

## **Dr. Christopher C. Erickson, DPT, Cert MDT**

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CA License No: 307544

Status: Active | No disciplinary actions

### **Professional Summary**

Doctor of Physical Therapy with over 17 years of experience in orthopedics, musculoskeletal rehabilitation, and wellness care. Specializes in spine, disc, and peripheral joint conditions using evidence-based approaches, including Mechanical Diagnosis and Therapy (McKenzie Method). Passionate about patient education and empowering clients through customized treatment and fitness plans. Proven leader and clinic owner with extensive experience in both in-person and virtual care.

### **Licensure**

Physical Therapist – California

License No: 307544

Issued: February 5, 2025 | Expires: January 31, 2027

Status: Current | No disciplinary actions

### **Certifications**

- Certified in Mechanical Diagnosis and Therapy (MDT), McKenzie Institute
- Certified Athletic Trainer (ATC)
- Certified Strength and Conditioning Specialist (CSCS)

### **Education**

Clarke University, Dubuque, IA

Doctorate of Physical Therapy (DPT), May 2007

Augustana University, Sioux Falls, SD

Bachelor's in Athletic Training / Exercise Science, May 2002

### **Professional Experience**

- EHS Physical Therapy and Chiropractic – Owner / Physical Therapist

Feb 2019 – Present | Omaha, NE

- Operate a multidisciplinary orthopedic clinic combining PT and chiropractic care
- Specialize in spine and extremity soft tissue injuries
- Deliver in-clinic and concierge mobile services
- Develop fitness, wellness, and nutrition programs for clients
- Virtual Physical Therapists – Online Physical Therapist

Jan 2020 – Present | Remote

- Provide virtual PT services to diverse populations, including CA correctional system
- Utilize MDT principles to deliver care through telehealth platforms
- Herniated Disc Fix – Founder / Coach

Jan 2022 – Present | Remote

- Created a digital platform offering education, coaching, and rehab for spine conditions
- Advocate for non-invasive recovery from disc injuries through personalized online guidance
- Integrated Rehab – Owner / Physical Therapist

Feb 2013 – Feb 2019 | Omaha, NE

- Ran a multidisciplinary clinic providing PT, chiropractic, occupational medicine, and DOT exams
- Treated mechanical and soft tissue conditions of spine and extremities
- Physiotherapy Associates – Rehab Director / Physical Therapist

Dec 2011 – Jan 2013 | Omaha, NE

- Opened and managed a new PT clinic inside a fitness facility
- Directed care delivery and business operations
- Concentra – Rehab Director / Physical Therapist

Aug 2010 – Dec 2011 | Omaha, NE

- Managed rehab services for work comp injuries
- Implemented workplace wellness and injury prevention programs
- Carlsbad Physical Therapy – Staff Physical Therapist

Jul 2007 – Jul 2010 | Carlsbad, NM

- Gained foundational ortho experience
- Mentored under clinic owner while adopting McKenzie Method