
LORI TOVAR

PROFESSIONAL SUMMARY

Professional healthcare provider with excellent communication skills demonstrated by collaboration with physicians and patients delivering optimum patient care and patient satisfaction. Recognized for professional demeanor, work ethic, teamwork, and critical thinking skills.

PROFESSIONAL EXPERIENCE

Nurse Practitioner, 04/2024 - 08/2025

Florin Gaidici, MD. – Phoenix, AZ

- Provided recommendations to help prevent disease and maintain good health.
- Ordered and interpreted tests and analyzed records, reports and examination information to diagnose patient condition.
- Collaborated with multidisciplinary teams to provide comprehensive care for patients with complex gastrointestinal issues.
- Actively participated in continuing education opportunities to stay abreast of emerging trends in gastroenterology practice management.

PreOp/PACU RN, 09/2020 - 08/2024

USPI- United Surgical Partners International

- Fostered excellence by example by "setting pace" and being hands on mentor to clinical staff in a busy surgical center.
- Assessed patients in recovery room following surgical procedures.
- Educated patients and loved ones regarding surgical procedures, expectations, side effects and recovery process.
- Implemented interventions, including medication and IV administration, catheter insertion and airway management.

Emergency Room Nurse, 05/2018 - 12/2020

Banner Health

- Evaluated patient care needs, prioritized treatment, and maintained patient flow in an ED consisting of 83 beds
- Assisted in the care of cardiac arrests, strokes, sexual assaults, and traumas in a Level 1 Trauma Center
- Established IV access to administer fluids and medications including antibiotics, TPA, packed RBC's, and narcotics while carefully monitoring for side effects or any adverse reactions
- Appropriately delegated and provided nursing supervision in the provision of care to patients

PreOp/PACU Nurse , 05/2019 - 07/2020

Biltmore Eye Surgery Center

- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes
- Implemented interventions, including medication and IV administration, catheter insertion and airway management
- Educated family members and caregivers on patient care instructions
- Collected blood, tissue and other laboratory specimens and prepared for lab testing

PCU Registered Nurse, 09/2016 - 05/2018

Banner Health

- Effectively managed up to five patients requiring close monitoring in a observation progressive care unit consisting of 42 beds
- Provided care for patients with chronic and acute health problems such as MI, arrhythmias, cellulitis, COPD and pneumonia in addition to managing post cardiac catheterization patients
- Assessed need for, obtained, and interpreted appropriate diagnostic tests in order to detect any changes thereby enabling intervention of life-threatening or emergent situations
- Titrated complex medications such as cardizem, nitroglycerin, and heparin in order to meet desired patient outcomes

Medical Assistant/ Business Development Manager, 07/2011 - 10/2016

Comprehensive Pain Management – Phoenix,AZ

- Performed administrative and clinical tasks to keep the offices of the physicians running smoothly.
- Liaised between patients and physicians to ensure patient comprehension of treatment plans.
- Provided necessary health education for patients and family members regarding medication, health maintenance and disease management to ensure health compliance and best patient outcomes. Demonstrated and recognized for the ability to lead and motivate the healthcare team while initiating interventions that address potential complications or enhance the medical practice.
- Maintained and established new relationships with attorneys and medical providers to personal injury business.

EDUCATION

Master of Science: Family Nurse Practitioner , 01/2024

University of Phoenix - Phoenix, AZ

Bachelor of Science: Nursing , 2016

Grand Canyon University - Phoenix, AZ

CERTIFICATION AND LICENSES

- Advance Practice Registered Nurse Practitioner through the AZBN, license number: 304932
- American Association Nurse Practitioners Board, Certification number: F02240767
- Registered Nurse through the AZBN, license number: RN200724
- Aesthetic Medical Educators Training Certificate

SKILLS

- Patient Education
- Telehealth Proficiency
- GI Disease Knowledge
- Interprofessional Collaboration
- Primary Care
- Weight Management Principles