

Mark M Youssef, MD

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Santa Monica, CA 90401
310-434-0044

CURRICULUM VITAE

WORK HISTORY

2004 - Present	Younique Cosmetic Surgery Medical Director	Santa Monica, CA
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EDUCATION

2000 - 2004	Kaiser Permanente - Los Angeles, CA Department of Obstetrics and Gynecology	Resident
1996-2000	University of California, Irvine, CA College of Medicine	M.D
1992-1996	University of California, Irvine, CA Major Biological Sciences	B.S

BOARD CERTIFICATIONS

Diplomat of the American Board of Cosmetic Surgery

Board Certified in Obstetrics and Gynecology

Honors and Awards

2015	Featured on the cover of Plastic Surgery Practice Magazine (PSP)
2014	America's Top Surgeons
2014	Best Cosmetic Surgeon, PSP magazine
2013	Best Cosmetic Surgeon, PSP magazine
2012	Best Cosmetic Surgeon, PSP magazine
2012	Honored member of Trademark Who's Who Edition
2011	Best Cosmetic Surgeon, PSP magazine
2008	Featured in Indulge magazine
2007	Featured in GenLuxe magazine
2007	Expert physician for InTouch magazine
1999	Honors in Cardiology
1999	Honors in Ophthalmology
1999	Honors in Rheumatology
1999	Honors in the Treatment of Substance Abuse and Alcoholism
1999	Honors in Psychiatry
1996	Cum Laude

1994-1995 Excellence in Research
1992-1996 Dean's Honor List

GUEST SPEAKER AND CLINICAL TRAINER POSITIONS

Guest physician on "The Doctors Show"

Guest physician on "Extra" tv show

Allergan - Clinical Trainer for Botox® Cosmetics and Juvederm Voluma, Guest Speaker

Medicis - Clinical Trainer for injection technique on Perlane, Restylane and Dysport

Institute of Esthetic Training- Clinical Trainer Botox, Dermal Fillers, Mesotherapy, IPL (Intense Pulse Light), Laser Hair Removal. Trained Hundreds of physicians during workshops and seminars

Inamed® Aesthetics (9/05 - 2007) Clinical Trainer for Injection technique for Lip Augmentation

Vibraderm - Guest speaker and training site for Vibradermabrasion

Rhytec- Clinical trainer and training site for Rhytec Portrait Plasma Resurfacing

American Academy of Aesthetics and Mesotherapy (AAAM) - Speaker and Clinical Trainer for Botox, Fillers, Mesotherapy and Vaginal Rejuvenation.

Honorary Societies

1996 Phi Beta Kappa

Past Leadership Activities

2003 - 2004 Applicant interviewer for Obstetrics and Gynecology residency applicants at Kaiser Permanente LAMC

2002 - 2003 Co-authored protocol for Foley bulb induction of labor for Kaiser Permanente LAMC and performed nurse training for protocol

2002 - 2004 Department Representative for Quality Assurance Committee Kaiser Permanente LAMC

1997-1998 Patient-Doctor II course coordinator '97-'98 (elected position)- this is the largest course of the second year. Responsibilities included helping schedule classes, frequent meetings with course directors, and assisting in modifying and restructuring course for future classes.

1997-1998 Medical School Applicant Interviewer for College of Medicine's Admissions Committee

Community Activities

- 1997-1998 Students Teaching Students (STS) Mentorship program- this program was initiated by the class of 2000 to help interested High school students in the community learn about the medical field and have an older mentor that they could always turn to for guidance advise. I had the opportunity to give short lectures and demonstrations in the Gross Anatomy laboratories and worked one-on-one with students to help them establish and work towards future goals.
- 1995-1996 Volunteer at Irvine Medical Center *95-'96 (200 hours)

Languages

English (first language), Arabic (fluent), Spanish (conversant)

RESEARCH EXPERIENCE

- 2012 - current Primary investigator for Stem Cell Treatments
- 2003- 2006 Primary investigator for Laser Hair Removal project in type V and VI skin
- 1999 - 2006 Research Associate to Dr. S. Vasilev, Chief of Gynecological Oncology at Kaiser Permanente Los Angeles Medical Center
- 12/98- 2004 Research Assistant to Drs. P. Disaia, M. Berman, J. Chan, B. Monk, Division of Gynecological Oncology at UC Irvine
- 1994- 1995 Research Assistant for Drs. William Bunney and Curt Sandman. Department of Neuropsychiatry and Human Behavior
- 1993 - 1994 Research Assistant for Dr. Joseph Graves. Department of Evolutionary Biology

