

EDUCATION

Graduate School of Management, UC DAVIS Master of Business Administration (MBA)	Davis, California, United States	2019~2023
Medical School of University College London Master of Sports and Exercise Medicine	London, United Kingdom	2007~2008
Sun Yat-sen Medical University Surgery Science	Guangzhou, Guangdong, China	2003~2007
Sun Yat-sen Medical University Clinical Science of Medicine (MD equivalent)	Guangzhou, Guangdong, China	1994~1999

PROFESSIONAL EXPERIENCE

Ortho-Gen Pain Management and Sports Medicine Oct 2018 to now

1600 Creekside Drive, Suite 2400, Folsom, CA 95630

Founder, President and Medical Director

- Medical Necessity Reviews and Compliance
- critical concerning resource utilization and medical necessity.
- Develop and review the consistent delivery of treatment protocols and guidelines
- Develop and oversee the clinical policies and procedures
- Oversee the approved protocols and the documents authorizing the scope of practice for non-physician providers
- Covering cases from chronic pain management, worker's compensation, personal injuries, headache management
- Advocacy for American Migraine Foundation, Headache on the Hills
- sports injuries and preventions with professional athletes in Olympics ATP, PGA, NBA, UFC, Premier League and other leagues/associations with regenerative medicine and cell therapy

Pacific Spine and Pain Society Oct 2023 to now

<https://pacificspineandpainsociety.com/>

Co-chair for Leadership Immersion Track (LIT) and member of Education Committee

- Program Development and Strategy. Collaborate with fellow Co-chair and leadership to develop the overall vision, goals, and curriculum of the LIT. Identify emerging topics and trends in pain management and leadership to incorporate into the program
- Curriculum Design and Implementation. Contribute to the creation of an innovative and evidence-based curriculum that enhances leadership skills relevant to pain management specialists
- Facilitating Learning and Engagement. Serve as a mentor and advisor to LIT participants, fostering professional development and leadership growth. Coordinate with expert speakers and thought leaders to provide high-quality content and interactive sessions.
- Assist in the logistical planning of sessions, including scheduling, content delivery methods, and coordinating materials. Collaborate with support staff and administrative teams to organize
- Collaboration and Stakeholder Management. Work closely with other committees within the Pacific Spine & Pain Society (PSPS) to ensure alignment and continuity between LIT and other initiatives. Establish partnerships with external organizations to broaden the scope of leadership training opportunities.
- Advocacy and Outreach. Represent LIT at regional and national events to promote the program and its benefits to pain management professionals. Engage with current and prospective participants to increase enrollment and foster an inclusive leadership community.

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CARE-Fall

Medical Development Advisor

Oct 2023 to now

CAREfall provides AI-driven predictive monitoring solutions for patient safety, focusing on real-time fall detection and automated reporting.

- **Clinical Expertise Integration:** Collaborate with engineers to ensure the technology aligns with clinical needs for fall prevention and patient safety.
- **Research and Development:** Advise on new medical approaches, technologies, and applications for improving fall detection systems.
- **Stakeholder Communication:** Act as a liaison between healthcare professionals and product developers, translating medical needs into technical requirements.
- **Regulatory Guidance:** Ensure product compliance with healthcare regulations and standards.
- **Educational Outreach:** Develop training materials for clinicians and users, focusing on effective implementation and use of CAREFall's technologies.

Recovery & Resilience Centers

1199 Bush St Ste 450 San Francisco, CA 94109

Cofounder and Chief Medical Officer

March 2020 to now

Recovery & Resilience Centers in San Francisco specializes in opioid addiction treatment through Medication Assisted Treatment (MAT) with psychotherapy, ensuring effective recovery and long-term resilience.

- Lead clinical operations, ensure compliance, and align strategic goals for addiction and rehabilitation services.
- Oversee Medication Assisted Treatment (MAT) and psychotherapy integration for person-centered care.
- Mentor multidisciplinary teams, fostering collaboration and maintaining high-quality care standards
- Promote community outreach, patient education, and continuous quality improvement for optimal outcomes.

Science of Performance (SOP)

Sep 2014 to now

Co-founder and Chief Medical Officer

Science of Performance (SOP) specializes in optimizing athlete health and performance at all levels, driving sports medicine innovation through research, collaboration, and adherence to regulatory standards, while fostering industry partnerships to expand its influence.

