

MARTIN ANDRADE

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EDUCATION

Doctor of Physical Therapy

May 2001

University of Southern California

- Case Study: Effectiveness of hydraulic distention as a treatment for adhesive capsulitis
- Research Study: Beneficial and deleterious effects of various exercise regimens on the immune system and function
- Volunteer trainer for research study analyzing eccentric versus concentric contractions for women strength gains and increases in bone mass
- Elective Courses: Advanced Spine; Hip and Lower Quarter; Geriatrics
- Clinical Experiences: Out Patient Orthopedics, In Patient Acute Care, In/Out Patient Cardiac Rehab, In Patient Rehab

Bachelor of Science Physical Education and Kinesiology

Jun 1996

California Polytechnic State University San Luis Obispo

- Magna Cum Laude
- Society of Future Physical Therapists: Vice. Pres. '95-96
- Society of Future Physical Therapists: Treasurer '94-95
- Wildflower Triathlon Volunteer/Competitor '94-96
- Body Fat Analyst: Commercial Corporate Fitness Club '93-94

WORK EXPERIENCE

In-home Therapy Services

Sep 2020 – Present

In-home Part B Medicare PT

Conditioning and balance activities

Aquatic Therapy of Los Alamitos

Dec 2018 – Aug 2020

PT, Los Alamitos CA

Aquatic therapy to maximize normal movements with core stabilization,
Manual Therapy techniques for orthopedics and pain management/alleviation

Physical Therapy Network Solutions

Feb 2016 – Mar 2019

PT, Orange County CA

Manager North-West Orange County: Home Health Physical Therapy

Core Physical Therapy & Performance

Jul 2012 – Dec 2017

PT/Clinic Manager, Newport Beach CA

Specialty in post-op lumbar and shoulder diagnoses, sports injuries, dynamic core stabilization, Pilates, & functional taping techniques; Acting Clinical Director, Oct 2015

New Life Rehabilitation

Jul 2006 – Jun 2012

Staff, Huntington Beach CA

Outpatient orthopedic, sports, arthritic, chronic, post-op and overuse diagnoses
Aquatic therapy as an adjunct for arthritic & chronic conditions, and de-conditioning
Assisted in the management and education of support staff

Aureus Medical Staffing Contract

Aug 2004 – Jun 2006

Traveling PT

Out-patient Ortho; Kaiser Permanente, San Jose CA

Apr – Jun 2006

Out-patient Ortho; Providence Rehabilitation, Seaside OR

Jan – Apr 2006

Out-patient Ortho; Pinecrest Rehab Center, Delray Beach FL

Jan – Apr 2005

Acute Care Ortho; St. David's Medical Center, Austin, TX

Aug – Dec 2004

Platinum Select Staffing Contract

Aug 2004 – Oct 2005

Traveling PT

Acute Care; University of Mass Med Center, Worcester MA

Jul – Oct 2005

Acute Care; Coral Gables Hospital, Coral Gables, FL

Apr – Jun 2005

Long-term Care; Modesto Rehab Hospital, Modesto CA

May – Aug 2004

Kaiser Permanente

Jun 2001 – Mar 2004

Staff, West Los Angeles

Emphasis on a biomechanical and neuro-physiological approach to patient care
Conducted ACLR rehabilitation and knee dysfunction screening classes
Experience as a Clinical Instructor and interim In-patient Senior/Lead PT

CONTINUING EDUCATION

Certificate in Aquatic Physical Therapy Clinical Competency Apr 2019
Emily Dunlap, PT; Holly Lookabaugh-Deur, PT, DSc, GCS, CEEAA;
Cathy Maloney-Hills, PT, DPT, TPS

The Spine Inured Athlete: From Injury To Return To Play May 2016
Robert G. Watkins III & IV, MD & Gary Vitti, ATC

Selective Functional Movement Assessment/FMS Dec 2015
Michael Voight, PT, DHSc, SCS, ATC, FAPTA & Brandon Giliam, PT, DPT, ATC

Diagnosis & Treatment of the Upper & Lower Quadrants Apr 2012
Brian Mulligan, FNZSP, Dip MT & Kevin Wilk, DPT

Chain Reaction Transformation Sep 2010
Gary Gray, PT & David Tiberio, PhD, PT, OCS

Shoulder Complex (w/ Cervical Spine): Australian Approach

Assessment & Treatment of Compression Neuropathies of the Upper Extremity

Core Training Continuum: From Isolation to Function

Joe Godges Orthopedic Physical Therapy Yearlong Manual Therapy 2003

Upper Extremity Sports Injuries & Common Injuries of the Young Athlete

Fundamentals of Upper Extremity Kinesio Taping
Wendy Burke & Cindy Bailey

Shirley Sahrman Diagnosis & Treatment of Movement Impairment Syndromes

CERTIFICATIONS/SKILLS

- Bilingual / Fluent in written and spoken Spanish
- CPR & Basic Life Support certification
- Strong manual therapy and functional/sport specific skills
- Experience with WebPT EMR, Ergonomic Assessment