PROFESSIONAL MEMBERSHIPS

- 2007 - present Fellow Member of the American Academy of Cosmetic Surgery (AACS)
- 2007 - present American Society of Cosmetic Breast Surgery (ASCBS)
- 2005 - 2006 Faculty of the International Society of Aesthetics and Mesotherapy (ISAM)
- 2004 - 2006 Member of the American Society of Laser Medicine and Surgery (ASLMS)
- 2009 - present Member of American College of Obstetrics and Gynecology (ACOG)
- 1995 - 2000 Member of the UC Irvine Sailing Club

1992 - 1993 Member of Flying Samaritan

Abstract Publications/Presentations

Youssef, M., El-Attar, A. Evaluation of Nd:Yag 1064 Laser in Treatment of Pseudofolliculitis'Barbae in Skin Types V and VI. Abstract Presentation at American Society of Laser Medicine and Surgery (ASLMS) May 1-5,2005.

Chan, J.K., **Youssef**, ML, McMeekin, S., Monk, B.J., Osann, K., Vasilev, S., DiSaia, P.J., Berman, M.L. Survival Outcomes of Uterine Papillary Serous Carcinoma after Cytoreductive Surgery and Taxol and Platinum-based Chemotherapy. Guest Speaker at 47th Annual T. Hart Baker Obstetrics and Gynecology Symposium. October 10-11,2003.

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., **Youssef, M.**, Wilczynski, S.P., Meyskens, F.L., Berman, M.L. Regression of High Grade Cervical Dysplasia - What factors are important? *Gynecologic Oncology*, 2000 Feb, 76(2):270.

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., **Youssef, M.**, Wilczynski, S.P., Meyskens, F.L., Berman, M.L. Human Papillomavirus Infection and Sexual Risk Factors are Strong Predictors for Natural Regression of Cervical Intraepithelial Neoplasia 2 and 3. *Obstetrics & Gynecology* 2002 April 99, (4): 12S

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., Youssef, M., Wilczynski, S.P., Meyskens, F.L., Berman, M.L. HPV Infection, Sexual Risk Factors, and Histologic Grade are Strong Predictors for Regression of High Grade Cervical Dysplasia. *Gynecologic Oncology* 2000 Oct, 79:135

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., Youssef, M., Wilczynski, S.P., Meyskens, F.L., Berman, M.L. HPV Infection, Sexual Risk Factors, and Histologic Grade are Strong Predictors for Regression of High Grade Cervical Dysplasia. *Int. J. Gynecol Cancer**

Chan, J.K., Kaleb V., Benjamin J., Vasilev S., **Youssef M.**, Brewster W.,DiSaia P. J., Important Prognostic Factors for Survival and Recurrence of Sex Cord Stromal Tumors of the Ovary *International Journal of Gynecologic Cancer* 2002 Sept/Oct 12, (4): 556

Chan, JK., **Youssef M.**, Monk B., Berman M. "Factors that Influence the Regression of CIN in a Randomized, Placebo Controlled Beta Carotene Trial." Presented at Chao Cancer Symposium on Carcinogenesis and Cancer Prevention June 25-27, 1999.

Publications - Peer Review Journals

Chan, J.K., Kaleb V., Benjamin J., Vasilev S., Youssef M., Brewster W., DiSaia P. J., Important Prognostic Factors for Survival and Recurrence of Sex Cord Stromal Tumors of the Ovary. *International Journal of Gynecologic Cancer* 2002 Sept/Oct 12, (4): 556

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., **Youssef, M.**,

Wilczynski, S.P., Meyskens, F.L., Berman, M.L. HPV Infection, Sexual Risk Factors, and Histologic Grade are Strong Predictors for Regression of High Grade Cervical Dysplasia. *Gynecologic Oncology* 2000 Oct, 79:135

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., **Youssef, ML**, Wilczynski, S.P., Meyskens, F.L., Berman, M.L. Human Papillomavirus Infection and Sexual Risk Factors are Strong Predictors for Natural Regression of Cervical Intraepithelial Neoplasia 2 and 3. *Obstetrics & Gynecology* 2002 April 99, (4): 12S

Chan, J.K., **Youssef, ML**, McMeekin, S., Monk, B.J., Osann, K., Vasilev, S., DiSaia, P.J., Berman, M.L. Survival Outcomes of Uterine Papillary Serous Carcinoma after Cytoreductive Surgery and Taxol and Platinum-based Chemotherapy *Gynecologic Oncology* 2001 ;83: 161

