

# Joe Cooper MD

ORTHOPEDIC SURGERY

[www.JoeCooperMD.com](http://www.JoeCooperMD.com)

## Current Position:

- Staff Orthopedic Surgeon – DOCS Spine + Orthopedics
  - 9/1/2020 - present

## Education:

- University of Illinois at Chicago School of Medicine, Chicago, Illinois. 8/2010-6/2014
  - M.D.
  - Graduate with Honors
- Washington University in St. Louis, St. Louis, Missouri 8/2005-6/2009
  - B.S., Biology — Neuroscience Track, Imaging Sciences Pathway
  - Dean's List
  - Varsity Baseball Team

## Post Graduate Education and Training:

- Residency, Keck School of Medicine at University of Southern California School of Medicine
  - 7/2014 – 7/2019
- Fellowship, Orthopaedic Sports Medicine. Steadman-Philippon Research Institute (Vail, CO)
  - 8/2019-8/2020

## Additional Appointments:

- Faculty, Athletic Trainer Fellowship Program. The Steadman Clinic (Vail, CO)  
Jul 2019 - Jul 2020.
- Team Physician, US Ski and Snowboard (USA & International Events)  
August 2019 - (*affiliation is maintained by covering an event every three years*)

## Medical Licensures:

- Medical Board of California Physician and Surgeon – A139851
- Medical Board of Colorado Physician and Surgeon – DR.0061614

## Honors and Awards:

- Alpha Omega Alpha Honor Society

## Additional Team Coverage Experience:

- Pasadena High School Football (2017 season)
- 11th Annual Leo Nedeff AYSO Soccer Tournament (2017)
- Maranatha High School (2018 Season)
- Eagle Valley High School Football (2019 Season)
- US Ski & Snowboard (2019-)

## Administrative Services

- USC Residency Class ACGME Representative (2014 - 2018)
- USC Residency Class Administrative Representative (2017, 2018)

**DOCS Spine + Orthopedics**

8436 W. 3rd Street, Suite 800. Los Angeles, 90048 Phone: (310) 860-3048  
Cooper@DOCSspineOrtho.com

## Leadership and Service:

- USC Representative to AOA Annual Leadership Conference 2018 – Boston
  - Selected by faculty.
- UIC Essentials of Clinical Medicine Tutor (2013 - 2014)
  - Lead First Year Medical Students in ECM course through lectures and workshops
- UIC Student Run Free Clinic (2012 - 2014)
  - Treated underserved patients in Chicago and taught physical exam and interview skills to first and second year medical students
- UIC Surgical Subspecialties Interest Group (2011 - 2014)
  - Board member, Chair of Orthopaedics

## Research:

- Peer Reviewed –
  - **Cooper JD**, Wang W, Prentice HA, Funahashi TT, Maletis GB. *The Effect of Tibial Slope on Anterior Cruciate Ligament Reconstruction: A Matched Case-Control Study Including 317 Revisions* – accepted 8/2019
  - **Cooper J**, Mirzayan R. *Acellular Dermal Matrix in Rotator Cuff Surgery*. Am J Orthop (Belle Mead NJ). 2016 Jul-Aug;45(5):301-5.
  - **Cooper JD**, Gamradt SC. *Revision Rotator Cuff Repair: Tips and Tricks to Get it Repaired and to Get it to Heal*. TSES. Dec 2016. 17(4):139-143.
  - **Cooper JD**, Sethi PM, Mirzayan. *Pectoralis Major Tendon Repair With Acellular Dermal Matrix Augmentation*. TSES. Dec 2017. 18(4): 141-144
  - **Cooper JD**, Lorenzana D, Heckmann N, McKnight B, Mostofi A, Gamradt S, Hatch GFR III. *The effect of Obesity on Readmission Rates and Operative Time in ACL Reconstruction*. Arthroscopy. 2019 Jan; 35(1): 121-129.
  - **Cooper JD**, Tilan J, Rounds AD, Rosario S, Inaba K, Marecek GS. *Hip dislocations and concurrent injuries in motor vehicle collisions*. Injury. Apr 2018. pii: S0020-1383(18)30210-9. E-pub ahead of print.
  - Mirzayan R, **Cooper JD**. Chronic Medial Epicondyle Avulsion - Technique of Fragment Excision and Ligament Reconstruction with Internal Brace Augmentation. JAAOS. Jan 2019; 27(2): e64-e69
  - Mirzayan R, **Cooper JD**. *CO2 Insufflation of the Knee in the Treatment of Full-Thickness Chondral Defects with BioCartilage.™* Arthrosc Tech. 2018 Oct; 7(10): e969-e973.
  - **Cooper JD**, Heckmann N, Damodar D, Tran D, Sivasundaram L, et al. (2019) Nonoperative Minimally-Displaced Patella Fractures: Not a Benign Injury. Adv Clin Transl Res 3(1): 100019.
- Technique Guides
  - Nolte P-C, Arner JW, **Cooper JD**, Elrick BP, Millett PJ. Arthroscopic Fixation of an Anterior Labroligamentous Periosteal Sleeve Avulsion (ALPSA) of the Shoulder. *Arthrosc Tech*. 2020;9(4):e553-e558. doi:10.1016/j.eats.2020.01.002.
- Book Chapters
  - Didinger T, **Cooper JD**, Gamradt SC. *Multi Directional Instability: Epidemiology, Mechanism of Injury, History, Imaging, and Physical Exam*. Chapter In: Shoulder and Elbow Injuries in Athletes:

