



DR. KRISTY DONG TRAN
CURRICULUM VITAE



ORGANIC CHIROPRACTIC CARE – S. El Monte

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ORGANIC CHIROPRACTIC CARE - Westminster

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Westminster, CA 92683

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PROFESSIONAL PROFILE:

I am a license and practice owner with exceptional chiropractic knowledge, skill, train, and 16 years of practice experience in personal injury, workers compensation, diagnosing disorders of the spine, and other body joints; treating those patients whose symptoms result from abnormal musculo-skeletal conditions or joint mechanics through the corrective manipulation of the spinal column & other joints.

My goal is to not just treat the symptoms alone but treat the body as a whole by correcting patients' problems with chiropractic adjustments, physiotherapy, exercises, nutrition, prevention, and postural changes.

Specialties: Areas of expertise include soft tissue injuries from PI, WC, and sports. I also specialize in non-surgical treatment for disc and nerve injuries. I utilize various adjusting techniques in my practice to fit my patients' needs. These techniques include the following such as diversified adjusting, activator adjusting, Cervical/Lumbar spine traction, Graston technique, Gua Sha technique, MRT, Kinesio-taping, and therapeutic exercises.

06/2025 – Certified in PX Doc - Pediatric Experience Chiropractic

OCCUPATIONS:

February 2022 – Current: FOUNTAIN VALLEY CHIROPRACTIC Fountain Valley, CA. =

As of March 2026 - Moving to Westminster & Transferring to ORGANIC CHIROPRACTIC CARE - WESTMINSTER

Title: Owner/Doctor of Chiropractic.

- Running and managing the practice.
- Scribed patients' case history details conduct physical examinations, regional exams, orthopedic exams, and interpret diagnostic imaging studies such as X-rays, MRI's, and CT scan.
- Diagnosed and treated musculoskeletal conditions of the spinal column and extremities to reduce or eliminate pain and correct other abnormalities of body.
- Performed 30-60 minutes exam and treatment focusing on the cause of musculoskeletal dysfunctions.
- Performed physical, neurological and orthopedic examinations while review other diagnosis from previous medical doctors.
- Performed stretching and strengthen routines exercises to increase muscle activity of weakened spine and joint motions.
- Performed pre-activity trigger point and myofascial techniques to establish use of larger muscle fiber count of desired movement.
- Alleviate pain in children, adolescent, elderly, and personal injured patients.
- Provided supplementary measures, such as exercise, rest, water, cold, heat, prevention, and nutritional therapy.
- Provide information for insurance companies for personal injury cases and Medicare billing procedures.
- Strong ability to effectively communicate diagnostic test results, diagnose and propose treatment in a manner easily understood by the patient.
- Demonstrated compassion for patients
- Writing final narrative personal injury reports.
- Interpreting the report of finding (ROF) to the patient.
- Diagnosing and Conduction treatment plan

PX DOCS - Pediatric Experience Chiropractic

- We are neurologically focused, drug-free, 100% natural approach to family and pediatric care. We believe that the nervous system — both autonomic and central — is the master control system of the body, coordinating every tissue, organ, and cell. When the nervous system experiences stress or interference (known as subluxation), it can impact a child's ability to grow, heal, and thrive.
- That's why we focus on helping children with challenges such as colic, reflux, ear infections, sensory issues, gut-immune system, ADHD, autism-spectrum, seizures, muscular dystrophy, or neuro-developmental disorders through gentle, specific chiropractic care.
- Our adjustments are gentle, kid-friendly, and developmentally appropriate, using low-force and neuro-tonal techniques that are safe for infants, toddlers, teens, and adults alike.
- We also use advanced technology such as INSiGHT Scans — including heart-rate variability, thermography, and surface EMG — to assess how well the nervous system is adapting to daily stress.
- Our goal is to help your child's nervous system function at its best — so they can experience calm, connection, and coordination from the inside out.
- If your baby, child, teen, or loved one is experiencing neurological

developmental challenges, their central nervous system may need support and restoration. Chiropractic care can help bring their little bodies back into balance naturally.

February 2014 – Current: ORGANIC CHIROPRACTIC CARE El Monte, CA.
Title: Owner/Doctor of Chiropractic.

