“Rapid Recovery Pathway for the Adolescent Idiopathic Scoliosis,” *Children’s Hospital Orange County*: Aminian et al.

“Mini C-arm Versus Portable Radiograph: Radiation Exposures with Closed Reduction of Pediatric Upper Extremity Fractures in the Emergency Room Setting,” *Children's Hospital Orange County*: McMichael et al.

“Orthopaedic Response Times to Trauma Activation: A review at our institution” *Riverside University Health System*: Robinson et al.

“Efficacy of Waterproof Surgical Dressings” *Kaiser Permanente, Riverside*: McDowell et al.

## PRESENTATIONS

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Children’s Hospital Orange County Research Week: Orange, CA: 4/2018  
Poster Presentation: *Rapid Recovery Pathway for Adolescent Idiopathic Scoliosis*

Riverside University Health System Research Symposium: Riverside, CA: 5/2018  
Podium Presentation: *Rapid Recovery Pathway for Adolescent Idiopathic Scoliosis*  
*3rd Place Winner*

Western Orthopedic Association: Aspen, CO: 8/2018  
Rapid Fire Podium Presentation: *Rapid Recovery Pathway for Adolescent Idiopathic Scoliosis*

Eastern Orthopedic Association: Amelia Island, FL: 10/2018  
Rapid Fire Podium Presentation: *Rapid Recovery Pathway for Adolescent Idiopathic Scoliosis*

Western Orthopedic Association: Monterrey, CA: 8/2019  
Rapid Fire Podium Presentation: Mini C-arm Versus Portable Radiograph: Radiation Exposures with Closed Reduction of Pediatric Upper Extremity Fractures in the Emergency Room Setting

Western University of Health Sciences: Pomona, CA: 10/2019  
Musculoskeletal Lecture Series Part 1 for Medical and Podiatric Students

Pediatric Trauma Society, CA: 11/2019  
Podium Presentation: Mini C-arm Versus Portable Radiograph: Radiation Exposures with Closed Reduction of Pediatric Upper Extremity Fractures in the Emergency Room Setting

American Academy of Orthopedic Surgery, Orlando, FL: 4/2020  
Poster Presentation: Mini C-arm Versus Portable Radiograph: Radiation Exposures with Closed Reduction of Pediatric Upper Extremity Fractures in the Emergency Room Setting

Riverside University Health System: Riverside, CA: 5/2020  
Family Medicine Lecture - Orthopedic Series Upper Extremity

American Osteopathic Academy of Orthopedics (AOAO): Austin, TX 10/2020  
Oral Presentation - *2nd place winner for Scientific paper*; Category Spine with monetary reward

Western Orthopedic Association: Maui, HI: 8/2020  
Oral Recorded Presentation: “Efficacy of Waterproof Surgical Dressings”

## BOOKS

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*"A Birthday Visit to Dr. Bones" - Written by Dr. Eli Ahdoot*

## PUBLICATIONS

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April 2011 “Xanthoma Disseminatum In a Pair of Blind, Deaf Male Twins,” *ISRN Dermatology*, vol. 2011, Article ID 342909, 4 pages, 2011. doi:10.5402/2011/342909.

“Choosing the optimal wound dressing for post operative bathing” *Kaiser Permanente, Riverside: Journal of Arthroplasty 2020 Sep 18;S0883-5403(20)31034-2. doi: 10.1016/j.arth.2020.09.023.*

“Rapid Recovery Pathway for Postoperative Treatment of Adolescent Idiopathic Scoliosis” *Childrens Hospital Orange County: JAAOS Global Research & Reviews Vol. 5, No. 3 March 2021*

## ACKNOWLEDGMENTS

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## EXPERIENCE

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University of California, Riverside 2017 - 2020  
Team Physician for Mens & Women Track & Field, Soccer, Volleyball, Baseball, Softball

## MEMBERSHIPS

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American Medical Association	2014 - Present
American Osteopathic Association	2014 - Present
Osteopathic Physicians and Surgeons of California	2016 - Present
American Association of Hip and Knee Surgeons	2018 - Present

## PHILANTHROPY

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LEV Foundation '2011

- As part of a young professional group, I helped create and run an organization to raise awareness and speak out about drunk driving in honor of a special friend and individual in the LA community who was not fortunate enough to survive being hit by a drunk driver. I helped organize several basketball leagues, GALA dinners with guest speakers, marathons, and Philanthropy events to educate our communities about drinking and driving. Over the many events, greater than 1000 free taxi vouchers had been distributed to the Los Angelenos sponsored by many different businesses and corporations.

Kol Ahava, Inc '2012

- With a group of friends, I helped create a non-for-profit Incorporated account as part of a philanthropy account to host events and help community members who are in need of medical attention. As able members of the community, it is our obligation to help however we can. "A Night for Ariel" and "Joy for Jonah" was designed for this purpose.

- ***"A Night for Ariel" - September 8, 2012***

Ariel is a teenager in the LA community who suffered a life threatening/altering car accident. Since then, he has courageously battled multiple operations and has survived. His desire to recover and regain independence and functionality is what has propelled a group of us to put together "A Night For Ariel."

Fortunately, we were able to raise ~\$76,000 towards his rehabilitation.

<http://arielkasheri2012.com/>

- ***"Joy For Jonah" - June 1st 2013***

Jonah is a typical seven-year-old boy with a not-so-typical liver disorder called Glycogen Storage Disease Type 1b. With this disorder, Jonah needs to be constantly fed due to his body's inability to utilize energy stores. Inspired by Jonah, and recognizing the need for more medical research, I helped put together "Joy For Jonah," an adult nighttime cocktail carnival with a ferris wheel, carnival games, DJ, dancing and multi-station dinner.

All proceeds from this event went to the GSD 1B Fund at the University of Florida. Dr. David Weinstein, director of the University of Florida's Glycogen Storage Disease Program, has been the pioneer in finding a cure for Jonah's disease.

For more information on Jonah, please visit: <http://www.chocolatebarbook.com/>

"The Doctors" show: <http://www.thedoctorstv.com/videolib/init/8635>

KCAL 9 story: <http://youtu.be/uQa3yLZ6xww>

ABC 7 story: <http://youtu.be/EkbbwBr7Bfc>

- "Bash for SASH" - February 22<sup>nd</sup>, 2014  
Save a Child's Heart, or SACH, is an international humanitarian project that brings medical providers from all over the world to the Wolfsson Medical Center in Israel for in depth training in surgery, anesthesia, intensive care and cardiology to teach and perform free cardiac care for those who are in medical need.

All proceeds were donated for the purpose of creating a pediatric surgery treatment room at The International Pediatric Cardiac Center in Colon. Israel.

#### Neuromuscular Disease Foundation - CureHIBM

- Founded in 2006, NDF is a public charity located in LA and world's leading foundation in funding research that supports the search for a cure for GNE Myopathy. As an NDF ambassador, I help lead efforts to promote timely genetic testing and steps to prevent passing down the disease to future generations while bringing recognition to the communities, educating and raising funds for the ultimate goal of gene therapy with yearly Gala's and yearly research symposiums where multiple international researchers and scientists gather.

#### LANGUAGES

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*English, Spanish, Farsi, Hebrew*

#### INTERESTS

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Family  
Philanthropy  
Traveling

Coaching  
Basketball  
Tennis  
Skiing

Swimming  
Cycling  
Hiking