

## **Tracey Crothers Didinger, M.D. FAAOS**

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### **Education and Training**

- Fellowship: *Sports Medicine and Shoulder Surgery* (August 2018-July 2019)  
Department of Orthopaedic Surgery, University of Colorado Boulder
- Assistant Team Physician: University of Colorado Athletics, University of Denver Athletics, Colorado Avalanche
- Internship/Residency: *Orthopaedic Surgery* (2013 – 2018)  
Los Angeles County + University of Southern California Medical Center
- Medical School: *Doctor of Medicine* (2009-2013)  
Jefferson Medical College of Thomas Jefferson University  
(Sidney Kimmel Medical College of Thomas Jefferson University)
- Cum Laude
  - Top 10% of class
  - George McClellan Surgical Honor Society
  - Hobart Armory Hare Medical Honor Society
  - Association of Pathology Chairs Honor Society
  - Professional Lifeguard Foundation Scholarship
- Undergraduate: *B.S. in Human Biology; Minors in Chemistry and Exercise and Sports Science*  
(2005-2009)  
University of North Carolina at Chapel Hill
- Dean's Scholar
  - Phi Beta Kappa Honor Society
  - Golden Key Honor Society
  - National Society of Collegiate Scholars

### **Licensure and Certification**

American Board of Orthopaedic Surgery, Board Certified	2022 – Present
Colorado Medical License	2018 – 2021
California Medical License	2015 – Present
Drug Enforcement Administration	2015 – Present
California Fluoroscopy Supervisor and Operator License	2015 – Present
Advanced Cardiac Life Support, Basic Life Support	2013 – 2019

### **Work Experience**

Advanced Orthopaedic Care	February 2026-Present
Golden State Bone and Joint Clinic	February 2025- January2026
LA Bone and Joint Institute	October 2020-January 2025

Stetson Lee Orthopaedics and Sports Medicine  
(Stetson Powell Orthopedics and Sports Medicine) October 2019-August 2020

Los Angeles County Fire Department  
*Recurrent Ocean Lifeguard* 2005-2018  
*Junior Lifeguard Program Instructor* 2008-2013

American Heart Association  
*Basic Life Support Instructor for Healthcare Providers* 2009-2011

United States Surf Lifesaving National Team Member 2008-2010

### **Leadership and Administrative Service**

2016-2018, Graduate Medical Education Committee Orthopaedic Surgery Department Representative

2016, Nominated for The American Orthopaedic Association's C. McCollister Evarts Resident Leadership Forum

### **Publications**

Verma K, **Crothers T**, Neuman B, Vaccaro A, Heller J. Intradural extramedullary spinal tuberculosis diagnosed eight years after treatment of the primary infection. A case report. *JBJS Case Connector*. 2013 Oct;3(4):1-5.

Narvy SJ, **Didinger T**, Lehoang D, Vangsness CT Jr, Tibone JE, Omid R, Hatch GF III, Osorno F, Gamradt SC. Direct cost of outpatient arthroscopic rotator cuff repair in Medicare and non-Medicare populations. *Orthop J Sports Med*. 2016 Oct 26;4(10): 2325967116668829.

**Didinger TC**, Cooper JD, Gamradt SC. Multidirectional Instability. In: Arciero and Breckon. *Shoulder and Elbow Injuries in Athletes: Prevention, Treatment, and Return to Sport*. Philadelphia: Elsevier; 2018.

**Didinger T**, Reed J, McCarty E. Return to Play Following Posterior Stabilization. In: Dickens. *Shoulder Instability in the Athlete: Management and Surgical Techniques for Optimized Return to Play*. SLACK; 2020.

Thon SG, Branche K, Houck DA, **Didinger T**, Vidal AF, Frank RM, Bravman JT. Effectiveness of Latarjet for Anterior Shoulder Instability in Patients with Seizure Disorder. *JSES Int*. 2020;5(2):171-174. Published 2020 Dec 10. doi:10.1016/j.jseint.2020.09.020

### **Past Presentations**

"Synovial Chondromatosis." Presented at the 13<sup>th</sup> Annual Pathology Honors Program Student Research Symposium, April 29, 2011, Philadelphia, PA

**Didinger T**, Essilfie A, Suh B, Butler R, DeWitt D, Mirzayan R. Complications and Risk Factors for Patellar Re-dislocation Following MPFL Reconstruction. 2019 Annual Meeting, American Academy of Orthopaedic Surgeons. 12132.

**Didinger T**, Branche K, Houch D, Bravman J, Vidal A, Seidl A, Frank R, Wolcott M, McCarty E.  
Effectiveness of Latarjet in Patients with Seizure Disorder. 2019 James S. Miles Lectureship. June 20, 2019,  
Denver, CO.

**Poster**

“Synovial Chondromatosis.” Presented at the 13<sup>th</sup> Annual Pathology Honors Program Student  
Research Symposium, April 29, 2011, Philadelphia, PA

**Languages**

Fluent in conversational Spanish.

**Personal Interests**

Swimming, surfing, paddling, and cycling.