Prevention, Treatment, and Return to Sport. Edited by Arciero RA, Cordasco FA, Provencher MT. Philadelphia: Elsevier, 2016.

- **Cooper JD**, Esilfie A, Gamradt SC. Ch 49. Revision Rotator Cuff Repair. DeLee & Drez's Orthopaedic Sports Medicine: Principles and Practice. Submitted 7/2017 – pending publication
- Trasolini N, **Cooper JD**, Hatch GFR. *Internal Bracing in Multiple Ligament Knee Reconstruction*. The Multiple Ligament Injured Knee: A Practical Guide to Management, 3<sup>rd</sup> ed., edited by Gregory C Fanelli, MD.
- Harshvardhan C, Cooper J, Weber A, Gamradt S. Non-Arthroplasty Options for Rotator-Cuff Tears: Superior Capsular Reconstruction. Operative Techniques in Orthopedic Surgery. Sam Wiesel. 3rd Edition.
  
- National Meeting Presentations
  - **Cooper JD**, Wang W, Prentice HA, Funahashi TT, Maletis GB. *The Effect of Tibial Slope on Anterior Cruciate Ligament Reconstruction: A Matched Case-Control Study Including 317 Revisions*. AJSM podium presentation 2019.
  - **Cooper JD**, Mirzayan R, Batech M, Acevedo D. *Clinical and Radiographic Outcomes of a Novel Acromioclavicular-Coracoclavicular (AC/CC) Reconstruction*. Podium presentation at: Western Orthopaedic Association's Annual Meeting. 2018 Aug 4; Snowmass, CO.
  - **Cooper JD**, Damodar D, Heckmann N, Tran D, Lakshmanan S, McKnight B, Hatch GFR III. *Nonoperative Minimally-Displaced Patella Fractures: Not A Benign Injury*. Rapid Fire Presentation Western Orthopaedic Association's Annual Meeting 2017
  
- Abstracts
  - Kim J., Rounds A., Rosario S., Navo P., Mayer E., Trasolini N., **Cooper J.**, Weber A., Omid R., and Hatch III G.F Smoking as a Risk Factor for Complications following Shoulder Arthroplasty. Podium presentation at: Western Orthopaedic Association's Annual Meeting. 2018 Aug 4; Snowmass, CO.
  - Rosario A, Kim J, Rounds A, Trasolini N, **Cooper J**, Weber A, Omid R, Hatch GFR. *Smoking as a Risk Factor for Complications following Shoulder Arthroplasty*. ORS 2018.
  - Foster B, **Cooper JD**, Buser Z, D'Oro A, Wang JC, Omid R. *The Effect of Mental Health on Readmission Rates and Post Operative Complications Following Shoulder Arthroplasty*. ePoster Western Orthopaedic Association 2017
  - Leonard JP, **Cooper JD**, Christman-Skieller A, Solitro GF, Reshef N, Amirouche F, Guelich D, Hutchinson M. *Computer Modeling of Femoral Tunnels Using an Anteromedial Portal in Anterior Cruciate Ligament Reconstruction*. Arthroscopy Association of North America ePoster 2012 Annual Meeting
  - Dierker D, Harwell J, Coalson T, Anticevic A, **Cooper J**, Van Essen D. *Pipeline for Automated Registration of Freesurfer Surfaces to the PALS-B12 Human Atlas*. Org. Human Brain Mapping Annual Meeting, Abstract #1465. 2010

#### **Professional Society Memberships:**

- 2014-19: Resident/Fellow Member, American Academy of Orthopaedic Surgeons
- 2016-19: Resident/Fellow Member, American Orthopaedic Society for Sports Medicine

#### **Foreign Languages:**

- Spanish (fluent-proficient)

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