

Curriculum Vitae  
**KAMSHAD RAISZADEH, M.D.**

**Personal Data**

Practice Address: Kamshad Raiszadeh, A Medical Corporation, Inc.  
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San Diego, CA 92108  
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Email: [kam@spinezone.com](mailto:kam@spinezone.com)

Birthdate: December 23, 1964

**Educational Background and Special Training**

Undergraduate:	University of California, Berkeley Bachelor of Science, Biochemistry - Graduated with highest honors Phi Beta Kappa	Sept 1982 - June 1986
Medical School:	University of California, San Francisco	Sept 1986 - June 1990
Internship:	University of California, Davis Sacramento, California	July 1990 - June 1991
Residency:	Orthopedic Surgery University of California, Davis Sacramento, California	July 1991 - June 1995
Fellowship:	Pediatric and Adult Spine Fellowship Hospital for Joint Disease New York, New York	Aug 1995 - July 1996

**Academic and Teaching Appointments**

Visiting Instructor University of California, Berkeley Anatomy 131A	1996 - 2000
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Clinical Instructor University of California, San Diego	1998 - present
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## Department of Orthopaedics

### Instructor

University of California, San Diego School of Medicine      2000 -2002  
Human Anatomy

Fellowship co-founder      1999 – 2005  
San Diego Spinal Fellowship Program

### **Current Hospital Appointments**

Alvarado Hospital      2008  
San Diego, California

Scripps Memorial Hospital      1996  
La Jolla, California

Sharp Memorial Hospital      1996  
San Diego, California

### **Awards and Honors**

Graduated with highest honors in Biochemistry      1986  
University of California, Berkeley

Greatest Distinction in College of Letters and Science -      1986  
University of California, Berkeley  
Phi Beta Kappa

### **Community Service Activities**

Faculty member and Guest Lecturer: Spinal Anatomy and Radiographic Evaluation. Presented at 1997 San Diego Spinal Conference, sponsored by the Scoliosis Association, San Diego, California, February 8, 1997.

Faculty member and Guest Lecturer: Spinal Anatomy and Radiographic Evaluation. Presented at 1999 San Diego Spinal Conference, sponsored by the Scoliosis Association, San Diego, California, February 13, 1999.

Guest Lecturer: Adolescent Idiopathic Scoliosis - Presented at 2000 San Diego Family Practice Grand Rounds, Grossmont Hospital, San Diego, CA, March 2000.

Faculty member and Guest Lecturer: Spondylolysis and Spondylolisthesis – Evaluation and

Treatment. Presented at 2001 San Diego Spinal Conference, March 2001.

Guest Lecturer: Adolescent and Adult Scoliosis. Presented at 2005 El Cajon Library, sponsored by the Scoliosis Association, El Cajon, California, February 12, 2005.

### **Scholarly Society Memberships**

Scoliosis Research Society, active member	1998 - present
Society For Minimally Invasive Surgery, founding member	2007
Spine Arthroplasty Society	2008
International Society for the Advancement of Spine Surgery Minimally Invasive Spine Surgery, committee member	2013
North American Spine Society	2019 - present

### **Licensure and Certification**

#### **Certification**

American Board of Orthopedic Surgery

#### **Active Licensure**

California      G074016

#### **Qualified Medical Examiner**

State of California      2000-present

### **Bibliography**

1. McLain RF, Raiszadeh, K: Mechanoreceptor Endings of the Cervical, Thoracic, and Lumbar Spine. The Iowa Orthopaedic Journal, Vol. 15, pp.147-155, 1995.
2. Raiszadeh K, Spivak J: Anatomy of the Cervical, Thoracic, and Lumbar Spine. Chapter in "Orthopedic Comprehensive Study Guide" published by McGraw/Hill, Inc. 1997.
3. Greenspan A, Raiszadeh K, Riley G, Matthews DK: Interosseous Lipoma of the Calcaneus. Foot and Ankle International, Vol. 18, No. 1: Jan 1997.

