

Dr. Gurpreet Toor D.C.

Safety observation specialist

San Mateo, CA 94401

toorg88@gmail.com

+1 650 580 6339

Driven to help patients reach full potential with knowledgeable and proactive chiropractic support. Proficient in all areas of the body's neuromusculoskeletal system and methods for improving range and reducing pain.

Authorized to work in the US for any employer

Work Experience

Chiropractor

mhc health group - San Leandro, CA

March 2022 to Present

- Perform intake assessments by listening to patients' concerns and reviewing medical records.
- Physically examination of patient.
- Record patient data and keep detailed records of every treatment session.
- Use chiropractic techniques to diagnose neuromusculoskeletal conditions.
- Perform skeletal adjustments to relieve pain within a patient's body.
- Use massage therapy techniques to reduce tension within a patient's muscles and help restore mobility.
- Consult with patients and offer techniques and ideas for them to improve their physical health and comfort.
- Refer patients to see other types of specialists when necessary.
- Be able to collaborate effectively and professionally in a multi-disciplinary setting.

Safety Observation Specialist

Stanford Health Care - Stanford, CA

November 2020 to Present

- Ensures complete visualization of the patient via remote monitoring equipment.
- Notifies RN or Charge RN of changes in patient status observed on Central Station.
- Obtains instructions via the RN regarding ambulation limitations and course of action for redirection of patient if needed.
- Maintains awareness of safety at all times and promptly calls for assistance as needed.
- Obtains verbal report from the patient's nurse to include information regarding the patient's identified care needs, diagnosis, visual, auditory, or language barriers as well as any special considerations (bed alarms, etc.)
- Reports safety concerns or defective equipment.
- Documents observations and disperses team communication in an appropriate and timely manner.
- Completes observation reports at established interval.
- Takes initiative in compassionately rendering service or responding to needs. Applies principles of caring and healing with patients and families and with colleagues.

Associate Chiropractor

Grace Chiropractic - Milpitas, CA

December 2021 to March 2022

- Responsibilities: Consult with patients by reviewing health and medical histories; questioning, observing, and examining patients; and reviewing x-rays, as indicated
- Evaluate patients' neuromusculoskeletal systems and the spine using chiropractic diagnosis to determine neuromusculoskeletal and spine related conditions
- Perform manual adjustments to the spine, or other articulations of the body, in order to correct the musculoskeletal system, where necessary
- Educate patients on the quality of life benefits of routine chiropractic care
- Provide a recommended course of treatment
- Maintain accurate case histories of patients
- Obtain and record patients' medical histories, as indicated
- Arrange for diagnostic x-rays to be taken, when medically necessary
- Analyze x-rays to locate the sources of patients' difficulties and to rule out fractures or diseases as sources of problems
- Building positive doctor-patient relationships
- Maintaining accurate and timely patient records

Case Manager

Tailored Management (Genentech) - South San Francisco, CA

September 2018 to February 2021

- Provides customer focused reimbursement support to patients, pharmacists, physicians and internal sales force
- Educates, informs, and assists patients and providers to navigate through the reimbursement process
- Identifies barriers to reimbursement and continually identifies and recommends program efficiencies to the Supervisor to promote high quality of work by Staff
- Identifies and facilitates referrals to alternative coverage options and financial assistance programs for patients who are under insured or require copy assistance
- Establishes relationships with appropriate stakeholders including internal & external partners
- May conduct necessary benefits, coverage and payer research/investigations to ensure appropriate resources, compliance with payer appeal policies, practices, timelines
- Educates, informs and generally assists patients and their families, as well as other related external or internal parties on how to navigate the appeals process

Supportive Service Assistant

Kaiser Permanente - Redwood City, CA

September 2019 to November 2020

- Ensures sufficient, appropriately qualified staff on a daily basis in accordance w/ the KP nursing workload management system, currently known as GRASP.
- Generates daily reports describing variances between GRASP requirements & actually staffing needs.
- Works w/ Registry vendors to ensure compliance w/ The Joint Commission regulatory requirements for outside registry personnel.
- Interprets collective bargaining agreements (CBA) to minimize the cost of overtime &/or other premium payments; ensure seniority in vacation selection or other time off
- Creates ranking systems for regular staff in accordance w/ seniority provisions of contracts & availability forms filed by employees.

