

# Sterling Sanchez

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709 Valle Vista Dr., Sierra Madre, CA 91024

Sterling\_Sanchez@yahoo.com

Cell: 626-824-4397

## **EDUCATION**

### **Doctor of Chiropractic**

Southern California University of Health Sciences

**Graduated in December 2023**

### **Master of Science Kinesiology**

*Emphasis:* Sport Performance

Point Loma Nazarene University, Point Loma, CA

**Graduated in August 2019**

### **Bachelor of Arts, Behavioral and Applied Sciences**

*Emphasis:* Applied Exercise Science

Azusa Pacific University, Azusa, CA

**Graduated in December 2016**

## **Related Experience**

### **SMART Spine Institute & Surgery Center**

January 2023-Present

*Student Doctor*

- Provided care to patients in a fast-paced private practice
- Performed treatments on high school to collegiate athletes, workers compensation, and personal injury cases
- Involved in a multidisciplinary team, working with healthcare providers to provide complete care to patients
- Must be able to clinically diagnose and treat appropriately with different modalities such as ART, MRT, PNF stretching, scrapping etc.

### **California State University of Los Angeles Student Health Center**

January 2023-Present

*Student Doctor*

- Demonstrate attention to detail in performing assessments and providing treatment
- Help create assessment and treatment plans for patients with documentation and proper billing
- Consult and coordinate with supervising clinician to assess, plan, implement, and evaluate patient care plans

### **Certifications**

- NCMIC Clinical Risk Management Training March 2023
- CPR and First Aid October 2022

### **Core Competencies**

- Efficient patient assessment/care evaluation
- Compassionate patient care
- Effective interpersonal communication
- Team communication and organization