4. Akbarnia H, Raiszadeh K, Casey JM, Akbarnia BA: "Surgical Treatment of Spine Deformity in Myelodysplasia." *Pediatrics* 1997.
5. Raiszadeh K, Akbarnia B: *Frontiers of Anterior Column Reconstruction*. In Devlin VJ(ed): *Anterior Spinal Column Surgery. Spine: State of the Art Reviews*, Vol 12, No. 3. Philadelphia, Hanley & Belfus, Inc., 1998.
6. Raiszadeh K, Akbarnia B: *Anterior Column Surgery for Lumbar Degenerative Disorders*. In Devlin VJ(ed): *Anterior Spinal Column Surgery. Spine: State of the Art Reviews*, Vol 12, No. 3. Philadelphia, Hanley & Belfus, Inc., 1998.
7. Raiszadeh K, Akbarnia B: *Surgical Management of Adult Kyphosis: Idiopathic, Posttraumatic, Osteoporotic*. *Seminars in Spine Surgery*, Vol 10, No. 4, p367-380; 1998.
8. Akbarnia B, Raiszadeh K: *Pediatric Diskitis, Disc Space Infections*. In Floman Y(ed): *Spinal Infections. Spine: State of the Art Reviews*, Philadelphia, Hanley & Belfus, Inc, 1999.
9. Raiszadeh K, Spivak JM: *Anatomy and surgical approaches: Spine*. In: Spivak JM, Di Cesare PE, Feldman DS, Koval KJ, Rokito AS, Zuckerman JD (eds): *Orthopaedics: A Study Guide*. New York: McGraw-Hill; 1999:63.
10. Raiszadeh K, Akbarnia BA: *Surgical Management of Tumors and Infections of the Cervical Spine*. In Chapman MW(ed): *Operative Orthopaedics*, 3<sup>rd</sup> edition, Lippincott Williams & Wilkins 1999.
11. Raiszadeh K, Raiszadeh R, Korsh E, Tantuwaya L, van Dam B, Ostrup R, Bagheri R, O'Neil B, Leggett S, Carusillo D: *Cervical Spine Surgery in an Ambulatory Surgery Center: The Spine Journal* 3 (2003) 142-143S.
12. Vu Nguyen H, Akbarnia B, van Dam B, Raiszadeh K, Bagheri R, Canale S, Sylvain M, Barone R, Bench G: *Anterior Exposure of the Spine for Removal of Lumbar Interbody Devices and Implants: Spine* Vol. 31, No. 21, Page 2449-2453, 2006.
13. Haghighi SS, Zhang R, Raiszadeh R, Chammas J, Bench G, Raiszadeh K, Terramani T: *Continuous Somatosensory Evoked Potentials Monitoring Is Highly Sensitive To Intraoperative Occlusion of Iliac Artery During Anterior Lumbar Interbody Fusion: Case Report: Electromyogr.clin.Neurophysiol.*, 2009, July-Aug; 49(5): 223-6 .
14. Mooney V, Dreisinger T, Raiszadeh K, Verna J, Mayer J: "Can Exercise-Only, Protocol-Driven Spinal Care Be as Effective as Standard Physical Therapy?" *The Spine Journal* 2009.
15. Akbarnia BA, Raiszadeh K, Raiszadeh K: "Closed Suction Irrigation for the Treatment of Postoperative Wound Infections Following Posterior Spinal Fusion and Instrumentation."

Spine 2010.

