

Dr. Brandon Partovy DC

Highlights of Qualifications:

- Current owner and director of Activate Health, a holistic chiropractic practice specializing in posture, mobility, functional strength training, breathwork, nutrition, and meditation
- 6 months working for Cloud chiropractic as a chiropractor specializing in personal injury cases including x-ray and final report writing
- 5 months working for Stark health as a chiropractic mobility doctor on an integrative health team serving high profile patients in Beverly Hills and West Hollywood
- 8 years extensive experience as a holistic health and mobility coach in both a private and corporate setting
- 1 year experience interning as a student chiropractor serving high profile clients in Beverly Hills
- 3 years working as a contractor for NBC universal studios assisting with corporate wellness consulting and workplace ergonomics
- 10 years leading black belt competition teams through conditioning, technical training, sport psychology, and in competition fighting

Educated and experienced in employing a vast array of coaching and therapeutic modalities for mobility, breathing, nutrition, and meditation informed by a doctoral level of understanding of human anatomy, and physiology

Well-developed organizational skills

Trained and experienced in marketing and sales by PHP Agency as well as leading a sales team

Effective communication skills, attention to detail, work ethic, and adaptability

Ability to manage several tasks; developed by roles and within various organizations while being a full time student in a rigorous graduate program

Lifelong dedication and passion for deepening understanding of human movement and how to

Education and Certifications:

Graduated from SCUHS as a Doctor of Chiropractic Medicine

FRC/FRA/Kinstretch Certified Mobility Specialist

PRI Postural Coach certified

XPT Breathing Performance Coach certified

Precision Nutrition level 1 certified

Animal Flow level 1 and level 2 certified

WCO Street sport Calisthenics level 1 and 2 certified

(CPR) and **(AED)** certified by the American Heart Association

Certified by the National Academy of Sports Medicine (NASM) in:

(CPT) Certified Personal Trainer

(CES) Correctional Exercise Specialist

(BCS) Behavioral Change Specialist

(MMACS) Mixed Martial Arts Conditioning Specialist

Work Experience:

Owner and Director of Activate Health.....01/01/26 - Present

I provide comprehensive musculoskeletal evaluation and conservative management using detailed orthopedic assessment, biomechanical analysis, and functional movement testing. I Integrate manual therapy, rehabilitation, and performance-based corrective exercise to restore joint mechanics, improve tissue capacity, and enhance overall human function. My approach emphasizes objective findings, measurable outcomes, and individualized care plans grounded in current evidence and clinical reasoning.

Chiropractic Doctor at Cloud Chiropractic.....03/2025 - 09/2025

Directed a team of nurses and chiropractors to deliver quality care to both personal injury and cash patients. Assisted in both direct care and report writing.

Chiropractic Doctor/Mobility Specialist at Stark Health.....07/2024 - 01/2025

Worked as part of an integrative health team alongside naturopaths and coaches serving high profile patients in Beverly Hills and West Hollywood. Developed exercise programs and modifications based off of patient diagnosis and worked directly with patients in order to improve orthopedic health.

Master trainer at Eos Fitness San Diego.....08/2016 – 07/2018

Worked as a trainer developing clients in their overall fitness goals as well as improving their wellness and longevity through movement and mobility training

Assisted with trainer education in wellness modalities

Insurance Broker, People Helping People.....11/2012 - 04/2014

Worked to help educate families on life/health insurance options

Taught seminars on sales tactics

Voted best new broker

Martial Arts Instructor, USA Martial Arts Center06/2011 – 07/2015

Head instructor

Managed class schedules, curriculum and other instructors

Worked with all ages ranging between 6 and 60

Local, national, and international competition team coach

Black belt competition team captain

Additional Skills and Qualifications:

Bilingual in Farsi and English

Trained in Vipassana meditation through a 10 day silent meditation course

Certified CA life and health insurance broker

Brazilian Jiu Jitsu blue belt

2013 2nd place champion in Mens 18-34 year old -68kg division in fighting at the Maccabiah Olympics in Israel

Judge and Referee certified by World Karate Federation

Certified Third Degree black belt in traditional Japanese and Okinawan karate by the World Kanzen Budo Kai Federation

Competed in multiple national and international traditional karate championships