

David Lipsitt, Psy.D., Q.M.E.

Clinical Psychologist

Licensed in California (#PSY32716),
Massachusetts (#PSY9265),
and Hawaii (#PSY1394).

Qualified Medical Evaluator

(CA Dept of Industrial Relations
Certification #QME195278)
Serving on state-appointed panel
to provide workers compensation
evaluations in cases of legally
contested industrial injury.

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EDUCATION, GRADUATE, & POST-GRADUATE TRAINING

Doctor of Psychology (Psy.D.), Clinical Psychology, 2008
William James College, Newton, MA; APA-accredited doctoral program

Predoctoral Intern, Clinical Psychology, 2006-2008
*The Brenner Center for Psychological Assessment & Consultation, Newton, MA
Inaugural class of internship that subsequently became APA-accredited*

Postdoctoral Fellow, Clinical Psychology & Neurodevelopment, 2008-2009
McLean Hospital, Belmont, MA; Department of Psychiatry, Harvard Medical School

Bachelor of Arts (B.A.), Dramatic Literature, 1999
George Washington University, Washington, D.C.

CLINICAL EXPERIENCE

MindSpan San Diego, Inc., San Diego, CA

2021 – Present

Owner/Director

- Conducting workers compensation evaluations as a state-appointed QME for psychologically complex, contested cases of industrial injury; and providing comprehensive medical-legal reports.

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- QME evaluations are informed by extensive experience in neuropsychological testing and psychotherapy treatment across a broad range of populations. The clinical orientation of previously provided psychotherapy integrated Cognitive Behavioral Therapy (CBT) and associated interventions (i.e., Motivational Interviewing, Exposure and Response Prevention), Acceptance and Commitment Therapy (ACT), mindfulness training, social pragmatics, various psychodynamic approaches, and psychoeducational solution-focused approaches. QME evaluations are further informed by clinical experience in hospital and primary care settings (listed below), and a continued commitment to Health Psychology and neuroscientific research.
- Attending monthly clinical rounds with QME mentors and colleagues (associated with Equity Evaluations, Inc.) for consultation and skill-refinement.
- Attending virtual monthly grand rounds and biweekly CE programming of *Hawaii Psychological Association* – member 2013-present.
- Previously (2020-2023) provided neuropsychological evaluations (to determine the presence of learning disabilities/differences, attention problems, and neurodevelopmental conditions, such as autism), for children, adolescents, and adults.

The Green Room Psychological Services, Inc., San Diego, CA

Senior Psychologist, Psychological Evaluator, September 2020 – Present

- Conducting comprehensive psychiatric evaluations and writing medical-legal reports with respect to the following:
 - Personal injury and civil cases, including pre-surgical clearance.
 - Complex immigration cases pertaining to hardship waivers, asylum, U-visa, T-visa, Violence Against Women Act, and USCIS form N-648 (medical exemption certificate for disability exceptions).
 - Disability benefits for U.S. military veterans and active-duty service members, including Disability Benefits Questionnaire (DBQ) exams and Independent Medical Opinions (IMO).
- Intermittently providing clinical supervision for predoctoral and postdoctoral psychological assistants, as a secondary or on-call supervisor.
- Previously (2020-2023) provided psychotherapy treatments within a health psychology orientation, and as appropriate, integrated cognitive-behavioral and insight-oriented approaches; and, neuropsychological evaluations (to determine the presence of learning disabilities/differences, attention problems, and neurodevelopmental conditions, such as autism), for children, adolescents, and adults.

David Lipsitt, Psy.D., Belmont and Newton, MA

Psychologist in Private Practice, 2010 – 2020

- Provided neuropsychological, neurodevelopmental, educational, and social-emotional testing/assessment for children, adolescents, and adults – via in-person and telehealth video sessions.
- Specialized in Health Psychology approach to assessing disorders of mood, anxiety, attention (i.e., ADHD subtypes), learning (i.e., dyslexia, dysgraphia, dyscalculia, nonverbal learning disorder), autism spectrum, and posttraumatic stress (PTSD).
- Specialized, additionally, in assessing common transdiagnostic concerns that include temperamental hypersensitivity, i.e., Highly Sensitive Children (HSC), Highly Sensitive Adults (HSA); Broader Autism Phenotype (BAP); sensory processing challenges; complex posttraumatic stress; and, behavioral addictions to technology and media.