16. Kim C, Raiszadeh K, Garfin SR: Minimally Invasive Scoliosis Treatment. In *The Comprehensive Treatment of the Aging Spine: Minimally Invasive and Advanced Techniques*, edited by James Yue et al. Philadelphia, Elsevier, copyright 2011.
17. Kim, Choll W. and Raiszadeh, Kamshad. Image Guidance and Computer Navigation for Minimally Invasive Spine (MIS) Surgery in Lewandrowski, K.U.; Araghi, A.; and Burffey, J.D., (eds.): *Update in Minimally Invasive Spine (MIS) Surgery: Clinical Examples of Anatomy, Indications, and Surgical Techniques*. Tucson, AZ: CASSSA, pp. 99–116.
18. Kim CW, Raiszadeh K, Raiszadeh R, Garfin SR, Minimally Invasive Spine Surgery: Key Concepts and Techniques for Minimally Invasive Posterior Lumbar Surgery. *Orthopaedic Knowledge Online Journal* 2013.
19. Sclafani J, Raiszadeh K, Raiszadeh R, Kim P, Doerr T, Siddiqi, F, LaMotta I, Park P, Templin C, Gill S, Liang K, Kim CW: “Validation and Analysis of a Multi-site Registry Through Sub-Analysis of an MIS TLIF Subgroup.” *International Journal of Spine Surgery* Jan 2014, 8 (4).
20. Kim PD, Raiszadeh R, O’Neill, CW, Kim CW, Keh E, Durr P, Jamison R, Perelson G, Jenrette J, Raiszadeh K: “Cost-Effectiveness of Specialty Care vs. Spine Strengthening for Chronic Spinal Pain.” *Spine* 2014 p16-17
21. Sclafani JA, Raiszadeh K, Laich D, Shen J, Bennett M, Blok R, Liang K, Kim C: “Prospective Registry Decompression Technique: Initial Findings from the MIS Outcome Measures of an Intracanal, Endoscopic Transforaminal Decompression Technique. Initial Findings from the MIS Prospective Registry.” *Int J Spine Surg* 2015, 9
22. Raiszadeh K : “Take Back Control, A Surgeon’s Guide to Healing Your Spine Without Medications or Surgery” OptiFit Publishers 2015.
23. Goldstein I, Komisaruk BR, Goldstein SW, Raiszadeh K, Rubin RS , Winter AG, Kim CK: “.Protocol-Based Collaboration with Reconstructive Spine Surgery, Neurophysiology and Sexual Medicine for Diagnosis and Treatment of Neurogenic Sexual Dysfunctions.” *Journal of Sexual Medicine* 02/2017; 14(2):e38.
24. Kim C, Harris JA, Muzumdar A, Khalil S, Sclafani JA, Raiszadeh K, Bucklen BS: “The Effect of Anterior Longitudinal Ligament Resection on Lordosis Correction During Minimally Invasive Lateral Lumbar Interbody Fusion: Biomechanical and Radiographic Feasibility of an Integrated Spacer/Plate

- Interbody Reconstruction Device.” Clin Biomech (Bristol, Avon), 2017 Mar;43:102-108.
25. Berry DB, Padwal J, Johnson S, Englund EK, Ward SR, Shahidi B: “The Effect of High-Intensity Resistance Exercise on Lumbar Musculature in Patients with Low Back Pain: A Preliminary Study.: BMC Musculoskeletal Disorders, (2019) 20:290. Acknowledgement for providing equipment/patients for this study.
  26. Raiszadeh R, Raiszadeh K, Eaton L, Kim P, Kim C: “Effectiveness of combined magnetic field bone growth stimulation on lumbar spinal fusion outcomes: a single center retrospective analysis comparing combined magnetic field to no-stimulation.” Int J Res Orthop. 2020 May;6(3).
  27. Shahidi B, Schenk S, Raiszadeh K: “Analgesic Medication Use During Exercise-Based Rehabilitation in Individual With Low Back Pain. A Call to Action.” Physical Therapy 2021. <https://doi.org/10.1093/ptj/pzab011>
  28. Raiszadeh K, Tapicer J, Taitano L, Wu J, Shahidi B. “In-Clinic Versus Online Multidisciplinary Exercise-Based Rehabilitation for Treatment of Low Back Pain: A Prospective Clinical Trial in an Integrated Practice Unit Model.” *JMIR*. 2021. Doi:10.2196/22548. [Epub ahead of print]
  29. Shahidi B, Behun J, Berry DB, Raiszadeh K, Englund EK: “Intravoxel Incoherent Motion Imaging Predicts Exercise-Based Rehabilitation Response in Individuals With Low Back Pain.” *NMR Biomed*. (In Review).
  30. Raiszadeh K, Behun RJ, D’Andrea LP, Eastlack RK, Mundis GM, Nicola H, Ploumis, A, Shahidi B, Vergari C: “Indications for Adult Deformity Surgery vs. Risks. *Defined Non-Operative Spine Care*.” Manual created by Scoliosis Research Society, 2021.
  31. Northway S, Carter N, Tatiana L, Richards C, Raiszadeh K, Shahidi B: “Effects of Mindfulness Videos and Physical Therapy on Disability Outcomes in Individuals with Spine Pain.” *Medicine and Science in Sports and Exercise*, Aug 2022.
  32. Shahidi B, Padwal J, Lee E, Xu R, Northway S, Taitano L, Wu T, Raiszadeh K. “Factors Impacting Adherence to an Exercise-Based Physical Therapy Program for Low Back Pain.” *PLOS One*, Oct 2022. <https://doi.org/10.1371/journal.pone.0276326>

