



# Dr. Lance A. Casazza

**Chiropractor/Motivational Speaker/Author**

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## Education

- 2001 Palmer College of Chiropractic West, San Jose, CA  
*Summa Cum Laude, Class Valedictorian*
- 1997 New College of California, Los Angeles, CA
- 1996 University of California, Davis, CA  
*Bachelor's Degree in Exercise Science*
- 1989 Saint Francis High School, Mountain View, CA

## Experience/Activities

- CEO EQ.Coaching and Motivational Speaking
- Part-Owner Crawdads Restaruant
- Part-Owner Barwest Restraurant
- Member of C.O.R.E. – Chiropractors On the Road to Excellence
- Motivation Speaking Programs, Be the Hammer, Not the Nail
- Guest Speaker, ROP Program, Sacramento, CA
- Guest Speaker, Federico Beauty Institute (2009 – present)
- Vice President of External Affairs, California Chiropractic Association Sacramento Valley District (2008)
- President, Arden Lunch Group, TNI (2007)
- Membership Chair, Arden Lunch Group, TNI (2006)
- Chiropractor, Casazza Chiropractic Incorporated
- Guest Instructor, Palmer College of Chiropractic West (2006 – present)
- Guest Instructor, ROP Chiropractic Assistant course
- Volunteer Doctor, Wellspring Women's Center
- Team Doctor, Capitol City Fury Semi-Professional Football Team
- Team Doctor, Sacramento Wolverines Semi-Professional Football Team
- Team Doctor, Sacramento Rugby Club
- Postceptorship Philips Chiropractic, Woodland, CA

## Seminars / Continuing Education

- ❑ 2023 Ethics, Law, X-ray and Technique, BACK To Chiropractic Seminar Series
- ❑ 2022 X-Ray: Lower Extremity Sports Injuries, BACK To Chiropractic Seminar Series
- ❑ 2022 Ethics, Law and Technique, BACK To Chiropractic Seminar Series
- ❑ 2022 Neurology, BACK To Chiropractic Seminar Series
- ❑ 2021 Billing and Coding, BACK To Chiropractic Seminar Series
- ❑ 2021 Technique, X-ray Guidelines, Ethics and Law, BACK To Chiropractic Seminar Series
- ❑ 2020 Wellness in the Office, BACK To Chiropractic Seminar Series
- ❑ 2020 Parker Seminar, Beyond Rehab: Training the Injured Athlete
- ❑ 2020 History and Exam, BACK To Chiropractic Seminar Series
- ❑ 2020 X-Ray Guidelines of the Cervical Spine, BACK To Chiropractic Seminar Series
- ❑ 2020 Ethics and Law, California Chiropractic Association
- ❑ 2019 Lower Extremity Adjusting Technique, BACK To Chiropractic Seminar Series
- ❑ 2019 X-Ray Guidelines, BACK To Chiropractic Seminar Series
- ❑ 2019 Ethics, Technique and Wellness, BACK To Chiropractic Seminar Series
- ❑ 2019 Parker Seminar, Orthopedic and Imaginag Evaluation of the Knee
- ❑ 2019 Parker Seminar, Sports Nutrition
- ❑ 2019 Parker Seminar, The Why Behind the What of Rehab
- ❑ 2018 BACK To Chiropractic Continuing Education Seminar Series
- ❑ 2017 BACK To Chiropractic Continuing Education Seminar Series
- ❑ 2016 BACK To Chiropractic Continuing Education Seminar Series
- ❑ 2015 C.O.R.E. Adjusting Technique
- ❑ 2015 Ethics and Law
- ❑ 2015 Upper and Lower Extremity Adjusting Part 1
- ❑ 2015 X-Ray Guidelines
- ❑ 2015 CCA Legislative Conference
- ❑ 2015 Chiropractic Coding & Documentation
- ❑ 2014 Radiology of Sports Injuries of the Lower Extremity
- ❑ 2014 Chiropractic Nutrition, ACE Fitness & Your Patients Brain
- ❑ 2014 Ethics and Law
- ❑ 2014 Strutz Seminar X-Ray interpretation and Technique
- ❑ 2014 CCA Continuing Education Series, Diagnosis, Disability & Documentation
- ❑ 2013 Radiographic Interpretation & Technique
- ❑ 2013 CCA Continuing Education Series, Pediatric Technique & Webster Technique
- ❑ 2013 C.O.R.E. Sacramento, Philosophy Night
- ❑ 2013 Strutz Seminar X-Ray interpretation and Wellness in the Chiropractic Practice
- ❑ 2012 Triad Seminars – Nutrition/ Advanced Chiropractic Adjustive Technique and Ethics and Law
- ❑ 2011 How Your Patients Can Truly Value Chiropractic through Central Nervous System Restoration
- ❑ 2011 Accident and Emergency Radiological Evaluation
- ❑ 2010 Practice Made Perfect
- ❑ 2009 CCA Continuing Education Series, Subluxation Neurology
- ❑ 2008 Cervical Spine Adjusting
- ❑ 2007 Chad D. Warshel, DC, DACBR, X-Ray Relicensing Seminar
- ❑ 2006 to Present, California Chiropractic Association Relicensing Series, Sacramento District
- ❑ 2006 to Present, Client of Ward Success Systems
- ❑ 2006 Thornton Consultants Relicensing Seminar
- ❑ 2005 Palmer College of Chiropractic West, Homecoming
- ❑ 2005 ICAC Workers Compensation seminar
- ❑ 2004 Continuing Education, Dr. Lenny Cocco
- ❑ 2001 Lyceum, Palmer College of Chiropractic West
- ❑ 2000 Basic Workers Compensation
- ❑ 1999 CEPA (Care for the Elite and Professional Athlete)