- Running and managing the practice.
- Scribed patients' case history details conduct physical examinations, regional exams, orthopedic exams, and interpret diagnostic imaging studies such as X-rays, MRI's, and CT scan.
- Diagnosed and treated musculoskeletal conditions of the spinal column and extremities to reduce or eliminate pain and correct other abnormalities of body.
- Performed 30-60 minutes exam and treatment focusing on the cause of musculoskeletal dysfunctions.
- Performed physical, neurological and orthopedic examinations while review other diagnosis from previous medical doctors.
- Performed stretching and strengthen routines exercises to increase muscle activity of weakened spine and joint motions.
- Performed pre-activity trigger point and myofascial techniques to establish use of larger muscle fiber count of desired movement.
- Alleviate pain in children, adolescent, elderly, and personal injured patients.
- Provided supplementary measures, such as exercise, rest, water, cold, heat, prevention, and nutritional therapy.
- Provide information for insurance companies for personal injury cases and Medicare billing procedures.
- Strong ability to effectively communicate diagnostic test results, diagnose and propose treatment in a manner easily understood by the patient.
- Demonstrated compassion for patients
- Writing final narrative personal injury reports.
- Taking X-Ray of the spine and extremities, as well as interpreting the report of finding (ROF) to the patient.
- Diagnosing and Conduction treatment plan

July 2010 – May 2015: AIM Radiology Medical Group Anaheim, CA.

Title: Chiropractic Doctor – AiM Report Writer, Based on AMA Guides 5th edition.

- Writing AIM (Anatomical Impairment Measurements) Reports for worker's comp and personal injuries cases with the modern software technology of Vital Images based on the AMA Guides 5th edition.
- Constructing an AIM report includes but not limited to the following: patient demographic, spinal region analyzer report, and X-rays or MRI analysis imaging studies report.
 - This analysis is based upon anatomical measurements derived directly from imaging studies and corresponds with the described methods of evaluation set forth in the chapter of the AMA Guides which is relevant to the body part being evaluated. It provides valuable anatomical information, important in clinical decision-making for the Primary Treating Physician. It also includes essential information for QME's (Qualified medical evaluators) and AME's (Agreed Medical Evaluator) in the calculation of final impairment rating.

December 2010 – February 2014: California Health Clinic Ontario and Bellflower, CA.

Title: Primary Treating Physician for Workers Compensation and Personal Injury Patients/ Occupational Work Conditioning & Rehabilitation.

- Part of a team of medical professionals such as Chiropractors, Acupuncturists, Internal MD, Orthopedic Surgeon, Neurologist, and Psychiatric.
- Scribed patients' case history details conduct physical examinations and interpret diagnostic imaging studies such as X-rays and MRIs.
- Diagnosed and treated musculoskeletal conditions of the spinal column and extremities to reduce or eliminate pain and correct other abnormalities of body.
- Performed 20–30-minute treatments focusing on the cause of musculoskeletal dysfunctions.
- Performed physical, neurological and orthopedic examinations while reviewing other diagnosis with current office physicians.
- Performed stretching routines to increase muscle activity of weakened joint motion.
- Performed pre-activity trigger point and myofascial techniques to establish use of larger muscle fiber count of desired movement.
- Alleviate pain in elderly and work-related injured patients
- Provided supplementary measures, such as exercise, rest, water, light, heat and nutritional therapy.
- Provide information for insurance companies, workman's compensation and third-party billing procedures.
- Excellent interpersonal and communication skills
- Strong ability to effectively communicate diagnostic test results, diagnose and propose treatment in a manner easily understood by the patients
- Demonstrated compassion for patients
- Functional Capacity Evaluation.
- Creating and generating Workers Compensation and Personal Injury reports.

March 2009 – July 2010: Nazareth Clinic Los Angeles, CA.

Title: Chiropractic Associate Doctor

- Diagnosed and treated musculoskeletal conditions
- Manipulated spinal columns and other extremities.
- Taking patient history, putting patient on EMS, US, and flexion/distraction bed.
- Perform Graston or Gua Sha technique on patient for treatment and rehabilitation.
- Order, review, and develop X-ray films.
- Attending seminars with the doctor and associates to improve marketing skills, hand on performance, and to gain knowledge on how to run a successful practice.
- Writing narrative reports for personal injury cases
- Take the patient's medical history, conduct physical, neurological, and orthopedic examinations
- Take vital signs of patients such as height, weight, blood pressure, and pulse rate
- Conducting exercises with patients
- Provide and counsel patients about health concepts such as nutrition, exercise,

- changes in lifestyle, and stress management
- Proficient in all documentation such as: SOAP notes/medical record/paperwork to ensure accuracy and patient confidentiality.

March 2008 – March 2009: Life and Health Wellness Center Santa Ana, CA.

Title: Chiropractic Intern - Rotational Residency

- Create and update Personal Injury Reports using proprietary software
- Taking patient history, setting up patient on EMS, US, and therapeutic rolling bed,
- Perform myofascial technique on patients for treatment and rehabilitation.
- Take the patient's medical history, conduct physical, neurological, and orthopedic examinations
- Take vital signs of patients such as height, weight, blood pressure, and pulse rate.
- Conducting exercises with patients
- Provide and counsel patients about health concepts such as nutrition, exercise, changes in lifestyle, and stress management
- Proficient in all documentation such as: SOAP notes/medical record/paperwork to ensure accuracy and patient confidentiality.

