

Melissa Rios, Psy.D.

ACTIVE LICENSES:

New York License PSY 026689

Active Since: September 13, 2024

California License PSY 35503

Active Since: November 19, 2024

Texas License PSY 40677

Active Since: April 7, 2025

PSYPACT License 21759

Active Since: April 16, 2025

EDUCATION:

Alliant International University, California School of Professional Psychology, Los Angeles, California

Degree: PsyD in Clinical Psychology

Alliant International University, California School of Professional Psychology, Los Angeles, California

Degree: Master of Arts in General Psychology

Holy Names University, Oakland, California

Degree: Bachelor of Arts, in Psychology

LANGUAGE PROFICIENCY:

English, native speaker

Spanish—Fluent for writing, reading, speaking

CLINICAL EXPERIENCE:

Lifespan Bilingual Neuropsychologist

October 2025—Present

Memorial Hermann The Institute for Rehabilitation and Research | Neuropsychology

- Provide comprehensive bilingual (English/Spanish) neuropsychological evaluations across the lifespan, integrating medical, psychiatric, developmental, and cultural factors to guide diagnosis and clinical decision-making. Conduct evidence-based assessments for acquired brain injury, neurodegenerative conditions, neurodevelopmental disorders, complex medical presentations, and functional concerns, with clear, clinically grounded diagnostic formulations.

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- Collaborate closely with interdisciplinary teams at TIRR Memorial Hermann to clarify cognitive, emotional, and behavioral functioning, contribute to care planning, and support patient and family understanding through culturally sensitive feedback sessions.
- Develop detailed, medically informed neuropsychological reports that synthesize test data, behavioral observations, neuroimaging, and history to provide targeted recommendations for outpatient care, school supports, and community reintegration.

Neuropsychologist

April 2025—Present

TheGreenRoomPsychological Services, Inc|

- Conduct bilingual personal injury evaluations that integrate clinical interviews, psychometric testing, and collateral data to clarify psychological injury, functional impact, and causality.
- Complete Disability Benefits Questionnaires (DBQs) for veterans, providing detailed, clinically grounded assessments of service-connected conditions and functional impairment.
- Perform immigration evaluations, including hardship waivers, asylum-related assessments, and N-648 examinations, with attention to cultural, linguistic, and trauma-related factors.
- Produce clear, comprehensive reports that communicate diagnostic impressions, functional limitations, and evidence-based recommendations to attorneys, referring agencies, and federal entities.

Neuropsychology Lifespan Fellow

September 2023—August 2025

StonyBrookUniversityHospital | Neuropsychology | AAPCN

Clinical Supervisor: Brian K. Lebowitz, Ph.D., ABPP-CN

- Conducted comprehensive neuropsychological, psycho-diagnostic, and developmental assessments in both Spanish and English, catering to patients across the lifespan and diverse demographic backgrounds with various medical conditions. Actively engaged in a wide range of responsibilities, including conducting medical chart reviews, assembling neuropsychological testing batteries, performing clinical interviews, administering tests, scoring assessments, interpreting results, and crafting detailed reports. Contributed to feedback sessions, received individual supervision, and actively participated in weekly neuropsychological didactic seminars covering topics such as functional neuroanatomy, psychodiagnostic assessment, cultural neuropsychology, and neuropsychological syndromes.
- Specialized in working with a patient population that encompassed Spanish monolinguals, English/Spanish bilinguals, and individuals culturally self-identified as Hispanic and/or Latina/o. Addressed a spectrum of disorders including neurodevelopmental conditions (ADHD, learning disabilities), traumatic brain injuries, pre-surgical epilepsy, pre-surgical organ transplant evaluations, and neurodegenerative disorders. Provided teachings on neuropsychological topics to medical residents, enhancing their understanding and application of neuropsychological principles in clinical practice.
- Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) trained.

Neuropsychologist (1099)

October 2024—Oct 2025

Bend Health

- As a neuropsychologist at Bend Health, I provide comprehensive neuropsychological assessments and diagnostics for children, teens, and young adults (ages 5-25) with a wide range

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of mental health and neurodevelopmental conditions, including Autism Spectrum Disorder (ASD), ADHD, and learning disabilities.

- Administer and interpret cognitive, behavioral, and emotional assessments to diagnose developmental and neurocognitive conditions, using both in-person and telehealth formats.
- Utilize Bend Health's cutting-edge telehealth platform to perform assessments remotely, adapting standardized testing procedures to virtual settings while maintaining the integrity of the evaluations.
- Work closely with therapists, coaches, psychiatrists, and pediatricians to ensure an integrated approach to care, delivering actionable insights to inform treatment plans.
- Provide detailed feedback to families, offering clear explanations of results and personalized recommendations for interventions and accommodations.
- Generate comprehensive neuropsychological reports, synthesizing data to provide clinical insights and actionable recommendations for both families and other healthcare providers.
- Participate in continuous professional development and potentially supervise and mentor new clinicians or support staff, contributing to the growth of the neuropsychology team.

