

Rostam Khoshsar, MD

Curriculum Vitae

Education

- University of California, Irvine, CA
Pain Management Fellowship (07/2006- 06/2007)
- Charles Drew University of Medicine & Sciences, Los Angeles, CA
Anesthesiology Residency (07/2003- 06/2006)
- State University of New York at Buffalo, NY, USA
Surgery Internship (07/2002-06/2003)
- Tehran University of Medical Sciences, Tehran, Iran
Doctor of Medicine Degree, MD (02/1987-03/1994)

Licensure

- California State Medical License, No: A88430; Date Issued: 08/04/2004
- DEA, No: BK9030709; Date Issued: 11/30/2004

Certifications

- Board certified in Anesthesiology by American Board of Anesthesiology,
April 2008
- Board certification in pain medicine by American Board of Anesthesiology,
September 2008
- ECFMG Certificate, No: 0-629-613-1, Date: 06/24/2002

Professional Experiences

- Medical Director, Biohealth Pain Management, Torrance, CA (10/2016-
present)
- Director, Anesthesia Pain Clinic, VA Long Beach Medical Center (11/2007-
present)
- Associate Professor, UC Irvine Medical Center, Dept of Anesthesia & Preop
Care. Division Pain Medicine. (2008- present)

- Pain management clinic, PIH Health, Whittier, CA (01/2009- 10/2016)
- Director, Beverly Hills Pain Management Center, Beverly Hills, CA (12/2007- 12/2008)
- Staff Physician, Dept of Anesthesiology, Providence Little Company of Mary Hospital, Torrance (11/2016 to present)
- Staff Physician, Dept of Anesthesiology, Long Beach Memorial Medical Center, Long Beach, CA (06/2007-01/03/2011 and 06/2017 to present)
- Staff Physician, Dept of Anesthesiology, Bellflower Medical Center, Los Angeles, CA (11/2007-12/2009)
- Staff Physician, Dept of Anesthesiology, Olympia Medical Center, Los Angeles, CA (10/2007-01/2009)
- Staff Physician, Dept of Anesthesiology, King/Drew Medical Center, Los Angeles, CA (07/2006-2012)
- Physician Assistant- Voluntary, Sherman Way Medical Clinic, Los Angeles, CA (2000-2002)
- Plastic-Cosmetic Surgery, Center for Ambulatory Surgery, Karadj, Iran (1998-2000)
- Neurosurgery Assistant, Research, Haftome-Tir General Hospital, Center for Spinal Surgery, Tehran, Iran (1996-1998)
- Military Service; Practice of Internal and Emergency medicine Police General Hospital, Tehran, Iran (1994-1996)

Industry Sponsored Research/Advisory Board

- Consultant panel member, St. Jude Neuromodulation (2011-2015)
- Consultant panel member, Boston Scientific Neuromodulation (2010-2016)
- Advisory board member, Flowonix Neuromodulation (2014-2015)

Academic Appointments

- Associate Clinical Professor
Dept of Anesthesia and Perioperative Care, UC Irvine (2008-present)
- Clinical Instructor
Shahid Redjai General Hospital, Karadj, Iran (1994-1995)

Current Hospital affiliation

- VA Long Beach Medical Center
- Providence Little Company of Mary Hospital, Torrance
- Providence Little Company of Mary, San Pedro
- Long Beach Memorial Medical Center
- Kindred Hospital, South Bay
- Torrance Memorial Medical Center

Professional Affiliation

- American Medical Association
- American Society of Regional Anesthesia and Pain Medicine(ASRA)
- American Society of Interventional Pain Specialists
- North American Neuromodulation Society

Awards and Honors

- CBS, 60 minutes show, 06/16/2019, Innovative treatment of PTSD veterans by performing Stellate Ganglion Block
- Award of Honor for Ethical Medicine, 2018
- America's Best Doctor, 2009, 2010, 2011, 2013, 2017
- Patient's Choice Award 2009, 2010, 2011, 2013, 2015
- Compassionate Doctor Recognition 2015
- Top Rated Anesthesiologist & Pain Management by consumer research Council 2008, 2009, 2011, 2012, 2013, 2017
- Nominated "best pain management physician in Whittier and San Gabriel Valley" by Kcal 9 "Best of LA" TV show 2009
- Award for second place poster presentation; Charles Drew University of Medicine and Science; (05/17/2006)

- Award for translation and edition of Basic Histology textbook (L. Carlos Junqueira, 1998); Best sold medical textbook of the year

Research (in press, submitted, published)

- The efficacy of using back braces for chronic low back pain. A prospective study. Data analysis. VA Long Beach Medical Center.
- The efficacy of stellate ganglion block in PTSD therapy, A pilot study. Submitted for publication. VA Long Beach Medical Center
- Prometra: A Prospective, Non-Randomized, Open-Label, Multicenter Study Designed to Evaluate the Long-Term Safety of the Prometra Programmable Intrathecal Pump System.
- SENSE study: Concomitant usage of Subcutaneous and Epidural Neuromodulation System for treatment of chronic low back and leg pain. A prospective, randomized study; PIH, Whittier
- The EMPOWER study: Eon Mini study- product options for wellness, effectiveness, and relief; multi-center evaluation of patients with chronic pain of trunk and/or limbs using spinal cord stimulator. PIH, whittier.
- Intrathecal Sufentanil with Bupivacaine for ambulatory surgical patients; Presented at WARC Conference, April-May 2005; Manuscript submitted for publication in Anesthesia & Analgesia Journal (2004-2005)
- Graft and patient survival rates of kidney and pancreas transplant population; Retrospective study at National Institute of Transplant; Poster presentation (2001-2002)
- Spinal cord transaction, manifestations and treatment modalities; prospective study at Center for spinal surgery, Haftome-Tir General hospital(1996-1998); Published in Iranian Journal of Neurosurgery, Nov 1998;
- Histochemical alterations of urinary tract in massive proteinuria; Retrospective study; Department of Nephrology, Tehran Medical University (1993-1994)
- Hypertension and its related factors; Retrospective study; Department of Cardiology, Tehran Medical University (1992-1994)