- **Athlete Care & Performance Enhancement:** Oversee comprehensive athlete care, including injury prevention, diagnosis, rehabilitation, and return-to-play strategies, utilizing cutting-edge sports medicine and regenerative techniques to optimize health and peak performance. Cases varies from amateur, semi-pro and professional athletes from Olympics, NBA, ATP, PGA, UFC and other professional sports league.
- **Leadership & Team Collaboration:** Lead and mentor a multidisciplinary medical team, integrating expertise from physiotherapists, strength coaches, dietitians, and sports psychologists to deliver holistic athlete care and performance solutions.
- **Research, Innovation & Compliance:** Drive innovation in sports medicine through research and collaboration, ensuring compliance with regulatory standards, ethical guidelines, and best practices in athlete health monitoring and anti-doping.
- **Business Development & Stakeholder Engagement:** Contribute to SOP's growth by developing new business channels, engaging with sports organizations, fostering

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partnerships, and representing SOP in key industry events to promote expertise and expand influence.

University of California Graduate School of Management Healthcare Council

President

March 2019 to Jan 2021

- Represent the Healthcare Council, and designate other officers or be present at club-sponsored events
- Supervise and manage events with channels, members, alumni for potential business opportunities
- Manage UC health incubator program for healthcare startup

Beachbody

March 2022 to June 2022

Beachbody LLC 3301 Exposition Blvd. Santa Monica, CA 90404 USA

Business analyst, consultant and medical advisor

Beachbody LLC is a leading home fitness company offering popular workout programs like P90X and nutritional products such as Shakeology. Through its Beachbody On Demand platform, it provides digital subscriptions for a variety of workouts, supported by a community-based "Coach" model.

- Strategic planning and market research with UC Davis Business School
- Analyzing financial data for decision making about investments, pricing, and budgeting for financial projections, analyzing profit margins, and identifying opportunities for cost savings.
- improve operations to increase efficiency and effectiveness, identifying areas for process improvement, developing standard operating procedures, and implementing new technologies to improve operations.
- Developing partnerships and collaborations in the fitness industry, identifying potential partners, negotiating partnerships, and developing joint marketing campaigns.

Advanced Pain Diagnostic and Solutions

729 Sunrise Ave, #602, Roseville, CA 95661

Nov 2017 to Oct 2018

Associate Medical Director and co-chair of Board of Advisors

- Develop and review the consistent delivery of APDSS treatment protocols and guidelines
- Develop and oversee the clinical policies and procedures
- Oversee the patient screening protocols and the execution of those protocols by new patient admission staff
- Oversee the approved protocols and the documents authorizing the scope of practice for non-physician providers
- Develop and oversee clinical projects

Advanced Pain Diagnostic and Solutions

729 Sunrise Ave, #602, Roseville, CA 95661

Sep 2017 to Oct 2018

Staffed Pain Management Specialist

- Pain related disorders management with consultation, medications and interventions
- Maintaining and update in-service guidelines
- Training of medical assistants and midlevel providers
- Managing Academic symposiums

Central Valley Pain Management

6401 Truxtun Ave # B, Bakersfield, CA 93309

Dec 2015 to now

Pain Management clinical fellow and Pain Staff Physician and Medical Director since July 2023

- Pain related disorders management with consultation, medications, interventions and procedures
- Interventions include cervical/thoracic/lumbar epidural steroid injection, facet joint block, medial branch block/abrasion, joint injection and spinal cord implantation.
- Supervising Pain Management centers in Fresno, Visalia and Bakersfield

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- Training of medical treatment team including, MDs, medical assistants and physician assistants
- Academic symposiums with other providers

Robert Wood Johnson University Hospital

New Brunswick, New Jersey, United States

July 2014 to July 2015

PGY2 Adult Neurology Resident

- Rotate through the inpatient neurology services at Robert Wood Johnson University Hospital, including in Neuro-ICU, General Neurology and Stroke/Vascular Neurology.
- Resident clinic once a week supervised by Neurology attending, overnight independent call every 3 to 4 days.
- Elective rotations finished in Epilepsy, Movement disorders and Multiple Sclerosis
- Supervise and manage medical students in service