## **Abstracts / Posters / Presentations**

### **International**

1. Raiszadeh K: Patterns of Stress Shielding with Different Fixation Alternatives in

- Revision Total Hip Arthroplasty. Presented at International Association of Tissue Banks Meeting; Vienna, Austria, October, 1994
2. Raiszadeh K : “Laparoscopic Spinal Fusion, Early Results”, Visiting lecturer, Colombian Orthopedic Society, Bogota, Colombia, October 2, 1998.
  3. Raiszadeh K : “Spondylolisthesis”, Visiting lecturer, 7<sup>th</sup> Annual International Congress of the Iranian Orthopedic Association, Tehran, Iran, November 3-6, 1999.
  4. Raiszadeh K : “Congenital Scoliosis”, Visiting lecturer, 7<sup>th</sup> Annual International Congress of the Iranian Orthopedic Association, Tehran, Iran, November 3-6, 1999.
  5. Raiszadeh K : “New Frontiers of Image Guidance in Spinal Surgery” presented at World Spine Conference, Berlin, Germany, August 28, 2000.
  6. Raiszadeh K : “Image Guidance in Spinal Surgery – Cervical, Thoracic, Lumbo-Sacral Applications,” presented at 5<sup>th</sup> Annual Asian Congress of Neurological Surgery, Manila, Philippines, October 19, 2000.
  7. Raiszadeh K, Raiszadeh K, Akbarnia BA: “Closed Suction Irrigation System for the Treatment of Postoperative Wound Infection.” Poster presentation, Scoliosis Research Society Annual Meeting, Cairnes, Australia, October 17-21, 2000.
  8. Raiszadeh K: “Triggered-EMG (T-EMG) Use for Intact, Redirected, and Dangerously Placed Pedicle Screws.” Poster presentation, Scoliosis Research Society Annual Meeting, October 17-21, 2000.
  9. Raiszadeh K: "Cervical Spine Posterior Instrumentation", Whistler, British Columbia, Canada, January 2001.
  10. Raiszadeh R, Raiszadeh K, Pneumaticos S, Liu W, Nguyen L, Esses: “Comparison of Posterior Cervical Fixation Using Transfacet, Lateral Mass, and Pedicle Screws,” Poster presentation at 17<sup>th</sup> Annual Meeting, Montreal, Canada, October 29 – November 2, 2002.
  11. Raiszadeh R, Raiszadeh K, Pneumaticos S, Liu W, Nguyen L, Esses: “Biomechanical Comparison of Two-Level Posterior Cervical Construct Using Transfacet vs. Lateral Mass vs. Pedicle Screws”, Poster presentation at 38<sup>th</sup> Annual Scoliosis Research Society Meeting, Quebec, Canada, September 9-13, 2003.
  12. Vu Nguyen, H, Akbarnia, BA, Baheri, R, Kostial, P, Raiszadeh, K, van Dam, B: Extreme Lateral Interbody Fusion (XLIF) Approach to the Lumbar Spine: 12<sup>th</sup> International Meeting of Advanced Spinal Techniques, Banff, Alberta, Canada. July 3-10, 2005.
  13. Vu Nguyen, H, Akbarnia, BA, Bagheri, R, Kostial, P, Raiszadeh, K, and Van Dam, B: “Extreme Lateral Interbody Fusion (XLIF) Approach to the Lumbar Spine”: 12<sup>th</sup>