Clinical Psychology Intern

September 2022–August 2023

Loma Linda University School of Medicine | APA Internship

Location: Loma Linda Behavioral Medicine Center

Location: Riverside University Health System & Surgical Center

Clinical Supervisors: Antonia Ciofica, PhD., & William Britt III, PhD, ABNP

- Performed neuropsychological, psycho-diagnostic, and developmental evaluations across the lifespan for patients of diverse backgrounds and medical conditions within the outpatient and inpatient units. Active responsibilities include medical chart reviews, assembling neuropsychological testing batteries, clinical interviewing, testing administration, scoring, interpretation of results, report writing, and providing feedback. Led weekly assessment didactic trainings and case conference under the supervision of a neuropsychologist to practicum trainees. Learning objectives focused on administration, interpretation, and report writing. Case conference consisted of brief introduction to cases, review of all test scores, interpretation, and preliminary differentials. Provided psychotherapeutic services in an inpatient psychiatric hospital to a diverse patient population from 18 to geriatrics who were admitted with a variety of diagnosis; led group psychotherapy session (i.e., process-oriented sessions, knowledge, wellness and skills sessions) on a weekly basis.
- Provided individual psychotherapy patients (average caseload consisted of 7 patients seen weekly); provided consultation services to the treatment team on a weekly basis.
- Participated in psychotherapy didactic seminars and treatment team meetings on a weekly basis.
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Clinical Neuropsychology Senior Extern

July 2020–June 2022

Cultural Neuropsychology Program (CNP)

Hispanic Neuropsychiatric Center of Excellence (HNCE)

UCLA-Semel Institution for Neuroscience and Human Behavior

Clinical Supervisors: Xavier E. Cagigas, PhD, Paola Suarez, PhD

Clinical Practicum Director: Alberto Miranda, PsyD

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- Performed neuropsychological, psycho-diagnostic, and developmental evaluations in Spanish and English across the lifespan for patients of diverse backgrounds and medical conditions.
- Active responsibilities include medical chart reviews, assembling neuropsychological testing batteries, clinical interviewing, testing administration, scoring, interpretation of results and report writing.
- Participation in feedback sessions, individual supervision, and attending neuropsychological didactic seminars (e.g., functional neuroanatomy, psychodiagnostics assessment, cultural neuropsychology, neuropsychological syndromes, etc.).
- My patient population includes Spanish monolinguals, English/Spanish bilinguals, and culturally self-identified Hispanic and/or Latina/o people with various disorders, such as neurodevelopmental (ADHD, learning disabilities), traumatic brain injury, pre-surgical epilepsy, pre-surgical organ transplant evaluations, and neurodegenerative disorders.

Clinical Psychology Extern

July 2019–August 2020

San Fernando Child and Family Center

Los Angeles County Department of Mental Health

Sheila Kuehl Family Wellness Center

Clinical Supervisor: Erika Lopez, PsyD

Clinical Group Supervisor: Michelle Renfrow, PsyD

- Completed a clinical practicum under the close supervision of a licensed clinical psychologist for a diverse patient population, aged ten to early adults, with a variety of diagnoses. Provided psychotherapy and intake assessments in Spanish and English to various patients. Trained in individual psychotherapy (children and adolescents), school consultation, parent management, social skills training, trauma-focused cognitive behavioral therapy, and assessment (emotional/interpersonal functioning, academic/intellectual functioning). Served as a peer supervisor to first-year practicum trainee students. My average case load consisted of ten patients who were seen once per week, completing weekly intake assessments, and providing individual and group supervision on a weekly basis. Co-led the Dialectical Behavior Therapy Skills (DBT Skills) group for adolescents age from 15–18. Treatment modalities included Cognitive Behavioral Therapy (CBT), DBT skills, Trauma-Focused CBT (TF-CBT), Cognitive Behavioral Intervention for Trauma in Schools (CBITS), mindfulness training, and play therapy

Clinical Psychology Extern

August 2018–June 2019

San Fernando Mental Health Center

Los Angeles County Department of Mental Health

Clinical Supervisor: Erika Lopez, PsyD

Clinical Group Supervisor: Michelle Renfrow, PsyD

- Trained in English and Spanish to provide individual psychotherapy and school consultations for a community mental health-based agency serving a multiethnic population of underprivileged children and adolescents. Patients were referred from a variety of sources, including the Department of Children and Family Services, psychiatric hospitals, medical doctors, law enforcement agencies, and schools.
- Maintained a caseload of eight patients who were seen on a weekly basis; conceptualized cases, developed treatment plans, led crisis interventions, and handled intake assessments.