Brookdale University Hospital Medical Center

Brooklyn, New York, United States

July 2013 to June 2014

PGY1 Medical Resident

- Rotate through the inpatient General Medicine services
- Elective rotations finished in ICU, Infectious Disease, Respiratory, Nephrology and Emergency Room service Supervise and manage medical students in service
- Resident clinic once a week supervised by attending, overnight independent call as night float

United Kingdom Department of Health

London, United Kingdom

July 2011 to July 2013

Medical Consultant in Sports and Exercise Medicine

- Work with International Olympic Committee (IOC) and British Council to investigate the Far East market with market research, interviews, business meetings, seminars etc, composing reports and guidelines for strategy formulation.
- Set up international Sports Medicine academic and business conferences in Beijing, Hong Kong, Kuala Lumpur and other central cities in East Asia
- Supervise and manage academic institutions of Sports and Exercise Medicine in China under the IOC Scheme for sports injury preventions, professional career planning, and medical support for travel professional athletes and sports events

Hong Kong Medicexpress

Hong Kong, China

July 2010 to July 2013

Consultant Sports Doctor, Director of the Sports Medicine Department

- Provide medical consultation and treatment in Sports and Exercise Medicine
- Design, supervise and execute local and oversea rehabilitation of China's elite athletes
- Co-manage sports events with Association of Tennis Professional, Chinese Basketball Association, Chinese Golf Association, Suns Sports, etc

Ortholing Interpretation Inc

Guangzhou, China

July 2010 to July 2012

Cofounder, Chief Executive Officer and Chief Education Officer

- Leading and training simultaneous interpretation providers
- Serving International Olympic Committee, British Consulate General, British Council, Ministry of Human Resources of China, and other companies and institutions for consulting and linguistic support
- marketing and managing summer and winter camp for interpretation training

Guangdong General Hospital

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Guangzhou, Guangdong, China

July 2005 to July 2010

Attending Orthopedic Surgeon

- Consultation and treatment of Sports injuries and joint disorders
- Coordinated training to residents and medical interns
- Worked as Lecturer in the affiliated Orthopedic courses

Odense University Hospital

Odense, Denmark
2006

September 2006 to December

Orthopedic Fellow

- Reviewed medical records and collect adolescent scoliosis information
- Provided clinical research methodology consult
- Assisted in major operations of joints and spine

Guangdong General Hospital

Guangzhou, Guangdong, China

July 2004 to July 2005

Chief Orthopedic Surgery Resident

- Managed Orthopedic cases
- Managed Orthopedic ward
- Assisted Orthopedic operations
- On-call duty for Orthopedic consultation
- Instructed medical interns and rotating training surgeon

Guangdong General Hospital, Guangzhou, Guangdong, China

July 1999 to July 2004

Orthopedic Resident

- Underwent rotating training in operative and related departments, which include Orthopedics, General Surgery, Plastic Surgery, Plastic Surgery, Burn Surgery, Neurosurgery, Urinary Surgery, ICU, Cardiac Surgery, Thoracic Surgery, Emergency Department, Radiography Department and Anaesthesia Department

Sun Yat-sen Memorial Hospital, Guangzhou, Guangdong, China

July 1998 to Sep 1999

Medical Intern

- Rotated in Internal Medicine departments and surgery departments
- Admitted new patients, established diagnosis, arranged consultations
- Assisted in implementing treatments, including major surgical procedures and laparoscopy
- Conducted patient discharging education, carried on follow-up visits

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OTHER PROFESSIONAL TRAINING

Certification training for Titleist Performance Institute (Level 3 Medical)

Oceanside, California 2021 to 2023

Core Subjects: Anatomy and Biomechanic, Golf-Specific Assessment, Exercise Science, Nutrition, Psychology and Coaching, Business and Marketing

Interventional Pain Management Fellowship Training

Fresno, Visalia and Bakersfield, California Dec 2015 to Oct 2017

Core Subjects: Pain Management Principles, Anatomy and Physiology, Imaging and Diagnostic Techniques, Interventional Pain Procedures, Patient Assessment and Management, Professionalism and Ethics