- International Meeting of Advanced Spine Technique (IMAST), Banff, Alberta, Canada, July 7-9, 2005. (E-Poster)
14. Hunt, L, Raiszadeh, K, Bozorgnia, S, Healey, R: "Hybrid Posterior Atlantoaxial Fixation: A Biomechanical Comparison to Established Techniques," poster presentation at World Spine III, July 31 - August 3, 2005, Rio De Janeiro, Brazil.
  15. Akbarnia BA, Rohmiller MT, Raiszadeh K, Raiszadeh K. Canale SK: "Treatment of Wound Infections Following Spinal Fusion and Instrumentation Using Closed Suction Irrigation System (CSIS): Is Implant Necessary?" European and Middle East Regional Scoliosis Research Society Meeting, Istanbul, Turkey, May 27, 2006.
  16. Mooney, V, Dreisinger, T., Raiszadeh, K, Mayer, J: "Effective Spinal Rehabilitation-An Uncomplicated Exercise Approach" : ISSLS Annual Meeting, Auckland, New Zealand, April 13-17, 2010
  17. Raiszadeh, Kamshad: "Resecting the Anterior Longitudinal Ligament Method during MIS Lateral Lumbar Interbody Fusion: Radiographic Analysis and Biomechanical Results Using an Integrated Spacer/Plate Interbody Reconstruction Device" Oral Podium Presentation for "Best Papers" at ISASS13, Vancouver BC, Canada, April 3-5, 2013.
  18. Kim PD, Raiszadeh R, O'Neill CW, Kim, CW, Keh, E, Durr, P, Jamison R, Perelson G, Jenrette J, Raiszadeh K : "Cost-Effectiveness of Specialty Care vs Spine Strengthening for Chronic Spinal Pain" : ISSLS Annual Meeting, Seoul, Korea June 3-7, 2014.
  19. Padwal J, Raiszadeh K, Berry D, Wu J, Tapicer J, Ward S, Shahid B, "Outcomes Following Intensive, Resistance-Based Physical Rehabilitation in an Outpatient Community Clinic" : Presented at Society for Scoliosis Orthopedic and Rehabilitation Treatment 13th International Annual Meeting, Dubrovnik, April 19-21, 2018.
  20. Padwal, J, Berry D, Raiszadeh K, Johnson S, Ward SR, Shahidi B: "Changes in Paraspinal Muscle Characteristics Assessed with MRI and Functional Outcomes Following Intensive Exercise Rehabilitation" : Abstract presented at ISSLS Annual Meeting, Banff, Canada May 14-18, 2018.

## **National**

1. Raiszadeh K.: Distribution of Stress with Femoral Components in Revision Total Hip Arthroplasty to Avoid Stress Shielding. Presented at 26th Annual American Orthopaedic Association Residents' Conference, Seattle, Washington, March 17-20, 1993.
2. Raiszadeh K.: Innervation of Human Spinal Facets. Presented at 27th Annual American Orthopaedic Association Residents' Conference, March 1994.



3. Raiszadeh K.: Innervation of Human Spinal Facets. Presented at Ninth Annual North American Spine Society Meeting, Minneapolis, Minnesota, October 19-22, 1994.
4. Raiszadeh K.: Femoral Surface Strain Analysis: A Comparison Between Cup Arthroplasties and Conventional Bipolar Arthroplasties. Presented at Annual Orthopedic Research Society Meeting, November, 1995.
5. Raiszadeh K.: Spinal Anatomy and Radiographic Evaluation. Presented at 1997 San Diego Spinal Conference, San Diego, California, February 8, 1997.
6. Raiszadeh K.: Orthopedic Spinal Problems and Sports Injuries in the Adolescent. Presented at the 10th Annual Current Concepts in Pediatric Medicine, San Diego, California, February 28, 1997.
7. Raiszadeh K.: Kyphosis. Course Instructor at Clinical Perspectives in Spine 1997, Tucson, Arizona, May 15-18, 1997.
8. Raiszadeh K.: Surgical Anatomy of the Spine. Visiting lecturer at University of California, Berkeley. Anatomy 131 Lecture Series, October 31, 1997.
9. Akbarnia H., Raiszadeh, K., Casey, J.M., Akbarnia, B.A. : Surgical Treatment of Spine Deformity in Myelodysplasia. Presented as a free paper at 1997 Annual meeting of the American Academy of Pediatrics in New Orleans, Louisiana, November 1 and 2, 1997.
10. Emanuel R., Akbarnia B.A., Raiszadeh K.: Results of Interbody Fusion and Posterior Instrumentation Using Carbon Fiber Implants in the Lumbar Spine, Isola Study Group, New York, New York, November 22, 1997.
11. Raiszadeh K.: Surgical Anatomy of the Spine. Visiting lecturer at University of California, Berkeley. Anatomy 131 Lecture Series, October 2, 1998.
12. Raiszadeh K.: "Laparoscopic Spinal Fusion – Techniques and early results", Hospital for Joint Diseases Annual Alumni Meeting and Sir Robert Jones Lecture, October 23, 1998.
13. Raiszadeh K: "Laparoscopic Spinal Fusion, Practice Audit", 8<sup>th</sup> Isola Study Group Meeting, November 21, 1998.
14. Raiszadeh K: "History of Minimally Invasive Spinal Fusion", Grand Rounds, Orthopedic Department, Baylor College of Medicine, Houston Texas, December 9, 1998.
15. Raiszadeh K: "Laparoscopic Spinal Fusion, Early Results", 7<sup>th</sup> International Meeting of Laparoendoscopic Surgeons, SLS Annual Meeting, Endo Expo 98, San Diego, California, December 11, 1998.
16. Raiszadeh K: "Surgical Anatomy of the Spine." Visiting lecturer at University of

