

DR. JOSEFINA SMITH, D.C
Chiropractor

Innovative, and compassionate healthcare provider with a goal driven work ethic. Experience in high volume clinics with quality individualized patient care. Proficient leader with the ability to adapt to different environments and personalities. Highly motivated and eager to grow as a Chiropractor.

SKILLS

- Communication
- Commitment
- Empathy with patients
- Ability to work with a team
- Leadership
- Organization
- Professionalism

EDUCATION

Palmer Chiropractic
2017-2020

Sports council member, American Chiropractic Association member, CCEP tutor

Chico State
2013-2015

Bachelor's degree in Kinesiology
Minor in Coaching
GPA 3.0

Shasta College
2010-2012

Associates degree in Social Science
Scholar athlete, Honor roll 3.7 GPA, Student athletic trainer

WORK EXPERIENCE

The Joint Chiropractic [Clinic Director/Clinic Chiropractor]
Jan.2021-Current

- Examined patients and performed full spine manipulation
- Musculoskeletal differential diagnosis analysis
- Contributed to improving daily clinic performance

Haque Chiropractic Inc. & Lifestyle Fitness [Chiropractor]
Sept.2020-April. 2021

- Performed patient exams and ROF
- Completed patient daily notes
- Assisted with Radiographic differential diagnosis

Palmer Clinic [Student Intern]
Sept. 2019-Sept. 2020

- Provided quality patient care daily
- Communicated effectively with all mentor clinicians
- Expanded my knowledge for differential diagnosis and report writing

KB Fitness [Corporate Fitness Trainer]
Aug. 2016-Aug.2019

- Created exercise programs for Palo Alto Network employees
- Enthusiastic bootcamp instructor for Santa Clara and San Jose water company
- Assisted clients with achieving individual fitness goals

Hydrotherapy Center [Aquatics Rehab Personal Trainer]
2015-2016

- Formed specialized rehabilitation programs
- Management of pre- and post-surgical clients
- Nutritional consultations and guidance for clients

Shasta College [Student Athletic Trainer]
2010-2012

- Evaluation of injured athletes
- Performed basic care which included Ice, heat, tape, rehab, and re-evaluation of post injured athletes.
- Screening for pre and post concussions for all athletes

Fifteen Minute Fitness [Personal Trainer]

2013-2015

- Coordinated one-on-one exercise programs for clients of all fitness levels
 - Account for monthly billing and scheduling for all clients
 - Synchronized new programs for clientele
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