

SARAH ALFON D.C.

PROFESSIONAL SUMMARY

Dr. Sarah Alfon is a hardworking healthcare leader with 6+ years of experience in chiropractic care. Dr. Sarah says her hardworking attitude comes from growing up on a family farm in central Illinois. Her small town is where she met her high school sweetheart and has since been with for 20 years. She had her first son at 18 years of age but continued to complete her bachelor's in science and Doctor of Chiropractic degrees at Palmer College of Chiropractic in Davenport, IA in February of 2015. Dr. Sarah Alfon is the mother of 2 boys and enjoys spending her free time with her family, cooking, and working out. Dr. Sarah provides chiropractic care for the entire family, from infants to seniors, to expecting mothers, with a specialty in personal injury. She is skilled in performing and interpreting x-rays, completing evaluations and diagnosing disorders. Dr. Sarah is committed to providing quality care and treating each individual patient like her own family.

WORK HISTORY

Associate Chiropractor, 03/2021 to Current

Integrated Medical Center - Hemet, San Bernardino, Corona, Riverside

- Conducted patient history reviews and physical, neurological and orthopaedic examinations to assess conditions and present disorders.
- Accessed and documented medical backgrounds and ordered diagnostic images to determine health problems.
- Evaluated functioning of neuromusculoskeletal system and spine using systems of chiropractic diagnosis.
- Diagnosed neuromusculoskeletal conditions and performed corrective adjustments.
- Treated 200-250 patients weekly and accurately documented and maintained patient notes and charts.
- Assessed patients to identify musculoskeletal and spine disorders and developed therapeutic treatment plans to correct abnormalities.
- Member of a personal injury network

Associate Chiropractor, 07/2015 to 03/2021

Agape Wellness Center - Costa Mesa, Orange

- Conducted patient history reviews and physical, neurological and orthopaedic examinations to assess conditions and present disorders.
- Accessed and documented medical backgrounds and ordered diagnostic images to determine health problems.

CONTACT

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SKILLS

- Diagnostics skills
 - Team leadership
 - Patient examinations
 - X-ray procedures
 - Treatment plan development
 - Patient rapport building
 - Patient documentation
 - Diagnostic testing
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- Evaluated functioning of neuromusculoskeletal system and spine using systems of chiropractic diagnosis.
 - Diagnosed neuromusculoskeletal conditions and performed corrective adjustments.
 - Assessed patients to identify musculoskeletal and spine disorders and developed therapeutic treatment plans to correct abnormalities.
 - Improved patients' quality of life, proposing environmental adaptations in patient homes to enable maximally independent living.
 - Performed x-ray studies on patients and reviewed findings to determine specific treatment plans
 - Treated variety of patients ranging from infants to elderly, specializing in personal injury and spinal decompression.
 - Treated 200-250 patients weekly and accurately documented and maintained patient notes and charts.
 - Member of a personal injury network
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EDUCATION

General Education

Scott Community College - Bettendorf, IA

Doctor of Chiropractic, Chiropractic, 02/2015

Palmer College of Chiropractic - Davenport, Iowa

Bachelor of Science, Science, 02/2015

Palmer College of Chiropractic - Davenport, Iowa