California, Berkeley. Anatomy 131A Lecture Series, October 8, 1999.

17. Raiszadeh K: "Failed Back Syndrome", 7<sup>th</sup> International Isola Meeting, Kansas City, Missouri, October, 1999.
18. Raiszadeh K: "Minimally Invasive Spinal Surgery", 7<sup>th</sup> International Isola Meeting, Kansas City, Missouri, October, 1999.
19. Raiszadeh K: "Cervico-thoracic Fixation", 10<sup>th</sup> Isola Study Group Meeting, San Francisco, California, January 21-22, 2000.
20. Raiszadeh K: "Idiopathic Scoliosis", Grossmont Hospital Family Practice Grand Rounds, San Diego, CA, March 1, 2000.
21. Raiszadeh K: "Surgical Anatomy of the Spine." Visiting lecturer at University of California, San Diego. Human Anatomy course for 2nd year Medical Students. September 2000.
22. Raiszadeh K: "Triggered-EMG (T-EMG) Use for Intact, Redirected, and Dangerously Placed Pedicle Screws," 6<sup>th</sup> Spine Surgeons International Symposium, Napa, California, September 21, 2000.
23. Raiszadeh K: "Minimally Invasive Lumbar Fusion", 8<sup>th</sup> International Isola Workshop, September 17-19, 2000.
24. Raiszadeh K: "Failed Lumbar Interbody Fusion Devices", 8<sup>th</sup> International Isola Workshop, September 17-19, 2000.
25. Raiszadeh K, Raiszadeh K, Akbarnia BA: "Closed Suction Irrigation System for the Treatment of Postoperative Wound Infection." Poster presentation, 15<sup>th</sup> Annual North American Spine Society, New Orleans, Louisiana, October 25-28, 2000.
26. Raiszadeh K: "Triggered-EMG (T-EMG) Use for Intact, Redirected, and Dangerously Placed Pedicle Screws," presented at 15<sup>th</sup> Annual North American Spine Society, New Orleans, Louisiana, October 28, 2000.
27. Raiszadeh K: "Anterior Cervical Decompression/Posterior Cervical Laminoplasty – To Plate or Not to Plate," presented at the Spine 2000 Conference sponsored by Sharp HealthCare, San Diego, CA, November 11, 2000.
28. Akbarnia BA, Marks D, Perez-Gruoso F, McCarthy RE, Thompson AG, Boachie-Adjei O, Raiszadeh K: "Instrumentation with Limited Fusion for the Treatment of Progressive Early Onset Scoliosis," presented at the American Academy of Orthopaedic Surgeons Annual Meeting, San Francisco, CA, February 2001.

