

Pooja Thaker Lakhia

Physical Therapy Licensed Applicant

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- I am a passionate health care professional who strives to provide comprehensive care to all of my patients. I am looking for Physical Therapy Licensed Applicant.
- I have work experience as a Physical Therapist in a Multi-Specialty hospital in India for 3 years, where I have been treating patients for musculoskeletal, neurological, medical, and cardiopulmonary impairments. I worked as a PTA in Nursing home and with Home health agency in California for 2 years.
- I have experience developing a therapy program into a well-respected institution where students came in as trainees to earn their clinical hours. This also helped me to develop leadership skills.

Licensure Information

Licensed Physical Therapist Licensed Applicant for the state of California (2020)

Licensed Physical Therapy Assistant for the state of California. (2018)

Authorized to work in the US for any employer

Work Experience

Licensed Physical Therapist

RAMS WELLNESS Center - Anaheim, CA

June 2021 to Present

Performing Evaluations, UPOCs, Progress notes, Discharges, and treatments for patients with multiple ailments focusing on Pain management, Flexibility, strengthening, endurance, balance, functional status and various Skilled PT services and making the patient reach their goals.

Supervising PTA and PT aide for day to day treatment and patient engagement. Supervising and Making plans for Clinic and assisting with day to day Scheduling and managing relationship with patient.

Physical Therapy License Applicant

Meraki Rehab

June 2021 to February 2022

Performing evaluations, UPOCs, Progress notes, Discharges, and treatments for patients with multiple ailments focusing on Gait training, Balance training, Strengthening, Wheelchair training, Orthosis/ Prosthesis training, splinting, and various Skilled PT services and making the patient reach their goals. Assisted DOR with Rehab scheduling, Conducted several meetings for any patient and staff-related concerns including daily stand-ups, daily PPS, patient care plan, and weekly rehab meetings.

Physical Therapist Assistant

Meraki Rehab - Anaheim, CA

November 2018 to May 2021

- Working and scheduling patients in a large busy Facility with almost 250 beds.
- Patient treatment on multiple areas of concern like balance, gait training, different ways of ambulation, and transfer techniques.
- Treating patients in the Dementia Unit.
- Maintaining patient and Following Plan of care as directed by the Physical Therapist.

Physical Therapist

Nanavati Hospital - Mumbai, Maharashtra

September 2015 to June 2017

- Worked in Hospital ICU, NICU, ICCU and community rehab
- Planned and treated for patients with Cardiorespiratory, Neuro, Multisystem disorders in ICU setups as a team of ICU staff.
- Worked with patients suffering from debilitating conditions such as back pain, arthritis, fractures, sports injuries, head injuries, strokes, and cerebral palsy.
- Recommended and Created individualized home exercise programs for clients to improve health and wellness.
- Assisted patients with physical movements to help restore function and lessen pain and disability.
- Routinely perform diagnostic and prognostic exams to evaluate muscle, nerve, joint, and function abilities.
- Review physician referrals and patient medical records to formulate an accurate diagnosis and the best course of treatment.
- Customize and execute thoughtful treatment plans, tracking patient progress in week appointments and adjusting approaches as necessary.
- Construct, maintain and repair medical supportive devices.
- Administer treatment involving the application of physical agents, using equipment, moist packs, ultraviolet, and infrared lamps, and ultrasound machines.
- Inform patients when diagnosis reveals findings outside PT and refer to appropriate practitioners.
- Provide information to the patient about the proposed intervention, its material risks, and expected benefits and any reasonable association.

Physical Therapy Internship

SAL multispecialty government hospital - Ahmedabad, Gujarat

October 2014 to April 2015

India

- Examined and assessed patients in an outpatient setting
- Administered treatment programs for outpatient and inpatient settings
- Coached volunteer trainees
- Gained exposure to departments such as ICU, burns unit, orthopedic unit, neurology unit, cardiopulmonary, medical-surgical.

Physical Therapy Internship

Ahmedabad Institute of Medical Science - Ahmedabad, Gujarat

September 2014 to October 2014

India

- One month internship in the Outpatient department
- Assessed, documented and administered treatment
- Participated in case presentations.
- I worked with the Gujarat Cricket State Sports team assisting my supervisor.

Physical Therapist

Clinical Rotation

September 2012 to April 2014

Attended at various multispecialty hospital such as: Saved, Pang Manav Mandal, Civil government hospital

- Completed clinical rotations in Orthopedics & Plastic Surgery, Neurosurgery, oncology, Medical ICU, Cardiology, Pediatrics and Outpatient Department
- Assessed, documented cases and implemented appropriate treatment
- Participated in weekly case presentations

Education

Masters in Kinesiology in Kinesiology

California Baptist University

August 2017 to August 2018

Bachelors of Physical Therapy in Physical Therapy

Ahmedabad Institute of Medical Science

August 2010 to April 2015

Skills

- MEDICAL TERMINOLOGY
- PATIENT EDUCATION
- LEADERSHIP SKILLS
- MANAGERIAL
- Rehab
- Home Health
- Physical Therapy
- Anatomy Knowledge
- Dementia Care
- ICU Experience
- Critical Care Experience
- Nursing
- Medical Imaging
- Physiology Knowledge
- Hospital Experience
- Leadership
- Employee evaluation

- Discharge planning
- Communication skills
- Microsoft Excel
- Microsoft Powerpoint
- Microsoft Office
- Microsoft Word

Certifications and Licenses

Basic Life Support

Physical Therapist Assistant

CPR Certification

Physical Therapy Licensed Applicant

September 2020 to Present

Physical Therapy License

AED Certification

First Aid Certification

Additional Information

Skills:

- Leadership skills - Supervised Intern students and worked efficiently in different departments of the facility with the interdisciplinary team. Managed Unit of Neuro Rehab at Nanavati Hospital.
- Managerial skills - I have worked as an Assistant to Supervisor of Rehab at Nanavati Hospital
- Communication Skills- I have participated in meetings with Patients, patient family and other staff for working towards getting positive results for patient progress and be able to communicate and bridge the needs of the patient and hospital responsibilities. My patient load has been from common men to famous celebrities, and I have always tried to serve my best to all kind of populations.
- Patient education - Designing material for patient and family education.
- Health care skills - Advanced Anatomy Knowledge, Expert with medical terminology, Expert

with stretching and other fitness-related programs, yoga certified.