LICENSE AND MALPRACTICE INSURANCE STATUS:

Valid and up to date.

POSTGRADUATE EDUCATION:

2005 – 2009: Southern California University of Health Science (LACC), Whittier, CA 90604.

Degree: Doctor of Chiropractic

06/2025 – Certified in PX Doc - Pediatric Experience Chiropractic

UNDERGRADUATE EDUCATION:

2003 – 2004: Irvine Valley College, Irvine, CA 92602.

Continued educational prep for Medical School Entry Examination

1996 - 2001: California State University of San Bernardino, CA 92407

Degree: Bachelor of Arts in Biology

CONTINUING EDUCATION:

06/2025: Life University + PX Certificate Program: LIVE hands-on 20-hours CE intensive training: passed the final exam and received your certificate of proficiency (Crystal Lake, IL)

03/2025-06/2025: Life University + PX Certificate Program - Pediatric Chiropractic - 60-hours online training and assessments

2025: Back to Chiropractic CE Seminars: Neurology and X-Ray (12 hrs Online)

2024: DCCE – Ethics & Law, History & Exam, Technique, Philosophy, Billing & Coding, and Rehabilitation(12 hours in person, Costa Mesa, CA)

2024: DCCE – Ethics & Law, History & Exam, Technique, Philosophy, and Radiology/Dx Testing (12 hours Online)

10/2023: International Chiropractors Association of California (ICAC): Wellness & Anti-Aging (Dr. Thumper Bloomquist), Ethics & Law, History & Exam (Dr. Charles Davis), Technique (Dr. Will Rogers) (12 hours in person, Santa Ana, Ca)

02/2023: International Chiropractors Association of California (ICAC): Wellness (Dr. Thumper Bloomquist), Ethics & Law, History & Exam (Dr. Mitchell Pearce), Technique (Dr. Will Rogers) (12 hours in person, Santa Ana, Ca)

2023: Back to Chiropractic CE Seminars: X-Ray, Ethics & Law, Billing, and Coding (12 hours Online)

2022: Benjamin Law Firm Personal Injury Dinner Seminar– Personal Injury, Ethics & Law, Med-Pay, Cash Practice, and Insurance Seminar (Downey, CA)

2022: Back to Chiropractic CE Seminars: X-Ray, Billing, and Coding (Zoom & Online)

2022: Back to Chiropractic CE Seminars: Neurology, Ethics & Law, Technique (Zoom & Online)

2021: Benjamin Law Firm Personal Injury Dinner Seminar– Personal Injury, Ethics & Law, Med-Pay, Cash Practice, and Insurance Seminar (Glendale, CA)

2020: Back to Chiropractic CE Seminars: X-Ray, Billing, and Coding (Zoom & Online)

2020: Back to Chiropractic CE Seminars: Neurology, Ethics & Law, Technique (Zoom & Online)

2019: Shawn Steel Yearly Advanced PI Seminar: PI All Stars (Los Angeles, CA)

2019: Back to Chiropractic CE Seminars: X-Ray, Billing, and Coding (Irvine, CA)

2019: Back to Chiropractic CE Seminars: Neurology, Ethics & Law, Technique (Irvine, CA)

2019: Activator Methods Seminar “Learn the World’s #1 Instrument Adjusting Technique” Fundamental /Extremity Activator Adjustment (Pasadena, Ca)

2018: Shawn Steel Advanced PI Seminar: Ahead of the PI Curve (Los Angeles, CA)

2018: International Chiropractors Association of California (ICAC): Legal/Ethics, History/Exams, & Technique (Santa Ana, CA)

2018: The Advance Seminar – HJ Ross – Chiropractic Billing & Coding – Insurance/Medicare/PI/Workers Comp Seminar (Long Beach, CA)

2018: The Law Office of Neal H. Sobol – Personal Injury, Med-Pay, Cash Practice, and Insurance Seminar (Glendale, CA)

2018: International Chiropractors Association of California (ICAC): X-Ray Certification (Dr. Jose Serrano/Provider: Eric D. Banta) (Santa Ana, Ca)

2017: Back to Chiropractic CE Seminars: Neurology, Ethics & Law, Billing & Coding (Santa Ana, CA)

2017: The Advanced Chiropractic Seminars - HJ Ross Seminar (Pasadena, CA)

2017: The Law Office of Neal H. Sobol – Personal Injury, Med-Pay, and Insurance Seminar (Glendale, CA)

2017: Back To Chiropractic CE Seminars: Nutrition (Santa Ana, CA)

2017: Back To Chiropractic CE Seminars: X-Rays (Santa Ana, CA)