- Documents discussions w/ staff & management to ensure that contract provisions are followed; may be required to testify at arbitration's or other legal proceedings regarding such documentation.
- In accordance w/ individual facilities guidelines, negotiates w/ staff to cover vacant shifts.
- Generates & maintains computerized master schedule on a 28-day bases covering all nursing shifts throughout the hospital.
- Addresses all urgent staffing/payroll situations.
- Works w/ &/or provides necessary information to payroll to ensure employees are paid in accordance w/ CBAs or other KP policies & guidelines.
- Interprets coded timecard module that arise & process timecards for payment on a bi-weekly basis.

Recreational Service Supervisor

Stanford Recreation Center - Stanford, CA
September 2015 to December 2018

- Greet patrons as they enter and leave the facility.
- Have an understanding of the emergency plans if something were to happen.
- Manage a staff of 3-5 every shift.
- Administer first aid care, when needed.
- Enforce the rules of the recreation facility.
- Understand the classes and recreational activities available.
- Maintain the cleanliness of the facility.
- Sell passes/services to patrons.
- Opening and closing duties of the facility

Fitness Center Supervisor

Stanford Recreation Center - Stanford, CA
September 2014 to September 2015

- Understand the floor and machine layouts.
- Enforce the rules of the fitness center.
- Understand the classes and recreational activities available.
- Maintain the cleanliness of the facility.
- Understand which machine/activities workout a certain muscle group and advise the patron properly.
- Restock supplies.

Program Coordinator

Janet Pomeroy Center - San Francisco, CA
May 2014 to July 2014

- Help set up and lead programs for the clients.
- Monitor clients by making sure the clients are going to the right programs and classes
- Help clean clients if they happen to soil themselves
- Make sure clients get on the proper transportation when leaving the facility
- Help coordinate traveling and transportation outside of the facility.
- Administer proper care of clients by understanding physical and mental disabilities.
- Be able to communicate with individuals who cannot properly speak English.
- Help clients become more social in society

Caregiver

In Home Supportive Services - San Mateo, CA
October 2006 to September 2013

Maintain records of patient care and condition with supervisor or case manager.

- Assist patients with moving and daily activities.
- Provide patients and families with emotional support and instruction in healthy lifestyle.
- Direct patients in simple prescribed exercises or in the use of braces or artificial limbs.
- Check patients' pulse, temperature and respiration.
- Plan, prepare and carry out individually designed programs of physical treatment
- Administer manual exercises, massage or traction to help relieve pain
- Report to supervisors or therapists, verbally or in writing, on patients' progress
- Prepare and maintain work area, materials, and equipment
- Identify and document goals, anticipated progress and plans for reevaluation.
- Direct, supervise, assess, and communicate with supportive personnel.
- Construct, maintain and repair medical supportive devices.
- Massage patients and apply preparations and treatments
- Accompany clients to doctors' offices and on other trips outside the home

Sales Associate

Target - San Mateo, CA

September 2012 to December 2012

Understand the electronics devices

- Be courteous to the guests
- Manage inventory of department
- Work with the other team members to quickly move items
- Understand the list of items on sale before hand
- Handle cashier duties
- Be able to maneuver the back room for stocking

Education

Doctor of Chiropractic in Chiropractic

Palmer College of Chiropractic-San Jose - San Jose, CA

July 2014 to December 2017

Bachelors of Science in Kinesiology in Human Performance

San Francisco State University - San Francisco, CA

May 2013

Skills

- BLS CARD
- GERIATRIC
- MICROSOFT OFFICE
- Case Management
- Google Suite
- Communications (10+ years)
- Financial Services (4 years)
- Case Management (3 years)

- Office Management (4 years)
- Epic (1 year)
- Nurse Management (1 year)
- Muscle Relaxing Techniques (4 years)
- Diversified Technique (4 years)
- Graston (4 years)

Certifications and Licenses

driver's license

Additional Information

SKILLS:

- Experienced with MRT and Graston
- Have worked with geriatric patients for 7+ years.
- Tech savvy
- Skilled in Microsoft Office, Google Suite
- I am a great team worker, but am also capable of working individually
- Have BLS card