

Bryan Garcia, PT, DPT

Professional Summary

Doctor of Physical Therapy with a clinical focus on orthopedic rehabilitation, chronic pain, and occupational injuries. Experienced in functional restoration programs and interdisciplinary care models addressing complex musculoskeletal conditions. Demonstrates strong clinical reasoning, patient-centered care, and outcomes-based treatment planning across diverse patient populations, including work-related and motor vehicle accident injuries.

Education

Doctor of Physical Therapy
University of St. Augustine - 2015

Associate of Science, Physical Therapist Assistant
San Diego Mesa College - 2011

Bachelor of Science, Kinesiology
San Diego State University - 2008

Licensure & Certifications

Licensed Physical Therapist - California

American Heart Association (AHA)
Basic Life Support (BLS), CPR & AED Certified

Clinical Experience

Physical Therapist

Serenity Healthcare Partners - Los Angeles, CA
June 2022 - Present

Provide rehabilitation within a functional restoration program targeting chronic pain and complex musculoskeletal conditions

Collaborate within an interdisciplinary team to address physical, psychological, and functional barriers to recovery

- Perform comprehensive evaluations, re-evaluations, and outcome tracking to guide treatment progression
 - Implement individualized treatment plans focused on restoring functional capacity and improving quality of life
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Physical Therapist

Luna Physical Therapy - Los Angeles, CA

September 2021 - August 2022

Delivered mobile outpatient physical therapy services in home-based settings

Evaluated and treated a wide range of orthopedic and neuromuscular conditions

Developed patient-centered plans of care with emphasis on functional independence and pain reduction

Maintained thorough and compliant clinical documentation

Physical Therapist

California Aquatic Therapy & Wellness – Long Beach, CA

June 2021 - August 2021

Designed and implemented aquatic therapy programs for patients with orthopedic and chronic pain conditions

Utilized buoyancy-assisted interventions to improve mobility and reduce joint loading

Monitored patient progress and adjusted treatment interventions accordingly

Physical Therapist

ProHealth Occupational Medical Group - Mission Hills, CA

January 2018 - November 2020

Evaluated and treated patients with occupational injuries and work-related musculoskeletal disorders

Progressed patients through all phases of rehabilitation with emphasis on return-to-work readiness

Conducted ongoing reassessments and modified interventions based on objective findings

Collaborated with medical providers and case managers in occupational health settings

Physical Therapist

Samimi Orthopedic Group - West Covina, CA

June 2017 - January 2018

Provided post-operative and non-operative orthopedic rehabilitation

Developed treatment plans based on surgical protocols and physician recommendations

Coordinated care with interdisciplinary healthcare providers

Areas of Clinical Expertise

Orthopedic Rehabilitation

Spine and Musculoskeletal Disorders

Chronic Pain Management

Functional Restoration Programs

Occupational and Work-Related Injuries

Return-to-Work Rehabilitation

Manual Therapy Techniques