2016: The Principles of Practice Chiropractic Seminar - HJ Ross Seminar (Costa Mesa, CA)

2016: The Law Office of Neal H. Sobol – Personal Injury, Med-Pay, and Insurance Seminar (Glendale, CA)

2016: Personal Injury Seminar by Dr. John Schmidt. (Orange, CA)

2016: The Principles of Practice Chiropractic Seminar – HJ Ross Seminar (Los Angeles, CA)

2015: HJ Ross Seminar: Understanding ICD-10, Health Care Reform and Essential Health, Benefits & Updates for 2015, Increasing Revenue Flow, Health Care Reform made Easy, Active Care Support Plan, Audit Survival Guide, Insurance Billing from A-Z, State Specific Workers’ Compensation, Medicare Step-by-Step, Personal Injury Crash Course, Incorporating Cash, Documentation & Proving Medical Necessity (Costa Mesa, CA)

2015: Back To Chiropractic CE Seminars: Ethics & Law, Billing & Coding, History & Exam, Technique Spine & Extremities, X-Rays, Personal Injury, Worker’s Compensation, etc (Santa Ana, CA)

2011 - 2015: International Chiropractors Association of California (ICAC): CE: Workers’ Compensation, X-Rays, History/Exams, Legal/Ethics, PI & Techniques

(Santa Ana, Costa Mesa, Irvine, & Burbank, CA)

2014: The Law Office of Neal H. Sobol – Personal Injury, Med-Pay, Insurance, Cash patient, Seminar (Glendale, CA)

2014: Shawn Steel/CCA: Annual Advanced Personal Injury Seminar (Los Angeles, CA)

2010: The Dead Chiropractic Society Seminar (Newport Beach, CA)

2010: Medical Billing Classes: Insurance, WC, PI, etc (Whittier, CA)

2009: Shawn Steel/CCA: Annual Advanced Personal Injury Seminar (Los Angeles, CA)

2009: Activator Seminar: Phrase I – Philosophy & Technique (Costa Mesa, CA)

2008: Graston I Seminar: Introduction & Technique (Whittier, SCUHS, CA)

2005 & 2006: Gonstead Seminar: Philosophy & Technique (Palm Springs, CA)

2005: CCA Seminar: Introduction to Safety in the work place & Kinesio taping (San Diego, CA)

HONORS/AWARDS:

American Chemistry Association Award: Outstanding Chemistry Student

Member of California Junior Scholarship Federation

California Golden State Exam Recognition Award in Biology

PROFESSIONAL AFFILIATIONS:

Life University + PX Certificate Program - Pediatric Chiropractic

California Chiropractic Association (CCA)

American Chiropractic Association (ACA)

American Public Health Association (APHA)

COMMUNITY SERVICE ACTIVITIES:

October 2016: Children's Day Parade Harvest Festival Fair – El Monte, CA

November 2015: The 8th Annual Monterey Park Health Fair

October 2015: Children's Day Parade Harvest Festival Fair – El Monte, CA

August & September 2015: Garvey Court Senior Community Apartment Home – “Health Awareness Event”

2009 & 2010: Baxter, “World Environment Day & Health Fair”

2009: La Habra Eggstravaganza Health Fair

2008: Campus Health Center in Whittier

2008: La Habra High School PPE's: Sport Physical (La Habra, CA)

2008: Buena Park Community Health Fair

2007: Cerritos Senior Center

2007: Brea Community Health Expo

2006: SCU Health Fair

2005 & 2006: Toys for Tots

2005: Avon Breast Cancer Walk

2001: Loma Linda Hospital Redland, Ca

2000: Loma Linda Children Hospital Redland, Ca

SUMMARY OF QUALIFICATIONS:

Computer Skills:

- Windows
- Microsoft Office – Word, Excel, PowerPoint
- Microsoft Outlook
- Internet Explorer
- Adobe Acrobat – PDF
- Office Ally

- ZOHO – Organic Chiropractic Care software
- Future Health Software

SPECIALIZE IN:

Diversify Adjustment
Activator Adjustment
Cervical & Lumbar Spine Traction
Graston Technique
Gua Sha Technique
Myofascial Release Technique (MRT)
Kinesio Taping
Rehab Exercises
Personal Injury Cases
PX Certificate - Pediatric Chiropractic

LANGUAGES:

English
Vietnamese

REFERENCES:

Dr. Cliff Tao DC, DACBR (Orange County, CA)
Phone: 714-876-1126
Dr. Jacqueline Phan, DC Lac (Garden Grove, CA)
Phone : 714-230-5885
Myrna – Director of Operations – Bridgewater Law Group, APC (Santa Fe Spring, CA)
Phone: 661-644-4488, 626-733-4100
Additional references are available on request.