## Scholarships / Awards

- ❑ 2018 Top Chiropractor, *Sacramento Magazine*
- ❑ 2016 Top Chiropractor, *Sacramento Magazine*
- ❑ 2014 Top Chiropractor, *Sacramento Magazine*
- ❑ 2008 Voted Best Chiropractor, *Sacramento News & Review*
- ❑ 2007 Voted Best Chiropractor, *Sacramento News & Review*
- ❑ 2006 Voted Best Chiropractor, *Sacramento News & Review*
- ❑ 2005 Seven Miracles of Chiropractic award winner, Palmer College of Chiropractic
- ❑ Member Pi Tau Delta Chiropractic Honor Society
- ❑ ACF/AC Auxiliary Essay Scholarship
- ❑ Palmer College of Chiropractic West Alumni Leadership Scholarship
- ❑ Palmer West Book Grant recipient
- ❑ Named to Who's Who Among Students in American Universities and Colleges, 2000-01

## Published Material

- ❑ Author 2018, *The Greatest Quotes of Unknown Authors*
- ❑ Author 2016, *Habits and Attitudes*
- ❑ Author 2015, *Thank God For Layovers*
- ❑ Author 2013, *Why Don't Doctors Refer to Chiropractors?*
- ❑ Author 2010, *Be the Hammer, Not the Nail*
- ❑ *Health and Fitness Magazine*, "Mangosteen Helps Your Body Heal Naturally"
- ❑ *Sacramento News & Review*, "Ask Dr. Lance"
- ❑ *Dynamic Chiropractic*, "The Association of Smoking and Low Back Pain"

## Media

- ❑ Guest Host for Michael Mercury, 96.5 KUBU
- ❑ Producer "The Long Road to Boston" a documentary
- ❑ *Good Day Sacramento*, News 10
- ❑ Guest appearance, *Livewire* TV Program, on the topic of ergonomics

## Certification

- ❑ Adult CPR/AED certified, American Red Cross
- ❑ 1999 CEPA (Care for the Elite and Professional Athlete) certified

## Chiropractic College

- ❑ President for Palmer College of Chiropractic West, Associated Student Government
- ❑ Secretary for Palmer West Sports Council
- ❑ Athletic Director for Palmer College of Chiropractic West, Associated Student Government
- ❑ Student Representative for Palmer West International Alumni Association
- ❑ Class Representative for Associated Student Government
- ❑ Student Representative for CEPA (Care for the Elite and Professional Athlete)
- ❑ International Chiropractors Association member
- ❑ American Chiropractic Association member
- ❑ California Chiropractic Association member
- ❑ Chiropractic Intern, Smith Chiropractic, El Cerrito, CA
- ❑ Part-time Assistant for Dr. Nick Athens at The Athens Chiropractic Clinic
- ❑ Chiropractic Olympic Games participant, Davenport, IA
- ❑ Chiropractic Olympic Games participant, Dallas, TX
- ❑ Master of Ceremonies for Palmer West Intercollegiate Hockey Team
- ❑ Chiropractic Awareness Expedition sponsor

- Student Mentor, Palmer West Mentor Program

## 1995 - 96

- Assistant to the General Manager for the Scottish Claymores of the World Football League, now recognized as NFL Europe (1996)
- Coach, JV football team, Jesuit High School, Sacramento, CA
- Metro League champions 1995-96

## 1989 - 94

- Intercollegiate football team member, University of California, Davis (1991-1994)
- Member, Sigma Nu Fraternity
- Sigma Nu Treasurer (1991)
- Sigma Nu President (1992)

## Published Material

- Author 2018, *The Greatest Quotes of Unknown Authors*
- Author 2016, *Habits and Attitudes*
- Author 2015, *Thank God For Layovers*
- Author 2013, *Why Don't Doctors Refer to Chiropractors?*
- Author 2010, *Be the Hammer, Not the Nail* (Available on Amazon)
- *Health and Fitness Magazine*, "Mangosteen Helps Your Body Heal Naturally"
- *Sacramento News & Review*, "Ask Dr. Lance"
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