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- Participated in weekly individual and group supervision; attended psychopharmacological case consultations; and worked collaboratively with licensed psychologists, psychiatrists, social workers, and teachers.
- Treatment modalities consisted of CBT and play therapy.

Clinical Psychology Extern

August 2017–May 2018

Gateway to Success

City of Alhambra, Unified School District

Clinical Supervisor: Diane Cortez, Ph.D.

- Facilitated evidence-based psychoeducational programs addressing violence prevention, social/emotional skills, and problem-solving skills.
- Led weekly prevention seminars in classrooms of 15–20 students in kindergarten through 6th grade.
- Consultations and collaborations were conducted with the school’s principal, teachers, and intervention advisors to ensure all students were receiving proper care.

RELATED CLINICAL EXPERIENCE:

Volunteer Assessment Consultant

San Fernando Child and Family Center

Los Angeles County Department of Mental Health

Sheila Kuehl Family Wellness Center

Clinical Supervisor: Kyrene Diaz, Psy.D.

- Consulting liaison for 2nd and 3rd year practicum trainees to develop attainable goals for effective assessment strategies with their patients.
- Facilitate psychological assessment trainings in English and Spanish.
- Training assessment topics consisted of: Reviewing the Montreal Cognitive Assessment (MoCA), Reviewing the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS), Diagnosis and Cognitive Patterns, Reviewing the Wechsler Adult Intelligence Scale 4th Edition (WAIS-IV), Reviewing the Wechsler Intelligence Scale for Children 5th Edition (WISC-V), Reviewing the Conners Questionnaire, Reviewing the Bender Visual Motor Gestalt Test 2nd Edition (Bender Gestalt II), Behavioral Assessment System for Children 3rd Edition (BASC-3), and Assessment Report Writing.

PUBLICATIONS:

Safi, D., Barreto Abrams, J., **Rios, M.**, Rodés, E., Díaz-Santos, M., & Suárez, P. (2022). Culturally Competent Assessment of Neurocognitive Functioning in Latinos with Complex Multimorbidity: A Case Study. *Geriatrics*, 7(5), 93. <https://doi.org/10.3390/geriatrics7050093> **Rios, M.** (2023). *A Survey About Microaggressions Toward Sexual Minority NCAA Woman Student Athletes* (Publication No. 30528209) [Doctoral dissertation, Alliant International University]. ProQuest Dissertation & Theses Global.

TEACHING EXPERIENCE:

Adjunct Professor

2022–Present

Los Angeles Pacific University

- Taught multiple 12-week courses covering various undergraduate psychology subjects, including Personality Theory, Interviewing & Counseling Techniques, and Fundamentals of Testing and Assessment. Taught online classes with enrollment ranging from 10 to 23 students per course.
- Developed and delivered course materials, assessments, and lectures to facilitate student learning and engagement.
- Provided academic guidance and support to students through online communication channels.
- Maintained an interactive and inclusive learning environment conducive to student success.

o Courses:

- Psyc 320 Personality Theory
- Psyc 340 Interviewing & Counseling Techniques
- Psyc 335 Fundamentals of Testing and Assessment
- Psyc 405 Physiological Psychology
- Psyc 350 Social Psychology
- Psyc 370 Psychopharmacology

Subject Matter Expert**2024****Los Angeles Pacific University**

- As a Subject Matter Expert (SME), I served as the go-to person for trustworthy information on specific topics for the Interviewing & Counseling Techniques course.
- I facilitated as an integral part in online and e-learning course development teams, ensuring learning materials were of high-quality, relevant, accurate, and up to date. I was proficient in conducting in-depth research to uncover new information and finding relevant source materials.
- I collaborated closely with the Assistant Dean (AD), Program Development Coordinator (PDC), and Instructional Designer (ID) to ensure the successful development of the course "Interviewing & Counseling Techniques."
- Responsibilities included participating in Orientation Meetings/Course Design Kickoff sessions, completing Course Vision (M1) documents, assisting in the development of Course Design (M2) documents, identifying instructional media needs, and supporting ID and eLearning team members until completion of the Course Readiness Checklist (CRC).

Adjunct Professor**2022-2023****The Chicago School of Professional Psychology**

- Fall 2022 15-week course
- MM508 Introduction to Counseling Skills in Systemic Therapy
- 2 credits 4-hour class in person
- Master's Course in the Marriage and Family Therapy Program
- Enrollment: 12 students