29. Raiszadeh, K, Ramin, R, Korsh, E, Tantuwaya, L, van Dam, B, Ostrup, R, Bagheri, R, O'Neil, B, Leggett, S, Carusillo, D: "Cervical Spine Surgery in an Ambulatory Surgery Center," poster presentation at the North American Spine Society 18<sup>th</sup> Annual Meeting, October 21-25, 2003, San Diego, California.
30. Hunt, L, Raiszadeh, K, Bozorgnia, S, Healey, R: "Hybrid Posterior Atlantoaxial Fixation: A Biomechanical Comparison to Established Techniques," poster presentation at Cervical Spine Research Society 32<sup>nd</sup> Annual Meeting, December 9-12, 2004, Boston, Massachusetts.
31. Vu Nguyen, H, Akbarnia, BA, Baheri, R, Kostial, P, Raiszadeh, K, and Van Dam, B: "Extreme Lateral Interbody Fusion (XLIF) Approach to the Lumbar Spine": Isola Study Group Meeting, Miami Florida, January 21, 2005.
32. Vu Nguyen, H, Akbarnia, BA, Bagheri, R, Kim, C, Kostial, P, Raiszadeh, K, van Dam, B: "XLIF Approach: Preliminary Results": 18<sup>th</sup> Annual Meeting of International Intradiscal Therapy Society. San Diego, California. May 26, 2005.
33. Vu Nguyen H, Akbarnia BA, Bagheri, R, Kim C, Kostial, P, Raiszadeh, K, Van Dam, B: "XLIF Approach: Preliminary Results": 18<sup>th</sup> Annual Meeting of International Intradiscal Therapy Society, San Diego, CA, May 26, 2005.
34. Akbarnia BA, Rohmiller MT, Raiszadeh K, Raiszadeh K, Canale SK. "Treatment of Wound Infections Following Spinal Fusion and Instrumentation Using Closed Suction Irrigation System (CSIS): Is Implant Removal Necessary? 41<sup>st</sup> Annual Meeting, Scoliosis Research Society, Monterey, CA, Sept 2006.
35. Raiszadeh, K: "Worker's Compensation in California.": Twenty-Sixth Annual Malcom B. Coutts San Diego Western Orthopaedic Association Visiting Professorship, San Diego, CA, January 23, 2009.
36. Rohmiller, M, Raiszadeh, K, Raiszadeh, K, Canale, S, Akbarnia, BA: "Closed Suction Irrigation for Postoperative Wound Infections Of The Spine": A 12 Year Experience": Poster Presentation at the 2009AAOS Annual Meeting, Las Vegas, NV, February, 25-28, 2009.
37. Raiszadeh, K: "Early Results With A Keeled Implant": 2<sup>nd</sup> Annual SOLAS Research Meeting, La Jolla, CA, April 16-18, 2009.
38. Mooney, V, Dreisinger, T., Raiszadeh, K, Vern, J, Mayer, J: "Can Exercise Only, Protocol-Driven Spinal Care Be As Effective As Standard Physical Therapy": International Society for the Study of the Lumbar Spine, Miami, Florida, May 4-8, 2009.
39. Raiszadeh, K: "Outpatient Spinal Surgery": Alvarado Hospital CME Program, San Diego, CA, July 21, 2009.

40. Mayer J., Dreisinger T., Raiszadeh K., Mooney V.: “Successful Spine Care : Minimalist Approach”: American Orthopedic Association 123<sup>rd</sup> Annual Meeting, Coronado, CA, June 9-12, 2010.
41. Raiszadeh K, Tapicer J, Shahidi B: “In-Clinic vs. Online Multidisciplinary Exercise-Based Low Back Pain Rehabilitation: A Prospective Clinical Trial.” American Physical Therapy Association Combined Sections Meeting. Feb 1-28, 2021.
42. Raiszadeh K, Tapicer J, Shahidi B: “In-Clinic vs. Online Multidisciplinary Exercise-Based Low Back Pain Rehabilitation: A Prospective Clinical Trial.” Paper presentation at American American Association of Orthopedic Surgeons 2021 Annual Meeting, San Diego, CA, September 3, 2021.
43. Norway S, Carter N, Taitano L, Richards C, Raiszadeh K Shahidi S: “Effects of Mindfulness Videos and Physical Therapy on Disability Outcomes in Individuals with Spine Pain.” Poster Presentation at the ISSLS Annual Meeting in Boston, USA, May 9-13, 2022.
44. Raiszadeh K: “Health care utilization and cost of care for a multidisciplinary integrated practice unit model of spine rehabilitation compared to standard or no physical therapy.” Poster presented at Orthopedic Value Based Conference in Las Vegas, NV, January 27-29, 2023.

## **Media Features**

- 1-“Treating Neck and Back Pain,” KNSD NBC-San Diego-August 21, 2009
- 2-“Project Walk,” CNN-May 11, 2010
- 3-“3D Surgery,” KNSD NBC-San Diego-May 25, 2010