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Harvard Vanguard Medical Associates, Atrius Health, Wellesley, MA

Pediatric & Adult Psychologist, October 2014 – December 2020

- Provided psychotherapeutic interventions within the Behavioral Health Department (BH) of a multi-specialty, primary medical care clinic – serving a socioeconomically and culturally diverse population in suburban Boston. (Specific interventions within an integrative theoretical/clinical orientation include CBT, ACT, Health Psychology, and others described previously.)
- Served as Triage Team Leader, facilitating weekly triage-staff meetings, and overseeing the disposition of patients referred to BH, based on clinical concern and urgency.
- Provided preliminary diagnostic assessment for Attention-Deficit/Hyperactivity Disorder (ADHD), as a prerequisite for patients seeking a psychiatric medication evaluation.
- Led psychoeducational therapy groups for adults with ADHD symptomatology.
- Routinely collaborated with multidisciplinary clinicians (i.e., psychiatrists, psychiatric nurses, neurologists, primary care physicians, pediatricians, social workers, speech pathologists, nutritionists) to support patients with multifactorial symptomatology. Contributed to case presentations at clinical staff meetings.
- Provided clinical supervision to postdoctoral psychology fellows. Presented training seminar to fellows on executive functioning and ADHD interventions.

The LD and ADHD Center of Hawaii, Honolulu, HI

Clinical Psychologist, June 2013 – June 2014

- Provided neuropsychological and educational evaluations, as well as psychotherapy for children, adolescents, and adults in a multicultural community, at times collaborating with in-session translators to overcome language barriers.
- Served clinical population presenting with a range of concerns, such as disorders of mood, anxiety, attention, learning, autism spectrum, and trauma – including PTSD-diagnosed veterans and their families.
- Provided clinical supervision to predoctoral psychology interns.

The Hallowell Center/ADHD Boston, Needham, MA

Clinical Psychologist, January 2009 – May 2013

- Provided various modalities of psychotherapy for children, adolescents, college students, and adults in an ADHD-specialty clinic, founded by Ned Hallowell, MD.
- Predominantly assessed and treated patients diagnosed with attention disorders, along with a range of secondary concerns pertaining to mood, anxiety, addictions, relationship challenges, and learning differences.
- Collaborated with multidisciplinary staff (i.e., psychiatrist, neuropsychologist, social worker, educational consultant, speech pathologist), and contributed to case presentations at clinical meetings.

McLean Hospital, Department of Psychiatry, Harvard Medical School, Belmont, MA

Pediatric Psychologist, Center for Neurodevelopmental Services (CNS),

September 2010 – May 2013

Postdoctoral Fellow of Clinical Psychology and Neurodevelopment, CNS,

September 2008 – August 2009

Instructor in Psychology, Department of Psychiatry, Harvard Medical School

September 2008 – August 2009; September 2010 – May 2013

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- Initially as postdoctoral fellow, and then as pediatric psychologist at McLean Hospital's CNS-Pathways Academy, I designed and led psychoeducational groups, based on social pragmatics curricula, for multicultural children and adolescents diagnosed with neurodevelopmental disorders, such as autism spectrum disorder, nonverbal learning disorder, and sensory processing disorder.
- Met with students individually, as needed, for psychotherapeutic support and crisis intervention, in order to address significant comorbid conditions, including Major Depressive and Bipolar Disorders, Psychosis, Generalized and Social Anxiety, Obsessive Compulsive Disorder, Panic Disorder, Post-Traumatic Stress Disorder, Attachment Disorder, ADHD, and learning disabilities.
- Administered neuropsychological and academic evaluations. Presented results in IEP meetings to CNS staff, parents, and school district staff.
- Contributed to weekly clinical rounds and devised treatment strategies with multidisciplinary staff, including psychiatrists, nurses, social workers, occupational therapists, and speech pathologists.
- Received training and certification in first aid, CPR and crisis prevention intervention. Earned continuing education credits at McLean's weekly Grand Rounds on a variety of topics in mental health.
- Spearheaded the CNS summer program, Camp New Connections, interviewing and assessing potential campers, hiring and training clinical counselors, designing curricula and pertinent community outings, collaborating with parents to devise treatment goals, writing discharge summaries/reports for parents, and overseeing day-to-day operations.
- Within the scope of my faculty appointment as *Instructor of Psychology*, I led orientations for psychiatry residents on childhood developmental disorders, along with guidance on "bedside manner" and various treatment techniques rooted in psychological theory.
- Conducted staff in-service trainings for special education teachers on Bipolar Disorder, Obsessive Compulsive Disorder, ADHD, and principles of Cognitive Behavioral Therapy (CBT).
- Designed and led routine training seminars for parents (Parent Advisory Group), on a variety of topics.
- Provided clinical supervision to predoctoral psychology students.