Lectures and Presentations

- CSIMS 35th Annual conference; Implantable devices in Pain Medicine; Webinar 10/23/2020.
- TBI Medlegal conference webinar series, 09/08/20-09/18/20 comprehensive pain management lecture, main speaker, 4 sessions.
- Neuroscience Grandround CME Lecture, Advanced Treatment in Chronic Pain Management, Providence Little company of Mary Torrance, 02/11/2020
- Advanced Pain Therapies Lecture hosted by Boston Scientific, 01/30/2020 El Segundo, CA
- Mini Med School for Attorneys by National Business Institute; Instructor and Speaker; 01/17/2020 Long Beach, CA
- Recover Well event; speaker panel regarding opioid overdose and dependency in personal injury cases. 11/21/2019, Newport, OC
- Recover Well event; speaker panel regarding opioid overdose and dependency in personal injury cases. 09/26/2019, Los Angeles
- Interview and presentation about innovation in pain management, Alkarma TV, 08/17/2019, 09/14/2019, 09/28/2019.
- Master Skills Seminar for attorneys, Identify-Treat-Try, Waldorf Astoria Hotel, 01/17/2019
- Alleviate Chronic Pain, Lecture sponsored by Medtronic, Manhattan Beach, 12/06/2018
- Innovation in Pain Management, interview at KIRN radio station; 09/09/2018
- Presentation on Spinal Cord Injuries and Trauma; Alder Law Organization; 07/26/2018
- Presentation on Opioid Dilemma, Axminster Medical Group, 09/06/2017
- Lead faculty and facilitator, Southern CA pain medicine fellows lecture and cadaver lab training on Spinal cord stimulator and Radiofrequency ablation, St Jude Neuromodulation, 8/29/2015, Ontario, CA

- Lead Faculty at St Jude Neuromodulation physician training program and cadaver lab, 05/16/2015, Las Vegas, NV
- Presentation on Spinal cord stimulator for Loma Linda Pain management fellows, 10/01/2014, Loma Linda, CA
- Presentation on Spinal cord stimulator for UCLA Pain management fellows, 09/17/2014, Los- Angeles, CA
- Overview of Spinal Cord Stimulation, Mid-level presentation, 04/16/2014, Rancho Mirage, CA
- Lead Faculty at St Jude Neuromodulation physician training program and cadaver lab, 02/22/2014, Las Vegas, NV
- Faculty at St Jude medical Neuromodulation National 101 Fellows Program, Nov 16-17, 2013; Phoenix, AZ
- Proctoring faculty at Spectra-spinal cord stimulator- Boston Scientific Innovation Roundtable, 10/19/2013; Miami, FL
- St. Jude Medical Neuromodulation , SPC Neuro training course, April 25 & 26, 2013; Chicago, IL
- Boston Scientific Neuromodulation Spectra training program, 02/23/2013, San Diego, CA
- Innovations in Neuromodulation Roundtable, Mar 30-April 1st, 2012; Phoenix, AZ
- Spinal cord Stimulator, indications, techniques, and complications; CME lecture at Kaiser Downey Medical center, 02/26/2012.
- Peripheral spinal cord stimulator implant for treatment of ilio-inguinal neuralgia; Poster presentation at WARC conference, May 2008
- C-Arm guided pulsed radiofrequency and review of treatment modalities for pudendal neuralgia; Poster presentation at WARC Conference, May 2007.
- Use of Spinal Cord Stimulation in treatment of peripheral neuropathic pain secondary to acute intermittent porphyria; Poster presentation at WARC Conference, May 2007.
- Intrathecal Bupivacaine with Sufentanil: Pros and Cons for Outpatients Surgery; ASA nnuual conference, Oct 2005
- Vasovagal episode during herniorrhaphy; Case report and literature review; WARC Conference, May 2005

- Myotonic Dystrophia and labor; Case report and literature review; NMA conference, Aug 2004; WARC Conference, May 2005

Case Report and Literature Review (in press, submitted, published)

- Use of Spinal Cord Stimulation in treatment of peripheral neuropathic pain secondary to acute intermittent porphyria; Regional Anesthesia and Pain Medicine Journal: March/April 2008- volume 33- Issue 2- p183-187
- C-Arm guided pulsed radiofrequency and review of treatment modalities for pudendal neuralgia; Poster presentation at WARC Conference, May 2007.
- Use of Spinal Cord Stimulation in treatment of peripheral neuropathic pain secondary to acute intermittent porphyria; poster presentation at WARC Conference, May 2007.
- Acute pain and anesthetic management of parturient patient with gun-shot wound to the chest; Case report and literature review; Manuscript submitted for publication in Cardio-Thoracic Journal (2005)
- Myotonic Dystrophia and labor; Case report and literature review; Presented at NMA Conference, Aug 2004; Presented at WARC Conference, May 2005; Manuscript submitted for publication in Anesthesia & Analgesia Journal (2004-2005)
- Vasovagal episode during herniorrhaphy; Case report and literature review; Presented at WARC Conference, May 2005 (2005)

Medical Textbooks (published)

- Basic Histology (L. Carlos Junqueira, 1998) Translation to Persian (1998)
- General Ophthalmology (Daniel Vaughan, 1995) Translation to Persian (1995)