Level 3 training for Personal Training in Sports Science

Burroughs, United Kingdom August, 2008

Core Subjects: Anatomy and Physiology, Principles of Exercise, Fitness, and Health, Nutrition and Weight Management, Client Assessment and Screening, Program Design and Delivery, Professionalism and Business

AO Advances in Operative Fracture Management

Fuzhou, Fujian, China March 10~12 2006

Core Subjects: articular fractures, diaphyseal fractures, pelvis injuries, acetabular fractures

AO Spine International Advanced Course

Sun Yat-sen Memorial Hospital, Guangzhou, Guangdong, China July 18~19 2005

Core Subjects: management of single and multiple level cervical degenerative diseases, degenerative disc diseases, artificial cervical and lumbar disc, spondylolisthesis

Spine Advanced Seminar

Depuy Spine China Learning Center, Shanghai, China April 15 to 17, 2004

Core Subjects: kyphosis of thoracolumbar area, degenerative disease of spine, spinal deformity, scoliosis, revision of cervical internal fixation

Basic Trauma Course of AO/ASIF

Jiangxi Provincial People's Hospital Nanchang, Jiangxi, China June 19 to 22, 2004

Core Subjects: AO/ASIF key principles in trauma, DHS, intramedullary locking screw and Dynamic Compression plate

PROFESSIONAL MEMBERSHIP

- Member of Pacific Spine and Pain Society (PSPS) since 2021
- Member of Titleist Performance Institute since 2018
- Member of American Academy of Neurology since 2014
- Member of Chinese Medical Association since 1999
- Member of Chinese Orthopedic Association since 2002
- Member of Guangdong Provincial Medical Association since 2004
- Associate member of International Society of Orthopedic Surgery and Traumatology (SICOT) since 2005
- Associate member of Association of the Study of Internal Fixation (AO/ASIF) since 2006

AWARDS

- Chevening Scholarship (2007), awarded to one who viewed as a potential leader of China by Foreign and Commonwealth Office of United Kingdom
- Outstanding Volunteer of Guangzhou City, China(2007)
- Outstanding Volunteer of Yuexiu District of Guangzhou City, Guangdong, China (2007)
- Award for Outstanding Team Leader of Volunteers of Guangdong Provincial People's Hospital (2006)
- Award of Outstanding Young Worker / Doctor of Guangdong Provincial People's Hospital(2005, 2006)
- Award for Excellent Performance in the Orthopedic Department(2003,2004,2005)
- Award for Excellent Performance in Anti-SARS Campaign(2003)
- Gold Prize of the Medical Education Scholarship from Sun Yat-sen University(1997~1998), awarded to students with the highest academic performance and compassion in patient care during the overall 5 years of medical university

Publications

- Spinal Cord Stimulation for the Treatment of Complex Regional Pain Syndrome: A Systematic Review of the Literature
Accepted by Interventional Pain Management (IPM) with Dr Ryan Mattie
- Evaluation of Key Measurements in a Phone Telemedicine Model Designed and Implemented During the Covid-19 Pandemic: A Pilot Study in a Pain Management Clinic
presented in 2022 annual meeting of Pacific Spine and Pain Society
- Posteriorly hemivertebra resection and internal fixation of the congenital scoliosis. Orthopedic Journal of China, 03(17):78-82, 2009
 - Physical Activity Level study in the menopause women subjects. The surgeon: journal of the Royal Colleges of Surgeons of Edinburgh and Ireland, 2008
- Utilizing Short Pedicle Screws in the Management of Acute Thoracolumbar Fractures. Poster in 28th Guangdong Annual Orthopedic Meeting, 2004
- Comparison of the Surgical and the Conservative Treatments in the intertrochanteric fractures in elderly. 24, 1215-1216, 2003

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CREDENTIALS AND EXAMS

ECFMG Certified

Medical License in California and Washington States, credentials with major medical license network

Fluoroscopy Supervisor permit in California

Level 3 Medical Professional as Titleist Performance Institute (TPI)

USMLE: Step 1	passed	23, July, 2012;
Step 2 CK	passed	2, July, 2012;
Step 2 CS	Passed	1, Feb, 2012;
Step 3	Passed	Aug, 2015

SKILLS

Native speaker of Cantonese and Mandarin; Fluent in English