Roya Ostovar, Ph.D., Private Practice, Belmont, MA

Neuropsychology Testing Assistant, October 2007 – April 2009

- Administered, scored, and interpreted neuropsychological testing of children and adults on autism spectrum. Wrote reports under supervision of Dr. Ostovar.

McLean Hospital, Schizophrenia and Bipolar Disorders Unit, Belmont, MA

Neuropsychology Research Assistant, July 2006 – February 2008

- Administered cognitive and neuropsychological test battery to Bipolar-diagnosed patients, as part of a study (see Research Experience section below for details).

The Brenner Center for Psychological Assessment & Consultation, William James College, Newton, MA

Predoctoral Intern, September 2006 – August 2008

- In the inaugural class of what is presently an APA-accredited internship, I led teams of graduate students of an Advanced Assessment course in administering an array of neuropsychological, educational, and personality tests to urban multicultural populations.

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Collaborated with graduate faculty to synthesize and interpret data. Wrote reports and tailored recommendations based on testing data.

- Provided feedback and ongoing consultation to families, school systems, and agencies, such as Department of Social Services, Italian Home for Children, and St. Mary's Women and Children's Center to strategize optimal living, learning, and therapeutic environments for clients.
- Attended weekly supervision and training rounds. Presented seminar on motivational interviewing for addictions.
- Spent 25% of internship hours providing *behavioral medicine* services (biofeedback, hypnosis, mindfulness/autogenic training, CBT) at outpatient multi-specialty clinic – *J.M. Smith Community Health Center*, an affiliate of *Children's Hospital Boston* and *Beth Israel Deaconess Medical Center*. Led and co-led therapy groups for affect-tolerance training. Served children, adolescents, and adults of various cultural, ethnic, and socioeconomic groups. Collaborated with in-session translators to overcome language barriers. Consulted with on-site medical staff to inform treatment plans, and with families to reinforce clinical interventions at home.

Massachusetts College of Art, Health and Counseling Services, Boston

Predoctoral Psychology Practicum Student, August 2005 – May 2006

- Provided individual psychotherapy to diverse undergraduate and graduate student body. Implemented cognitive-behavioral, psychodynamic, and gestalt modes of treatment.
- Consulted with on-campus nurse, psychiatrist, and physician to understand and serve students in a multi-disciplinary approach. Attended weekly training rounds. Presented seminar on motivational interviewing for addictions.

Powell and Wagner Associates, Cambridge, MA

Predoctoral Psychology Practicum Student, September 2004 – June 2005

- Administered wide range of assessments (i.e., cognitive, neuropsychological, educational, personality, projective, and vocational). Assessed clients ranging from children and adolescents to college students and adults with various cognitive and affective presentations.
- Participated in intake and results sessions. Interpreted results of assessments and behavioral observations. Wrote assessment summaries for integration into final reports.

ActionAIDS, Philadelphia

Milieu Therapist / Volunteer "Buddy," February 2003 – July 2004

- Completed training related to medical, psychosocial, and sociocultural aspects of HIV/AIDS. Participated in monthly group supervision.
- Provided support and coaching to mentally ill chemically addicted (MICA) client, diagnosed with depression and HIV. Made semi-monthly house calls. Assisted client with various tasks made difficult by deteriorating eyesight.

RESEARCH EXPERIENCE

McLean Hospital, Schizophrenia and Bipolar Disorders Unit, Belmont, MA

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Neuropsychology Research Assistant, July 2006 – February 2008

- Study title: "The duration of inpatient admission predicts cognitive functioning at discharge in patients with bipolar disorder." Boaz Levy, Ph.D., Principal Investigator; Roger Weiss, MD, Co-Investigator. Among the findings was that increased cognitive functioning reduces chances of readmission. (Duties described previously in Clinical Experience section.)

