



# RANJ JAAF

CHIROPRACTOR/WELLNESS COACH

---

📞 215-584-7449

✉️ dr.jaaf@yahoo.com

📍 Orange County, CA  
Philadelphia, PA

## PROFESSIONAL SUMMARY

I am a seasoned Chiropractor with 6 years of experience in evaluating, treating and educating patients/clients on physical condition and lifestyle changes. I am skilled in interpreting diagnostic imaging, performing orthopedic tests and summarizing treatment options, nutrition, rehabilitation and fitness programs. Well-versed in business management, product management and revenue development to run successful multidisciplinary medical and wellness facilities. I hold strong communication, conflict resolution and relationship-building skills. Strong creative and analytical skills. Proficient in both online and traditional marketing approaches.

## SKILLS

- Diversified Chiropractic Manipulation
- Personal Training
- Personal Injury/Worker's Comp
- Nutrition
- Creative Direction
- E-Commerce
- Social Media Marketing
- Myofascial Release
- CPT/Medical Coding
- Group Fitness
- Medical Imaging
- Physiology/Anatomy Knowledge
- Medical Billing
- Trigger Point Therapy
- EMR/EHR Systems
- Strategic Marketing
- Product Promotion
- Medical office experience
- Pain Management
- Virtualization
- Microsoft Excel
- Health Coaching
- Webpage Coding & Design
- Sales Funnel Design

## EDUCATION

SOUTHERN CALIFORNIA UNIVERSITY OF HEALTH SCIENCES - WHITTIER, CA  
*Doctorate - Chiropractic (2017)*

TEMPLE UNIVERISITY - PHILADELPHIA, PA  
*Bachelor of Science - Kinesiology (2013)*

## LICENSES / CERTIFICATES

- Pennsylvania Board Certified Chiropractor
- California Board Certified Chiropractor
- NCSF Certified Personal Trainer

## REFERENCES

**DR. ZIAD ALAM**  
Owner, DC - Cedar-Pointe Chiropractic Group  
951-374-0000

**BAJIS ISSA**  
CEO - Infinite Training Systems  
714-398-6147

**DR. CHAD BEAUCHAMP**  
Owner, DPT - Repair Sports Institute  
714-813-8484

# EXPERIENCE & WORK HISTORY

## **CHIROPRACTOR**

### **Cedar Pointe Chiropractic Group**

**2022-Current (2023)**

- Assessed patients to identify musculoskeletal and spine disorders and developed therapeutic treatment plans to correct abnormalities.
- Conducted patient history reviews in addition to physical, neurological and orthopedic examinations to assess conditions and build differential diagnoses.
- Performed corrective manipulations to the spine or other articulations of the body to correct the musculoskeletal system primarily utilizing diversified technique or drop table.
- Managed personal injury case files daily.

## **CHIROPRACTOR/WELLNESS PHYSICIAN**

### **Repair Sports Institute - Huntington Beach, CA**

**2018 - 2021**

- Conducted patient history reviews in addition to physical, neurological and orthopedic examinations to assess conditions and build differential diagnoses.
- Assessed patients to identify musculoskeletal and spine disorders and developed therapeutic treatment plans to correct abnormalities.
- Performed corrective manipulations to the spine or other articulations of the body to correct the musculoskeletal system primarily utilizing diversified technique or drop table.
- Managed EHR documentation daily.
- Documented medical backgrounds and ordered diagnostic images when required.
- Engaged, guided and coached new employees on multidisciplinary office policies, procedures, medical innovations and patient communications.
- Managed health fair activities to expose potential customers to health and wellness businesses.
- Carried out needs-assessments or surveys to determine level of interest and satisfaction with wellness patient care and fitness programs, events or services.

## **OWNER/CHIROPRACTOR**

### **Dr. Ranj Jaaf DC Chiropractic - Costa Mesa, CA**

**2016-2021**

- Counseled patients on lifestyle choices, impacting injuries, potential conditions and phased recovery approaches.
- Educated patients and caregivers on diagnosis, medications and treatment options.
- Implemented pain management strategies and specialized operations to improve patient health and reach recovery objectives.
- Managed daily operations for chiropractic and rehabilitation services.
- Effectively treated, documented, and managed all aspects of patient's care plans and/or fitness programs.

## **EXPERIENCE & WORK HISTORY CONT.**

### **OWNER/MASTER TRAINER**

**Body By Jaaf - Personal Training - Web Based**

**2015-2021**

- Developed self branded mobile application and website with successful purchasing funnel for multi-client training/coaching.
- Designed specific workout routines and nutrition plans for individual clients based on ability and goals.
- Applied performance data to evaluate and improve operations, target current business conditions and forecast needs.
- Bolstered customer satisfaction ratings by managing issues and providing dedicated service/support.
- Directed clients on proper form, progressions, regressions and contraindicated movements for participants with ailments.
- Achieved improvements for clients by designing optimal wellness plans and organizing schedules to promote consistency.
- Educated clients on importance of nutrition, lifestyle changes, and body composition control.