Chan, J.K., **Youssef, ML**, McMeekin, S., Monk, B.J., Osann, K., Vasilev, S., DiSaia, P.J., Berman, M.L. Benefits of Cytoreductive Surgery and Taxol and Platinum-based Chemotherapy of Uterine Papillary Serous Carcinoma *Gynecologic Oncology* 2002 Mar 84(3): 529

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., **Youssef, M.**, Wilczynski, S.P., Meyskens, F.L., Berman, M.L. HPV Infection, Sexual Risk Factors, and Histologic Grade are Strong Predictors for Regression of High Grade Cervical Dysplasia. *Int. J. Gynecol. Cancer**

Chan, J.K., Loizzi, V, **Youssef, M.**, Osann, K., Rutgers, J., Vasilev, SA., Berman, ML The Significance of Comprehensive Surgical Staging in Noninvasive Papillary Serous Carcinoma of the Endometrium *Gynecologic Oncology*, Accepted for publication, Mar. 2003

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Osann, K., McMeekin, M., Rose, S., Youssef, M., Wilczynski, S.P., Meyskens, F.L., Berman, M.L. HPV Infection and Sexual Risk Factors are Strong Predictors for Regression of High Grade Cervical Dysplasia. *British Journal of Cancer*, submitted Jan. 2003

Youssef, M., Bunney, W., Sandman, C. "A Structured Clinical Assessment of Perceptual Anomalies in Schizophrenia." *Journal of Undergraduate Research*. June 1995 p. 966-977.

Poster Presentations at Professional Meetings

Youssef, M., El-Attar, A. Evaluation of Nd:Yag 1064 Laser in Treatment of Pseudofolliculitis Barbae in Skin Types V and VI. Poster Presentation at American Society of Laser Medicine and Surgery (ASLMS) May 1-5,2005.

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., Youssef, M., Wilczynski, S.P., Meyskens, F.L., Berman, M.L. Regression of High Grade Cervical Dysplasia -What Factors Are Important? 55th Ob/Gyn Assembly of Southern California, CA,

Feb. 2000

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., **Youssef, M.**, Wilczynski, S.P., Meyskens, F.L., Berman, M.L. Regression of High Grade Cervical Dysplasia -What Factors Are Important? 31st Annual Meeting - Society of Gynecologic Oncologists, Feb. 2000.

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., **Youssef, M.**, Wilczynski, S.P., Meyskens, F.L., Berman, M.L. HPV Infection, Sexual Risk Factors, and Histologic Grade are Strong Predictors for Regression of High Grade Cervical Dysplasia. 8th Biennial Meeting -International Gynecologic Cancer Society, Buenos Aires, Argentina, Oct. 2000

Chan, J.K., **Youssef, M.**, McMeekin, S., Monk, B.J., Osann, K., Vasilev, S., DiSaia, P.J., Berman, M.L. Uterine Papillary Serous Carcinoma - The Role of Cytoreductive Surgery and Taxol and Platinum-based Chemotherapy. 57th Ob/Gyn Assembly of Southern California, CA, Feb. 2001

Chan, J.K., **Youssef, M.**, McMeekin, S., Monk, B.J., Osann, K., Vasilev, S., DiSaia, P.J., Berman, M.L. Cytoreductive Surgery and Taxol and Platinum-based Chemotherapy in the Treatment of Uterine Papillary Serous Carcinoma. National Smith Kline Gynecologic Oncology Fellow's Forum, Miami, FL, Feb. 2002.

Chan, J.K., Kaleb V., Benjamin J., Vasilev S., Youssef M., Brewster W., DiSaia P. J., Important Prognostic Factors for Survival and Recurrence of Sex Cord Stromal Tumors of the Ovary. 9th Biennial Meeting International Gynecologic Cancer Society, Seoul, Korea, Oct. 2002

Chan, J.K., Monk, B.J., Keefe, K., Brewer, C, Upasani, S., McMeekin, M., Rose, S., **Youssef, M.**, Wilczynski, S.P., Meyskens, F.L., Berman, M.L. Human Papillomavirus Infection and Sexual Risk Factors are Strong Predictors for Natural Regression of Cervical Intraepithelial Neoplasia 2 and 3. 50th ACOG Annual Clinical Meeting, Los Angeles, CA, May 2002

Referrals - Upon request