University of Pennsylvania, Center for Mental Health Policy & Services Research, Philadelphia

Research Assistant, September 2003 – June 2004

- Contributed to NIMH research grants, "Nursing Intervention for HIV Adherence Among SMI" and "HIV Prevention Program Among Substance Abusing SMI" to determine intervention efficacy for patients with severe mental illness, substance abuse history, and HIV-positive status. Michael Blank, Ph.D., Principal Investigator.
- Synthesized intervention manuals of CDC and NIDA to create "Preventing AIDS Through Health" (PATH) – a manual for case managers to deliver assessment and counseling interventions. Helped conduct baseline interviews and focus groups with mentally ill patients and case managers. Wrote interview questionnaires for key informants (i.e., participating staff members and health consumers at Hall Mercer Community Mental Health Center).
- **PUBLICATION:** Co-authored article examining the extent of HIV prevention measures at Hall Mercer CMHC, prior to intervention.
 - Solomon, P.L., Tennille, J.A., Lipsitt, D.J., Plumb, E., Metzger, D.S., & Blank, M.B. (2007). *Rapid assessment of existing HIV prevention programming in a community mental health center*. *Journal of Prevention and Intervention in the Community*, 33(1-2), 137-150.

University of Pennsylvania, Graduate School of Education, Philadelphia

Research Assistant, January 2003 – March 2004

- Participated in research project on school bullying for Community Psychology department. Helped interpret survey data and develop recommendations for school districts. Raymond Lorion, Ph.D., Principal Investigator.
- Contributed to meta-analysis of *Journal of Community Psychology (JCP)* issues from 1973 through 2003.
- **PUBLICATION:** Co-authored review of educational video documentary.
 - Blank, M., Faunce, J., Lipsitt, D.J., Settani, S.A., Evian, T.L., & Lorion, R.P. (2003). *DVD Review: Exemplars of Community Psychology*. *The Community Psychologist*, 36 (4), 5-6.

TEACHING/SPEAKING ENGAGEMENTS & PRESENTATIONS

- *Interventions to Support Executive Functioning (2020-2021)*. Training seminar for postdoctoral fellows in the following organizations: Harvard Vanguard Medical Associates, Wellesley, MA; The Green Room Psychological Services, San Diego, CA; and, Springfield Medical Care Systems, Springfield, VT.

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- *ADHD Management Skills (2015-2019)*. A presentation for a recurring three-session psychoeducational group, comprised of primary care patients. Harvard Vanguard Medical Associates, Wellesley, MA.
- *Managing Attention at Home: A Workshop for Parents (2016)*. The Loved Child Parenting Center, Belmont, MA.
- *ADHD: Behavior Modification & Beyond (2014)*. Article on nonpharmacologic treatments, written for a readership of primary care medical providers. Quality and Safety Newsletter, December 2014, Atrius Health.
- *Pediatric Bipolar Symptoms & Interventions (2013)*. Inservice presentation for therapeutic school staff. Center for Neurodevelopmental Services (CNS), McLean Hospital, Belmont, MA.
- *Reinforcing Social Pragmatics at Home (2008-2013)*. A recurring training seminar for parents of children on the autism spectrum. CNS Parent Advisory Group, McLean Hospital, Belmont, MA.
- *Upcoming Changes in DSM-5: Revising How We Understand & Diagnose Developmental Disorders (2012-2013)*. Recurring training seminar for parents of children with acute psychiatric concerns. CNS Parent Advisory Group, McLean Hospital, Belmont, MA.
- *Habits of Healthy Thinking & Self-Care (2012)*. Seminar for undergraduate students. Humanist Chaplaincy, Harvard University, Cambridge, MA.
- *Maladaptive Thoughts: Identifying Cognitive Factors in Anxiety & Mood Dysregulation (2012)*. Inservice presentation for therapeutic school staff. Center for Neurodevelopmental Services (CNS), McLean Hospital, Belmont, MA.
- *Pediatric OCD & the Role of School Personnel (2011)*. Inservice presentation for therapeutic school staff. CNS, McLean Hospital, Belmont, MA.
- *Introduction to Autism Spectrum Disorders & Social Pragmatics Interventions (2010-2012)*. Recurring training seminar to clinical counselors at therapeutic summer program. CNS, McLean Hospital, Belmont, MA.
- *Bedside Manner: Navigating the Traits & Behaviors of Neurodevelopmental Disorders (2009-2013)*. Recurring presentation for psychiatry residents. Department of Psychiatry, Harvard Medical School at McLean Hospital, Belmont, MA.
- *The Impact of Motor Activity on Attention: A proposed study for assessing ADHD children with a continuous performance test and foot-pedaling device (2008)*. Doctoral dissertation presentation. William James College, Newton, MA.
- *Motivational Interviewing for Behavior Change: Applications for Addictions (2006)*. Predoctoral training presentations for Student Health and Counseling Services at MassArt, Boston; and, The Brenner Center for Psychological Assessment, William James College, Newton, MA.